

Yelena Orlova

To Be or Not to Be

Healthy

And Happy

**Neural reprogramming of consciousness
Healing over distance**

Instead of Preface

“A human must be healthy and happy”. These optimistic words belong to the author of the book Yelena Orlova – person of phenomenal healing capabilities, high intellect, borderless charisma and kindness.

Indeed, but why should we be sick and unhappy? Every one of us has a foundation to be fit for the definition of Yelena Orlova, which decisively finishes this phrase, adding: “And I see him(human) only this way”. This kind of relationship of experienced and authoritative healer unwittingly charges optimism and belief in self. But we, humans, are arranged in a way that until we get to “feel” by ourselves, we are in no rush to believe. Lets do it this way, before reading this smart book, we will hear those, who became healthy and happy, those who asked Yelena Orlova for help.

Yekaterina S.

Many years ago, I had a concussion, after which I had specific headaches. It was hard for me to tolerate them and I came to Lena. Before her, I already saw many specialists. They made X-rays, I took medicine... No result. But Lena helped me twice: the pain completely was gone at first for eight months, and after repetitive treatment I already (for more than a year) forgot what it is like to have insomniac nights with wild headaches.

Oleg D.

For a long period of time I had a strong depression right after I came to USA. I had trouble with the English language. I felt like I don't belong here. My daughter also had troubles. She had problems in school. She was very closed person, anti-social, touchy, had conflicts with her classmates. Besides all of it, I have experienced weakness, headaches, and memory loss. When I was about to begin studying – my head literally cracked in pieces. I was full of despair and decided to call Orlova. The course of seven sessions had gone by. I can't say that after first visit there was an effect, after second – same. It looked like nothing changed, but suddenly I noticed, that the pain was gone, my memory improved. Unnoticeable for myself, I started to look differently at the surroundings. I started living easier. My daughter became calmer and more communicative, in school she started having friends, concentration improved, and she started learning better.

Tatiana B.

My husband did not believe in any treatment and even laughed if I talked about it. But when he was facing a surgery, I with the fear and out of risk called Lena, so she could help, at the time when he will be recovering after surgery from narcotics. My husband did not know anything. I took him out of the hospital, gave him strong pain-relievers medicaments. In several hours I get a call from the RN, who was asking about his condition and telling me that if needed, doctor will prescribe tablets again. “Thank You” – I say – “but he did not take a single tablet”. – “How?” – “He does not have any pain”.

After the next day, a doctor calls and offers painkillers. “My husband does not have any pain”. – “That can’t be. I work 20 years and I have never heard that a person would not take painkillers after the surgery”. I underline, that my husband did not know anything about my plea, that’s why you can’t talk about implanting practices; faith or no faith – that haven’t played a role.

And here is the case of a difficult broken leg. Doctors put a cast and said that the surgery is required, which is going to cost \$4,500. There is no guarantee, and I did not have that much money either. After healing sessions, which was being done under special video of Yelena Orlova, within a month, the surgery was no longer needed. The bones have reattached by themselves correctly.

Artur O.

In America I was under a frightening disaster – doctors have discovered a brain tumor. They performed one surgery, which did not help. Then, there had to be another surgery. Nobody knows how that would turn out, if I haven’t been able to get an appointment with Yelena Orlova. Understand me, I got a hold of her like a drowning person getting a hold of a straw. After three sessions I felt much worse – I had a headache. And for sometime I stopped the treatment. In a few months I came to the medical office to make X-rays for the upcoming surgery. And... a miracle: there is no cancer tumor on them.

Tatiana C.

It has been three years since we know Yelena, as a decent, unselfish and a person of high morality... Her even-temperament somehow favors and relaxes. Another thought have flashed: - finally there is luck – I got to meet a real Healer, since everywhere around so many lies and charlatans. My whole family was treated by Orlova. She took unbearable headaches away from me, and I could not do anything about them before. Also, I just call her up using a telephone, and a treatment is happening over distance. One of my relatives within 7 sessions had rocks coming from the kidneys. The other relative had tumor of unknown origin fading away from his face, and also ticking of an eye had stopped too.

Caroline K.

Who else can hear so many sad stories about bad luck, convulsions, ailments, worries, bad dreams... and at the same time trying to help, correct, heal, and put ill people back on their feet.

Yelena Orlova was born in Moscow, graduated from the University with a Major in Applied Mathematics. For many years she worked as a programmer in the Institute Academy of Science of USSR, she participated in the project of creating Artificial Intelligence, was practicing in different spheres of sciences, but she devoted her life mainly by being a parapsychologist. Back then she had a desire to draw analogy: human intellect and artificial. She was working with a non-traditional healing of different diseases. She worked at many countries: Italy, Greece, Yugoslavia, Hungary, Germany...

This knowledge, and also the study of astrology, acupuncture, treatment with herbs, served for Yelena Orlova as a confirmation that she received the best results from hypnosis in healing people, using the method of neural reprogramming, which is based not only on personal qualities of the healer, but also on the ability to recover and healing each and everyone of us has. She thinks, that everyone has the ability to heal, but, like an incline to music, painting or mathematics, it should be developed till the professional level is reached. From birth all people inherit these qualities at different levels. Often they are passed on from generations to generations with people's secrets of healing. Gift of healing Yelena received from her grandmother. When she was still a child, in her family everyone knew, if her grandfather will have a heart attack, then it goes away quickly, if Yelena is close to him and holds his hand.

Watching her grandmother making "spells" on diseases, she tried to understand, how they work.

"Thanks to my grandmother, who possessed natural capabilities and was a highly educated person, I constantly met with the following confirmation, that a healer often helps even then, when doctors are powerless. I was always attracted to parapsychology" says Yelena, "I wanted through science to come to understanding of secrets, that come from centuries ago. In the result I formed my own method".

After "perestroika" Yelena Orlova was invited to research job in the laboratory of studying the paranormal capabilities of a human. Simultaneously she worked at the clinic of non-traditional medicine in Sokol'nikah, in one of first private medical clinics, which opened in Moscow. The work with doctors allowed her to confirm the results of healing in clinical environment. In the institute of non-infection diseases there was a confirmation of effectiveness of the method – neural reprogramming with the assistance of new methods, which showed changes in the human body already after five minutes of the treatment by Yelena Orlova. In the result of long practical and research work, she created her own healing method.

Lets open this kind, wise book and understand how method of Yelena Orlova can help us to become healthy and strong.

Petr Vegin

1. Neural Reprogramming

Geraklit once said, that “System of thinking is located outside the body”, that’s why a human brain can be viewed as a block of reading information, which is residing in the bio-field system. Lets take a look at one of the methods of Distance Control, which has presence and positive potency, and is affirmed by many years of practical work.

Constructed and designed over many years, method of neural reprogramming is a unique method of healing. It is based on the concept that all functions of the human body are controlled by brain. Using terminology of K. Yung, I will explain my method from a psychological viewpoint.

The human mind consists of three plans: consciousness, subconsciousness(personal consciousness) and collective consciousness(or higher consciousness). In each of these mediums, the specific information is stored.

The consciousness contains short time and long-time memory. There is an occurrence of the formation of our decisions on physical and mental levels. Our Ego is also there.

In subconsciousness (personal consciousness) there are potential abilities (or programs), which are established by nature. They include an ability to study, instinct of self-preservation, intuition and recovering functions of our body.

Collective consciousness – is the least known part of consciousness. It is accounted for, that it contains information about past lives, our extrasensory abilities, genetic memory, which we inherited from our ancestors, channels of connection with God. This collective consciousness posses a very strong influence on the other two levels of consciousness – for example, it can give a command to heal up. In other words, the higher consciousness has a priority, connection with higher energies, has its own energy-informative resources. After receiving a command from above, our personal consciousness (we will call it subconsciousness) is turning on the internal resources - reserved forces of the body.

Deep, “continuous currents of knowledge are located outside of the human, but not outside of the humanity and are being a part of Noosphere”(V. I. Vernadskiy). Thus, subconsciousness and higher consciousness are taking the necessary, needed for them information from Noosphere or Higher Intellect, part of which they belong to. Information carries a specific energy.

We all live in the world of information, practically everything that surrounds us is made up of information and carries information. Energy-information exchange is conducted with the absolute, Noosphere(noos – intellect, sphere – globe) – informative-energy field of the Earth. This process gives an access to our higher-intellect to any needed information.

Scientists of Anohin Institute in former USSR established, that extra energy to the organism can be received from sounds, paint, smell, and from many others sources.

Human can receive impulses of health from the outside world – cosmos, planets, countries, cities, streets, and houses of the animal and plant worlds.

Very important values has architecture and the shape of buildings, internal accommodations, type of the furniture and its positioning, and also the material from which it is made. It was found out that there are different influences on the people’s health from houses, built from the wood, brick or concrete.

In the case of the healer, s/he is not only receives the energy-information current, but also accumulating, transfers it to the help needed patients.

Our subconsciousness contains the most exact information about the state of organism and its defects. And in the case of corrective work of our brain, the signal of alarm turns on, which corresponds to the specific problem. Subconsciousness has different variations (programs) for removing the problem. In separate cases it requires the help from higher consciousness for the purpose of taking absent forces and information from its informative energy bank.

Since with the help of NMR (Neural Mental Reprogramming) there is a harmonization of all three levels of consciousness, there is a normalization of the required exchange of information.

Body has an ability to create any medicine for curing any disease, to create a substance that no pharmacy can release – in other words, it is possible to remove any defects on any level, something that an ideally human brain does. But if a person is sick, it means, that his internal rehabilitative programs are defective and their recoding (Neural Mental Reprogramming) is possible to achieve, thanks to the method of neural-mental reprogramming.

Informational exchange exists between all three levels of consciousness. Any negative current of information in consciousness – stress, umbrage, furiousness, self-flagellation and other destructive emotions, - after getting into subconsciousness, they create a state of disharmony in all the composing levels of consciousness, and create physical problems, which are tied to our health, and spiritual problems, which depend on our personal life, and in whole – on our fate. Exchange of information gets defected between personal consciousness and a group of cells corresponding to this or that organ information. And for every type of stress there are corresponding organs. Rephrasing in other words, I will say: vibrations, coming from positive and negative emotions are different. Negative emotions are shaking the organism (body), coming out from harmonious oscillations, these emotions shake healthy cells, starting with a simple cell, and depending on quantity, quality, and frequency of emotions – to organs and systems as a whole.

Information, which is transferred by our brain, is received not only by our organs, but also by a surrounding world, our environment. And in the result the defects are seen not only in specific organs and systems, but also in our fate, surrounding atmosphere, on which influences information of our subconsciousness.

Every cell of our organism has “intellect”. Group of cells subordinates its center – corresponding organ. Organs in turn, subordinate to systems, which are ruled by subconsciousness, - the major distributor of life in the body.

Controlling the functions of a human organism, subconsciousness takes care of its viability, cleaning and revitalizing it. When a problematic situation occurs, in the brain, certain programs turn on in order to correct the malfunctions, or activating certain structures, which are responsible for a chain of various reactions of organism. But the quality of revitalization programs depends on the harmonic work of consciousness, subconsciousness, and higher-consciousness.

In addition to that, brain, regulates the work of the organism, it releases special particles – neuropeptides (this process is happening in gipotalmus), which flow with blood into glands of internal secretion – adrenal, thyroid, genitalia and depending on situation, either activating, or stopping the production of hormones, which influence on metabolism, immune reaction and emotional state, and hence on the fight with all kinds of diseases.

Since malfunction can happen on any level, then the main correction of recovering functions of organism occurs at subconsciousness (personal consciousness). Inside it, there is a location of all the information about the status of the organism at a certain moment, as well as the data about apromaximal state (state, which is about to occur in a near future and which already happened on the informative level). Prior to the emergence of the symptoms or physical changes in the organism, information occurs before it, and such changes on the informative-energy level can convert to illness in this case, unless organism wouldn't take certain measures to prevent it. If for example you wouldn't put oil in your automobile on time, then it will lead to your engine death. Repairing it is much harder and expensive, rather than change or addition of oil, and preventing by doing so any serious damage from happening. The same goes for a human body.

A small problem is easier to remove on the informative level, rather than a big problem on the physical level.

In other words, apromaximal information – is the one that given a specific situation, it is already exists and prognoses expansion of the state of our organism. If a brain receives signal, for example, malfunction in kidneys, yet it is not serious for now, and at the same time the analysis does not show anything, so if nothing is to be done at that point of time, then a serious illness will

erupt. Usually at this situation, there is a light headache, discomfort in kidneys, because a signal has already been transmitted from the given organ to the subconsciousness. And in our organism, there is knowledge (program) – on how to correctly fix the problem of kidneys. When the brain is working in the optimal regime, i.e. no defects of natural programs, human does not even know that he was under a threat of a serious disease.

It is known, that many people during their lifetimes are being detected with the cancer of a light form (metamorphosed cancer cells are appearing in the body), but the immune system takes care of them, and the human recovers, without actually getting sick. This example shows that subconsciousness reacts to the dangerous situation right on time.

Since the work method of neural-mental reprogramming utilizes recovering capabilities and forces of the organism itself, then with readiness of the patient to the positive changes, intuition improves, new capabilities are being opened, talents, and the abilities appear to optimize the karmic program of a person.

Therefore, the correction of subconsciousness, higher consciousness or consciousness leads to the positive change of all structure: i.e. during the corrective work of subconsciousness, work of consciousness is also being corrected – negative blocks are being removed, human understands uselessness of umbrages, becomes more patient and communicable, which in turn helps him find an optimal solution to any, even extreme situation. Because the quality changes, the work of his higher-consciousness is harmonizing, his intuition and access to the information, which is located at that part of conscious level, improves. There is an appearance of abilities to get rid of negative experiences. Consequently from these experiences there are different deviations from a healthy state, and unfavorable events in fate.

Explanation.

Correction of one part of consciousness:

- consciousness;
- personal consciousness(subconsciousness)
- collective consciousness(superconsciousness)

leads – to the power of their close informational exchange – to harmonizing work of all other parts of consciousness

Correction of just consciousness (self-suggestion, self-regulation, prayer, repentance and etc.) leads to improvement of two other levels of consciousness. But it is happening really slowly, since subconsciousness possesses specific shield. This border shield is easily removed by fear. That's why negative thoughts, which accompany fear, easily get into subconsciousness, where they build up and then start destructive process, disturbing health, plans and other. To send a positive thought into subconsciousness, more time and assurance is required. But the most important – the main idea, setting program, that has to be selected and formulized by our own consciousness. Good or bad thoughts can belong to anyone, but in focus of our consciousness we need to have main positive thoughts. For example: formulization “I will not be drinking” is incorrect, because the subconsciousness does not recognize the part “not”, and is focusing on the part “will drink” instead. In this case the following setting program works – “I am always sober”. Program setting “I am abstainer”, subconsciousness understands without mistakes. My organism chooses only those drinks and products, which are needed for the correct work of my organism.

If you jokingly say: “I am old, sick person” in hopes of that your kith will say something in return, your subconsciousness will go to work, recognizing this phrase as a command, and your organism will indeed start becoming old, since the jokes, as mentioned earlier your subconsciousness does not understand. From this, first conclusion - Deny yourself from negative remarks. Second conclusion – keep in focus of consciousness only positive thoughts – program settings. Third conclusion – Importance of Choice. Decide what would you like to

achieve in short time from now. Which goals do you set in front of your subconsciousness, knowing, that it will obediently achieve whatever you thought of? And fourth conclusion – is confidence. If you are assured that this is what you need, then all of it you will be able to achieve. Choice of your fate and of your health is yours.

The work with subconsciousness through consciousness also means the correction of higher-consciousness, because between them there is no specific border, and this favorably influences on your fate and health, to the point, what becomes available, is accessible information from the common information field.

One of the dimensions in multidimensional field today can be considered is an Internet. This is a whole world with its own libraries, musical and other types of stores, pharmacies, schools, and clinics. My friends-artists opened an art-gallery on the Internet. Their pictures carry kind, happy energy. In a flash crossing the field, residing for example in Singapore, it is possible to visit picture gallery in San Francisco (artworld gallery.com).

Also, I have my own clinic on the Internet: www.healingviainternet.com - healing via Internet. Now I don't have to spend days and nights healing people by phone from Hungary, Germany, Austria, New York, or Los Angeles. Energy-informative video signals always renewed. Thanks to it, my patients can go online and tune in their internal reserves, thus improving their feelings, getting healthy, and developing the needed balance.

During the healing sessions via Internet or via videocassette, there is an occurrence of the connection to the information-energy flower, which sends signals into subconsciousness, transfers the energy and vital impulses to the organ, which has a need for it. It happens because our subconsciousness has all the information about the state of our body, and about the situation, which is around us, and it is in its power to change it to the better, because there is an invisible line between subconsciousness of different people. And subconsciousness – knows, how to change to the better not only your health, but also the whole life of yours. Do you want it? The choice is yours.

In different countries of the world, scientists tried to build artificial healer, device that would act on energy bio field, or on a subconsciousness of a person. But because mechanism of healing phenomenon wasn't studied/understood completely, they could not create this device.

After several years of theoretic researches together with my think-alike crew from the company Healing Power Internet, we came to conclusion that healing videocassette has a high effective output. It posses not only video and audio information, but also a healing one, because the signal, going through it, is composed from accumulative energy-information and is being interpreted by the brain of the patient, in this way healing forces are going inside the needed organ. During this, channels normalize between the three states of consciousness, and the organism not only “remembers”, how to be healthy, but also becomes healthy with the help of internal reserve forces and with the help of received healing energy from outside, since the work of the internal energy-channels is normalized.

From existing and fully proven facts of the present time, it should be confessed, that there are types (or forms) of matters, which are dependent on consciousness and thought. If a person lives by positive thoughts and emotions, this leads to normalization of health, and in a whole – to a positive influence on the surrounding world.

Universe and cosmos are filled with energy, which is never abstract, it always carries some type of information, which has an attribute to build up. At the information field of our planet there are databases about all living or past living creatures, about everything, that have happened during the whole history of the Earth. This is written in works about the theory of information field (Noosphere) by academician Vernandskiy.

From cosmos on all living creatures there is a flow of a lively energy, which healers can receive, accumulate and transfer to others, to those people who need help.

You also have these abilities, however, every one of you possess them to a certain degree. But it is in your power to expand them till perfection. It is possible to teach a person to draw pictures, play on the piano, write poems and musicals, build houses and etc... Certainly, not everyone can become as famous an artist as Rembrandt, or Van Gogh, because for this not only knowledge is required but also a God's gift – ability to transfer the view of the world, so the art could touch a soul and become for centuries indestructible. This applies to all fields of human activities. But I am sure, that everyone has a talent, if not in art, then in music, languages or mathematics... The most important is to find and develop one's gift, and to really want it. How can you think, that you don't possess any art skills, if you never tried to focus and learn how to draw for a long time? Possibly, you never set a goal in front of yourself – to become an artist, and it is quite possible, that it is the reason on why your talent has not been realized, since it wasn't required by you.

But let's get back to the question of healing. Anyone can be a healer, if s/he will set this goal. I think that healers are people, who are able not only to collect the right information and energy, but who also know how to transfer it to all the people who need help. In reserves of every person, there are already programmed abilities to self-heal and to receive the needed energy-information to recover. Because a disease – is a deviation from the chosen path, it is a specific signal about your ways of life, that till now you have been using them, wrongly, and that your resources are gone. Organism can no longer be healthy in the world, which makes you unhappy.

The actions of our subconsciousness are closely tied with our habits. Incline to depressions, bad mood – is a result of repetitive bad thoughts of a person.

We all have a freedom of choice. We can influence on our emotional states, meaning, we can influence on all life-situations. Importance of decision "I choose" is hard to overestimate. Subconsciousness – the most reliable resource for your consciousness to make a right choice in reality, it is like reservoir of underground waters, it keeps all built up knowledge by a human, it knows how to organize a meeting with a favorite person, how to make a favorable business bargain, subconsciousness can return or give us physical health, because it is connected with the Universal Intellect, God, who created everything, that surround us: stars, Earth and everything on it. However, subconsciousness does not have an ability to choose, and is fully under control of a human. Subconsciousness with all its power has to be learned how to be used by human.

You can control your mind, as an experienced surgeon during a very difficult surgery with his scalpel. It is necessary to get rid from all the deep wounds and stop thinking, that everyone is against us in this world. It is necessary to change dark thoughts to light, animosity, aggression, and intolerance – to kindness, softness, understanding, tolerance, and goodwill.

Only on you, and not on someone else, depends your way of thinking. That is why try to take this process under strict control. It is very important to get rid of dangerous and hazardous load of negative types of character: jealousy, viciousness, aggression, deeply hidden wounds and unhappiness with life. Free yourself from oppressive bad habits, from thoughts, that everything is bad in this world, that your surrounding is obnoxious and hostile in regards to you as a person. Get rid of destructive feeling of fear in front of the future, unknown and in front of new obstacles. All of it stays in the way of your goals. Throw out from your head a lumber of old, dark thoughts of would-be diseases and mishaps! And you will see, how strongly your life will change to the better.

The choice is yours, it is dependent only on you how will your lives and health is. Remember – you also possess the mighty power of healing.

Undoubtedly, anyone can bring his own contribution to the reconstruction of the world, if he thinks it is needed and possible, but without internal resentment. These emotions, like aggravation, umbrage, jealousy, aggression, are blocking our channels with our personal

higher “T”, and it immediately signals to our subconsciousness through small portions of bad luck. Positive emotions and feelings of love, happiness, optimism, give nutrition to our higher “T”, open channels of communication with Absolute, harmonizing your whole life and health.

On the basis of theory of distant effect of neural-mental reprogramming, my video and audiocassettes work, which were created over two years. Everyone who helped me with realization of this idea, tried on themselves this method of my healing, and being high professionals, they believe in effectiveness of audio and video sessions.

The kit of healing cassettes, analogues to the Internet, created in a way, that it carries the information on all three levels of consciousness, correcting and harmonizing it. I want to explain how videocassettes heal people and help them to achieve their goals.

Human brain is known from its anatomic viewpoint, but a lot of its processes are still a mystery and riddle for science. Its connection with mind, model of creating surrounding world and regulation of behavior are without questions. It does provide modeling of surrounding world and regulates the behavior with the help of billions of nerve cells – neurons. Informative processes are conducted on the basis of work of nerve cells and they are tied with informatics of general somatic cells.

The whole crust of a human brain can be viewed as a self-controlled system. An important event in harmonization activity of a brain is considered a pair-work of large hemispheres of the brain. Left hemisphere in right-handed – is a dominant hemisphere and is connected with a display of individual, separated from one another discrete objects, it is responsible for logic, analysis, ability to learn languages, mathematics and other sciences. Right hemisphere determines creation of the whole picture of the surrounding world, its characteristics is analogous perception – ability to feel music, color, ability to create, with higher feelings and with love.

Painting, just like music, has a big influence on a human. Among my friends there are some talented artists, those like Yelena Kurenkova and Aleksander Petrov, Ted Vasin, Martin Wolf, Konstantin Cherkas. I enjoy very much so by being in their studios and houses, which are filled with unrepeatable atmosphere of creativity. Pictures, like people have their own biographies, their fate and their bio-field. If they were created by a person who has kind thoughts and a light soul, then they carry positive charge, favorably influence on the energy of surroundings, giving happiness and health.

Artists, musicians are akin with healers – they all have an ability to connect to the universal information field, catching God’s idea and listening to their intuition, visually express it in art. A good painting is penetrated by effulgent feeling of love to Earthly beauty, harmony of light and color cleansing and rising spirit, causing us to forget about the unpleasant and vanity...

The work in pairs of both hemispheres of our brain, improves intuition, and also its ability to detect it. The most full openness of creative potential and even genius was found in the people, who had two hemispheres being dominant, - for example Leonardo Da Vinci , Einstein. The forehead parts of hemispheres – are the most organized structures, which provide functions of common regulation of human behavior, they control it using all forms of expressed emotions and feelings. In these cells of forehead parts, there is a formation of goals and realization of actions and given problems. Higher center, responsible for eye movement, is located at forehead part of crust of big hemispheres. When watching videocassette, which is made on the basis of neural-mental reprogramming, special video-effects normalize the correct circulation of forehead parts, the blood starts more intense feeding of forehead parts, which are the main brain regulators of behavior. Also, in the lower basal part there are cells, which regulate different processes, which are tied with the work of internal organs of the human. That’s why, expanding the cells of forehead part, a human receives a special authority over his own organism as a whole.

As we already mentioned, everything in this world is made up from energy, energy – ubiquitous. It is carried just like information in the work of art: pictures, music and etc. Researches more and more are attracted to the theme of musical influence on the condition of a person. Some musical compositions possess healing effect.

Videocassette is a tool, which helps organism to get rid of difficult illnesses, to open abilities and talents, stimulate people to find ways to achieve goals and to better life situations. Video and audio signals act on the consciousness and subconsciousness, expand the diapasons of your capabilities, remove blocks, which for many years haunted you in appearance of wrong thoughts, goals, affirmations, starting from child-years. For example, phrases like “obnoxious boy”, “amateurish”, “silly girl”, that went to child’s subconsciousness, could block abilities, talents and success in the future, since we already said that – subconsciousness does not understand, if the affirmation is correct or not, and accepts the settings. Especially, if we emotionally reacted on it, since in childhood everything is brighter, even umbrages. But all the positive and negative emotions possess corresponding energy. Where, negative emotions are blocking our connections with the higher I (higher consciousness), which sends negative thoughts, fears to subconsciousness, and it sends, in turn, to higher intellect, - and this way, realization of wrong goals and ideas occurs, and a person does not understand where all his troubles and bad luck come from.

Positive emotions carry corresponding energy, and placing in focus the needed thought or idea, goal, reinforcing it with positive color (happiness, love, faith), and you will surely get to the realization of your plan.

That’s why you should treat an audiocassette as an aid to video recording. It is an extra energy, which is aimed at your creative part of subconsciousness, which is responsible for your success, creativity, luck, and health. But before listening, it is necessary that you will place a goal in front of you, a goal that you would like to reach in a short period of time. I recommend listening to the tape during 30 days, no less than 5 times a week. Videocassette should be watched from 7 to 15 times a month, depending on the difficulty of the problem, and then I recommend repeating this course after a month.

I am sure that if a person is sick, he still has a way to recover, and the subconsciousness knows it. And, that if it “forgot” its way, then under the corrective action, it will be able to receive all the required material from information field, or from higher intellect, and inexhaustible forces of the body for recovering health. Subconsciousness only needs help. A person must be healthy and happy – I see him only this way.

2. Art and Healing

Lately in printing press there is more often expressed an interest towards healing with the help of information and energy, which carry art compositions. In “New Age” magazine I read an article Healing Arts, in which it says, that one of the Colorado’s clinic, replaced anesthesia in post-surgery period partially with music. Scientific researches showed, that effectiveness of musical therapy exhibits in some parts of medicine, one of them is anesthesia.

Researches of patients after heart surgery in Abbat showed, that patients who listened to music after the surgery, needed less quantity of anesthesia, than exactly the same patients from the other “nonmusical” group.

Researchers from the University of Miami (Florida) underlined favorable influence of musical therapy on people, who suffer from Alzheimer’s disease. The same effect is produced by music on those who suffer from depressions and also positively influences in cases of child’s autism. On newborns, premature born babies, musical therapy helps normalize weight so well, that children of control group are being held less time in the hospital, than those who do not received musical therapy.

In the San Francisco newspaper “Kstati”(“By the Way”) there was a small article printed, called - “If pregnant – sing”. It says that a unique system of psycho-physiological development of fetus with the help of music started being used by the medics in Moscow.

In Russian scientific center of rehabilitation medicine and health resortology there are currently about thousand special songs being written, which are recommended for singing by pregnant women. And besides, for every week of pregnancy and even for specific time of the day, there are special melodies, many of which are done on the basis of poems of Korney Chukovskiy. Generally known, that his poetry possesses a special “children” rhythm... Also, musical skills of a future mom are absolutely non-important. Even if a pregnant woman does not have a hearing or voice, the residing in uterus child will receive from her singing the most important – emotional-musical connection with the mother.

If we take a look at the table of basic characteristics of energy centers-chakras, then we will see, that every chakra corresponds to specific musical note. This legitimacy explains healing influence of music on a human. Chakras, according to East philosophers, are connecting echelons of interconnection of internal environment of the organism and the surrounding world, and with the help of chackra, there is a realization of bioenergy-informational exchange.

# of Chackra and corresponding sound to it.	Name of Chakra	Endocrine gland, connected with Chakra	Subordinated part of the body (internal organ)
7 - <<si>>	Vertex	Brain	Upper brain, Right eye
6 - <<lya>>	Third Eye	Hypophysis	Lower brain, Left eye, Ears, Nose, Nervous System
5 - <<sol'>>	Throat	Thyroid	Bronchial and voice apparatus, Lungs, Digestion tract
4 - <<fa>>	Heart	Wishbone	Heart, Blood system
3 - <<mi>>	Solar-plexus	Pancreas	Stomach, Liver, Gallbladder, Nervous System
2 - <<re>>	Sacral	Pubic	Reproductive System
1 - <<do>>	Coccyx	Adrenal	Vertebrae, Chine, Kidneys

I often use music during my work. First of all, it is easier for people to relax under it. I have saved videotapes of programs of national television of Hungary, where they showed my healing sessions with the usage of music, including the songs of Celine Dion. Patients had a substantial improvements in health after my sessions, many of them continued the healing course at home on their own, where they used the same music that I used on my sessions.

What is interesting is that not long ago I was watching a popular American TV show Oprah. There was a man, who was cured from the fourth degree of cancer. For his recovery he thanks the multiple listening of the Celine Dion songs, famous in the movie "Titanic". It was found out that the music accumulated enough healing energy. Unwittingly there was an association: interview of my Hungarian patients who were treated by the same music, and of that American. Since a good music is a harmony, that reaches the information field, it also carries a large charge of positive energy. And, when it merges with powerful flow of healing forces, it strengthens its influence on human. And if under the music of Celine Dion, my patients from Hungary were cured, it means, that it feeds and keeps the healing code, and can become a singular key to secrets of tuning of your subconsciousness to the correct point of the whole information field of the Universe. In this case, I also made a conclusion, that a melody of Celine Dion can become an energy-charged music and a push to recovery.

During my sessions, often you can hear music of Mozart, Bah, Sean Michelle Zherrara, or other "charged" music, and also compositions of the contemporary composer Vladimir Petrov from Los Angeles, who specifically created musical row for my healing videotapes.

I want to underline the following fact: people, who with all the soul respond to my appeals, are sincere and warm in regards to the questions of healing, and are interested in providing their help to people who really need it, and very often they extend their huge help to me.

3. Corrective work of the brain on the conscious level

You will ask me, how with the help of “cleaning” of your consciousness, can you correct the work of subconsciousness and of higher-consciousness? You can equate your mind with an ocean. Nobody can tell precisely – where its surface ends and deep layers begin, because there is no specific borderline. It is also difficult to draw a bold line between consciousness and subconsciousness.

Subconsciousness – is our deep mind. Sometimes psychologists call it subjective and conscious mind, this is – creative part of the brain. It does not reason, it does not make decisions, but in turn it carries into effect our thoughts – bad and good – into reality and circumstances of all life. Thoughts, which often pay us a visit, or which go undetected, - they cross into subconsciousness. Their quality, of those that have crossed into subconsciousness, creates situations, shaping our present and future.

Our subconsciousness has an access to huge resources. It knows how to remove any disease or an accident, but it is indifferent between bad or good, big or small. For it, through higher consciousness, there is available information and power of Higher Intellect, Absolute, or God.

It is similarly easy for consciousness to remove a wart or a cancer tumor. But for this, it has to receive a command, neatly expressed and correctly formulated, focusing thought. Any type of body healing, any success or well-being forms in subconsciousness, and then it modulates in the outside world.

Person can live all his life, without accounting that a feeling of fear is residing in his consciousness, and not understanding the reasons for his diseases or bad luck. Body always obeys the influence of our thoughts, and, as a rule, disease or its riddance is linearly dependent on the quality of the thinking process.

There is a specific dependence between our umbrages, viciousness, wrath, jealousy and illnesses. This was found out by many researches.

For example, many brain illnesses or headaches were tied with hidden or obvious aggressions towards self or to another gender. In this case, it is necessary and honestly, from the bottom of a soul, to forgive the one who in your opinion – have hurt you, and to repent, that you were mad, since it is not only your fault. It is necessary to remember all of your good qualities, to evaluate and to love yourself, if you were mad at yourself and blame yourself for past deeds. Since aggression to yourself is very dangerous.

How to forgive? I suggest to do the following: write down small articles on the piece of paper - names of all those who hurt you, and all the situations that led to you being mad (this is more important – on whom you are being mad, because this umbrage is your problem, and not of those who have hurt you, and you carry this feeling of being mad inside. And the person who have hurt you, possibly does not even remember this) and mentally one by one work with every article, cross out the name or the situation from the list. It is recommended to do this during two-three weeks. And then – depending on accumulation of new umbrages, if this is needed.

During the cleanup from umbrages, I recommend to do the following exercises: breath-in air slowly along with positive energy “prana”. Remember, that thought is material, and this means that you actually breathing in “prana”. Mentally carry this energy in the part of the

body, where you physically feel an umbrage – usually it is located in the solar plexus, but it can be in a thyroid gland, at the bottom of your stomach, at your head, etc. And slowly release the air, imagining, how from the given part of your body, there is a flow of cleaning energy. Then repeat this exercise and send a kind energy to the person who had hurt you. Repeat this exercise several times, until you will feel that this umbrage is no longer hurting you, when you recall it. Since we all create our own life, and if you will not get rid of this umbrage, then in the future your fate will give you an analogical lesson, possibly with another teacher-offender.

According to the karmic law we live in the world, which we deserve with our thoughts and actions of the past. And today, right now, we are creating the future with our thoughts and actions. Every experience is favorable. From it we can extract a lesson for ourselves. If you will learn on how to get rid from umbrages, by regularly working on yourself, then in your fate, your subconsciousness will no longer need to train you, and your offenders will no longer hurt you.

I remember one patient from Hungary, who was treated in a group with others. He had high blood pressure, which very quickly normalized. It happened in one provincial town, where everyone knew each other. I came there often. In five months this person again came to me – and again with a very high pressure. After the treatment course, his blood pressure normalized again, but again only for five months. He came to me again. I could not understand – how come, he is not an old person and his disease does not go away? Turns out, that he as they say, “did not allow to live” his neighbors and colleagues – constantly was writing all kinds of untrue complaints, he was never satisfied with the world, and probably with himself.

When I found it out, I did not read him lectures on morals, I gave him my audiocassette (video was not ready back then), and I recommended him literature, which he could read, so he can see the world from the other side, change his attitude for himself and towards others. Later, I heard people saying, that he had not only recovered and stopped bothering his neighbors, but he also settled in his personal life.

In similar cases, hint does not have to be very powerful, or vivid. Person has to strive for perfection and it is possible to help him only if he will want it. If he is ready for it, then he will definitely understand. When I met that man in a year and a half, I found out that he is perfectly healthy. And that means that he succeeded in changing his attitude towards the world in the result of NMR, since there was corrective work in his subconsciousness, and also of other two levels of consciousness. On physical, conscious, mental, energetic levels the disease went away, and on other levels it did not appear. I firmly believe, that first of all you have to cure the thought, since a disease starts on a mental level.

Also, there was one more bright case in Hungary. In the group of patients there was one sulky, frowning man. He came to “heal his nerves”. Actually, his wife came and secretly told me: “He has a cancer with metastasis in his backbone, but he does not know about it, he thinks, that his spine is hurting on the nervous basis”. During the whole course of treatment he constantly frowned, and unlike other patients he didn’t feel anything – no warmth, no tingling. But on the last seventh session, he smiled out of nowhere, kissed my hand and said, that his nerves have gotten better, and his mood improved.

Several months have passed, when he suddenly caught me on the street. “Did you know that I had a cancer with metastasis, only I hid it from my wife, thought she did not know. And so, it went away. I went through a full medical checkup and doctors were surprised. You know, it is like a big burden fell from my shoulders”. But maybe that’s what happened?

A woman with her daughter came for an appointment. It was visible that they love each other and take care of each other. After the course of healing, the process of recovering went very quickly, but the mother had her right knee in pain and it wasn’t getting better. I asked: “Do you have a son?” – “Yes, but how do you know?” The thing is, that I often see

connections between pain in the knees and the umbrages on the children or for the children. And here, you don't have to be clairvoyant. After our discussion she understood, that she loves her son not for some thing, independently on how often he calls her or not, that she helps her grandchildren not as a gratitude, but because she loves them. And most important – she does it for herself, by herself, making it a must. And if it is difficult for her, then she must do it the way she thinks is right, and not be mad at misunderstanding of her son or daughter-in-law. And her son loves her not for the assistance. “He loves you, right?” “Yes...” This is that case when you can say: “Save yourself and you will save the world”. But the understanding of egoism is different from the true love to oneself.

On my practical healing I noticed, that multiple “women's diseases” are linearly connected with the umbrage on the opposite gender. Usually, those are old umbrages, and hidden unhappiness with self. And with addition of new umbrages, even insignificant ones, the negative information builds up in specific organs and there is an occurrence of fibrosis, myomas, and inflammations...

Never blame yourself for the past – it won't be changed. But you have to draw conclusions (lessons). By executing yourself for misses and failings, which happened earlier in your life, you are putting barriers in front of your future. On some level, in some dimension they are close. And your hatred to the past, really influences on your present and blocks luck in the future. Thanks to built up experience of all events yesterday, everyone is capable to change today to the better. Since you already decided to change your life now, without getting mad on your past and on your mistakes, but carrying out for yourself needed lessons from the bygone time.

When I talk about, that you need to love, I mean love, and not Ego. Since between these two terms there is a big abyss. Egoism – consequence of hidden or apparent complex, or the lack of harmony, calmness and confidence in self, in your personal qualities, suppression of one's godly I, and also the lack of self-training.

By giving dictatorial demands to others, egoist in this way tries to prove himself and to others, that he stands above all, trying to hid his internal complexes and unhappiness with himself. His relationship with his internal “I” liken to feelings of laziness, dishonest mother to her child. Egoistical mother, that thinks that she loves him, letting him do what he wants, buying her way out with presents and spends much less of energy and strength on his spiritual growth, development, and nurturing. Since this is much easier.

This is the same way an egoist acts towards his personal internal “I”, pleasing all of his whims. With this, to the strength of delayed personal growth, lack of self-control, and self-nurturing, the person becomes under influences of hidden and apparent complexes, which he tries to cover with his ambitions, pride, domineering, raised attention to his persona.

Person who is in full harmony with himself and surrounding world, loves himself and everything around him. He loves and respects God's Spirit in himself and in others, to whom we belong. Since we are created by the image and likeness of God. Also, this kind of person is being demanding to himself, constantly self-cultivating, working on himself. He is liken to loving, hardworking mother, which gently nourished her child, and also nurturing him, without answering to harmful whims, giving him a lot of attention and love, educates him, demands, develops.

In childhood we were taught, that first of all, we have to care about others. Yes, that's right. But only in the case if you do it sincerely, with happiness and love, not waiting in exchange for anything, even thankfulness. It is said in Bible, if a blind will lead a blind, both will fall in the hole. So if you will care about others, don't forget about yourself. Otherwise, it is unlikely that you will help someone. If you love yourself, your soul, then it means that you love the spark, spirit of God, which is not only inside of you, but also in others. And you will not have any complexes. You will not need aggression or umbrage, in order to fight for your interests. You just won't be able to sincerely not help those, who you want, and who needs it.

It is proper for some people to think, that they solve problems by not insisting on their rights, and in reality they only go further from their problems. Like ostriches, they hide their head in the sand and do nothing in order to overcome difficulties. One thing is to allow something because of fear, the other is to decline from forceful solution to the problem, fully controlling the situation. It is possible to live on that level, when a person does not need to control his wrath or umbrage, because they just don't exist. Only something that finds response inside of us can touch us. If inside of us there is nothing to respond to, on discords and forces of violence, then they just pass by us.

We have to understand, that everything that occurs with us in this life, is done by our thoughts and past actions. And if on today's day, you are unhappy with it, then it is in our power to change it, right now, today, by starting with the change of our thoughts, and of course, change our actions. We create our future, and it will be the way you will choose, how you will create it with your thoughts and your current mood. Life is always for us and never against us. It is us that are against us, without consciously understanding it. Human is not created to live life, which is filled with disappointments and illnesses, but he is created to be happy and healthy.

Love is one of the most powerful forces in the Universe. It brings health and luck, sweeps all the barriers on its way. In one old parable it was told, how Luck, Love and Wealth knocked at one house door. They told the owners that only one of them could come inside – depending on the choice of the owners. They thought and decided, since they had a daughter for marriage, they need to invite Love. And – oh, miracle! Love came inside with Luck and Wealth, which confessed, that when Love is chosen, that they always come with her.

Pity to yourself and overly sensitivity are symptoms of emotional immaturity. For this person it seems, that the whole world is against him. He is submerged in the past problems, blames himself and others for past misfortunes and mistakes, and by doing it he closes his success and luck, damages his health.

At the moment, when life seems impossibly difficult, the internal force, which is a part of an Almighty power, is able to lift us over the disease and misfortunes and turn them into health and prosperity. But for this to happen, before an invisible, creative force will start working for us, we have to say goodbye to old umbrages, learn from our past lessons, and throw away negative emotions. And if you decide, that you have to easily forgive your past mistakes, then this will help you not to create them in the future.

You have to decide for yourself, that life is changing, and you are easily adapting to it – you are ready to any unforeseen events, which will surely lead to the better. You are in a flow of life. You love yourself and care about, that your life is enjoyable and happy. And then systems of cleansing from sinners work normally, and you are perfecting your fate, getting rid from waste and attracting luck. You trust your own I and listen to your internal voice. You forget everything that does not bring happiness. Life loves you, and you love her. You are absolutely free, and your capabilities are endless.

I want to say another several words about the importance of positive thinking. Possibly, the following example is graphic.

We all know about the circulation of water in the environment: steam – water – ice. When ice melts, transforming into water, which evaporates and etc. Chemical formula of water, ice, steam is the same – H_2O , despite the difference in shape and display, but the frequency of oscillations of molecules is different, nevertheless, the chemical formula is one in all the displays. Steam does not have a shape, water takes shape of the vessel, in which it resides, and the hard ice – takes shape in which water was during freezing.

One of the thinkers said, that God is a circle, center of which is the Universe. We are located in this Universe. Recall: “Human is made from the image and the like of God”. In a sense that we consist of spirit, thought and body. If we compare spirit with steam, thought with water, and the body with ice, then the difference between them will be only in frequency

of oscillations. Spirit is unseen, thought is not always easy to catch, but the body is hard. Spirit is part of the triune, chooses an object of creation and creates cycle of creation, which we don't see until the mind (water), which has frequency of vibration lower, will not show itself in the body (ice) with even lower frequency of vibrations.

Spirit, mind and unformed substance, all three phases, existed forever, but they always had different functions. Lets compare Spirit with the basic idea, which we place in focus of our consciousness, or, we concentrate on it (this idea is at the level of higher consciousness is connected with Spirit). Subconsciousness, just like Higher intellect, has the full volume of information on carrying into effect of any idea, sent by our consciousness through the Higher I, and in the case of need, it receives help from the Higher intellect, part of which it appears, and influences on the body to an extent of the cell level, and also on all the material objects that surround us. That is, thought, directed in necessary vessel, receives on lower frequencies (ice) the shape of that vessel (of our body). In other words, we are able to realize our thoughts.

Probably, this example will give you an opportunity to better imagine, how important is a positive thought and what value has focus by directing to the consciousness positive thoughts and emotions, which create a healthy body, favorable environment in our life and attracting luck.

Incidents often come from the places where you expect them the least. And, like a rule, they come under the mask of temporary setbacks, bad luck and even losses, that's why majority of the people cannot recognize it. But in order for a serious of events to pass, which are able to change your life to the better, you yourself have to be ready to these changes, clearly understand – what would you like to achieve in personal life, business, health. For this, there should forego a specific state of your consciousness (and also subconsciousness), decisiveness of intents and enclosure of personal labor. Besides that, it is necessary to learn on how to think in categories of success.

4. Parapsychology

In affirmation that the thought is material and of the importance of value of the positive thinking, I want to state some hypothesis of famous scientists – in the region of traditional science, and in parapsychology.

Parapsychology is called those parts of uncommon events, which are not under reviews of modern general sciences. In some sense parapsychology is a science about the part of the nature, events of which are not explainable. One way or the other, from the point of view of modern scientific knowledge, they do really exist.

Under parapsychological events, there is an understanding of all difficult processes of human's mind, which defines as unperceptual, or non-sensual character of reasons, which cause them.

Everyone to a certain degree has encountered the events of receiving information with nonperceptual, but intuitive channel. I think, majority of the readers heard about "Sugesti"(informational manipulation) or "Reiki", about transfer of energy over distance, about telepathy and other types of distance effects.

These concepts belong to bioinformative contacts. The existence of such effects affirmed by scientific works of scientists from many countries of the world. Most of all, it was Einstein, who proved, that particles, which move away from center and according to quantum mechanic, they have wave structure and are able to form a one whole.

If there is an effect on one of the particles, the results of this event will be felt by the other particles, no matter on what distance they are. Einstein wrote, that quantum mechanic allows the fact of "telepathy of particles", which are spread over big distance from one another. It was proved under the conditions of physical experiment.

It is characteristic for brain to have quantum-mechanical phenomena, which are characterized by the same features, which are the basis for distance process of transmitting information (telepathy) or other type of informational influence.

Russian scientists Veniamin Pushkin and Alexander Dubrov, and also academician Kaznacheev conducted a series of laboratory researches, in the result of which there was proven an influence of human on plants and living organisms.

Hypothetically it is assumed, that material carrier of a human "signal", contains a structure of image of the live object, to which it was originally sent. It explains material carrier image, as a holographic wave with an object of a wave structure.

It is impossible not to mention about the works of physicist B. I. Isakov, at the result of which there was a hypothesis about the role of microlepton gas (neutrino, photons) in appearance of bioinformation and extrasensory perception of events.

According to this theory thoughts and emotions of a human are materialistic, their mass varies from 10^{-39} to 10^{-30} (order of gram).

An interesting idea about the existence of before-signals and after-signals, which are formed in the result of division of wave electromagnetic package of basic signals P-sample of soliton. Before-signals and after-signals carry the same information as the signal itself, but are considerably less energy-wise. They can be carried out by people with high sensitivity –

sensitives (for example, clairvoyant). When receiving the signals, these people can also say about the not far away past or about near future.

But in these cases there is a probability of error, which is due to the increase in mass of material thought. That's how psychic reader A. F. Kirhgoff wrongfully predicted to the great Russian poet Aleksander Sergeevich Pushkin, - a life till old age or an early death from the hand of a tall, blonde guy, whom Pushkin, as a convict was seeking all his life.

It is possible, that if there was no such prediction, he would quietly lived till the old age, because our subconsciousness has "defense", which a quality of fear easily removes. Rather, this "setting", tied with the death of a great poet, worked as a timed bomb of slow action. And it is one of the reasons, why I do not discuss the diagnostics of a person who asks me for help. First of all, it is not always accurate and is often presumptive either by patient, or by the doctors. And second, every time there is a "setting" of the correct or mistaken diagnostics, the material thought grows stronger with the spoken word. And it gets more difficult to remove the problem.

Because of this specific reason, serious astrologers have conviction, that it is favorable not to inform the person about bad prognosis, even in the case of fatal horoscopes. If there is an error, the subconscious of the person will react based on prognosis. And as we know, according to the Isakov theory, thought weighs from 10-39 to 10-30(order of gram).

Interesting predictions of another type – lets call them intuitive. In 1898, fantasy writer Morgan Robertson wrote a novel "Futility". The action of the novel took place on the ship "Titan". The characteristics of the vessel in the novel were the following: length – 243 meters, water displacement – 70 thousands tons, power of the motors – 50 thousand horsepower, velocity – 25 knots, four pipes and three helixes. After fourteen years after this novel was published, recently built, non-fiction "Titanic" started its first travel. Its length was 269 meters, its power was 55 thousands of horsepower, water displacement 66 thousands of tons, it was moving with a velocity of 25 knots per hour, it had four pipes and three helixes.

On a cold April night of 1912 "Titanic" hits the iceberg and sinks...

Morgan Robertson foredoomed practically all details of the catastrophe: in life and in the book ships were thought of as unsinkable, their names are almost identical, during the catastrophe there was not enough boats, the amount of passengers in real life was the same as in the novel, three thousand people.

Famous English fantasy writer Arthur Clark graduated from Royal College of London majoring in mathematics and physics. While being in army, he served in the first experimental system of radar detection of flying objects. In the year of 1945, Arthur Clark published an article, where he spoke about the idea of using artificial Earth satellites in radio and television transmission. Back then, nobody seriously reacted to the article, considering it a fiction of the fantasy writer, but within eighteen years Institute of Franklin awarded him a gold medal for designing the idea of cosmic communication.

In one of his writings A. Clark describes difficulties of the astronauts when they encounter a large enigmatic monolith. Interestingly, that the crew "Apollo – 8", which started to the Moon, indeed saw in cosmos a great, black monolith. These predictions, like many others by different writers, can be taken as the examples of prevision of the future events, and possible as the materialization. In any case, this is one of displays of the intuition, the unconscious sphere of mind, which is wrapped with many riddles and continues to surprise people, including the specialists, with its work and its mechanics.

Lets recall about the oracles of Ioann Bogoslov in his "Apocalypse". In his "Apocalypse" the following is said: "Third Angel trumpeted, and a large star fell from the sky, burning in a big light, and it fell on the third parts of the rivers, and on the water keys. The name of this star is "Polyin" (Tarragon)"...

And further: “Fifth Angel trumpeted, and I saw the star falling from the sky... She opened door of infinity, and the smoke came out from there, like a smoke from a big oven, and the darkness came over the sun and the air from this smoke”.

Theologians are assured, that this prediction came in the form of Chernobyl tragedy, because Russian word “polyin” means in Ukrainian “Chernobyl”.

Some directions in physics use thesis about wave holographic environment of Universe. R. Avramenko and V. Nikolaeva viewed this model of the Universe, in which it appeared as a gigantic holographic plate. If the Universe, according to the hypothesis, has a shape of hypersphere, then every object, which is located at the specific place (being a “standing” wave), is simultaneously located at all the points of the Universe. In this key of looking at the events of clairvoyance, telepathy and other information blocks - it is fully explainable, since the information of any object of the surrounding us world is located at every point of space.

Images, thoughts or other types of informative influence can be viewed as a complex of standing waves, which are located at every point of the Universe.

Holographic principle does not violate the laws of modern physics, but on the contrary it explains the phenomena of telepathy, distant effect, clairvoyance.

According to the teachings of V.I. Vernadskiy, all the living represents one informative system, in which all the elements (cells, organisms) interact. In other words, biosphere of our planet – is one organism. In this representation, cells of all living – plants, animals –interact with each other on the informative level. From this point of view of energy-informative contacts, telepathy and other, all are parts of the organization biosphere. And this theory once again affirms the effectiveness of distant effect and healing.

There is an existence of the so-called paradox of Einstein-Podolskiy-Rozen (EPR paradox). Its conclusion is in the following: material interaction in quantomechanic system realizes momentarily, faster than the speed of light. The correlation between science and miracle is a problem of the centuries. It was solved more than thousands years ago, back then by beatific Augustin, and till now it is impossible not to agree. In his formulation – what is miracle and what is science, and how they interact with each other – it is stated that miracles do not violate laws of nature. They counterbalance our imagination about the laws of nature.

Unknown and unexpected in human is much more, than the obvious. Don’t be afraid to look deeper at this unknown.

At all eras, including ours, for all nations the understanding of Time represents a riddle of life. The same goes with the understanding of Space.

Kant wrote, that Space and Time is a category of mind. The opinion of Chezh scientist I. Zimon, states that piling of information means slowing of time. Or, than the order of organization system is higher and the more occurrences and quantity of gathered information, the time for a living organism is slower.

A. Bergson also talks about this, but connecting this particularity with a specific spiritual beginning. Biological time in living systems has a qualified new specificity with comparison to the regular physical time. According to the idea of Time, we can account for some space and the movement at that space. Time is a distance dividing the events in order of their occurrences. Movement in space is accompanied with the movement in Time.

In reality the eternity is not an endless amount of Time, but a line that is perpendicular to Time, because if eternity exists, then every moment is eternal.

What is Time?

From the human point of view, who is far from science, Time is like a river, which flows from the past into the future, and not vice versa.

Ancient Greeks thought, that “Time is not a straight line, which continues in both directions”.

Plato said, that we never were able to say a single word about Universe, if we never saw stars, sun and the sky. Since the day and the night, circulations of months and years, equinox and solstice are viewable, eyes opened us a number, gave us understanding about time and stimulated us to explore the nature of the Universe”.

Thoughts about different types of motions that exist in the world, led Einstein to the theory of relativity.

Traveler, located in cabin of the swimming ship and reading the book, thinks, that the book is in the state of rest. Person who stays on the shore sees that the ship is swimming, moving, and so is everything that is on it is moving as well, including a book. Relatively to the passenger of the ship, it is at rest, relatively to the person on the shore – it moves.

Theory of relativity says, that between the rest and the movement – if it is evenly on a straight line – then there is no difference. Passenger of the ship, which moves on the calm sea in a closed room, does not notice signs of movement.

Newton was inclined to the absolute understanding of Time: “... there is no such evenly motion, which time could be measured with a precise accuracy. All movements can accelerate or decelerate, the flow of Time cannot be changed”.

Theory of absolute of Time and space existed for many years, and then there was a theory of relativity of A. Einstein.

“Twins Paradox”

According to Einstein, in the moving system of coordinates Time is slowing down relatively to non-moving system, depending on closeness and velocity of the object to the speed of light. Boarding the rocket and going into the long travel, with a speed close to the speed of light, you will return to the Earth younger, than your peers, who walked you to the flight.

Dzh. Orir in “Popular Physics” comes up with a following calculation. One of the twins at the age of 20 years old, went to the star Arktur on the spaceship with the speed of 0.99 of the speed of light, and passing the distance of 40 light years twice (there and back), he returns in the 11.4 years of the spaceship time. On Earth the time of 80.8 years will elapse. Brother, who will meet the astronaut, will be 108.8 years and the astronaut will be younger than his brother by 69.4 years!

This is one of the methods of “fast” travel into the future.

Today we see the light of sky objects, which existed millions of years ago and some of them probably no longer exist. So, how is it not a signal from the past?

So how does the Time move anyway? In a straight line? In a spiral? In a circle?

If Time is a fourth dimension of space, then the first three are length, width, and height.

For example, a pedestrian crosses the road, on which an automobile is going fast. First three geometrical coordinates matched, automobile, passed the point where a pedestrian just passed, but everything turned out fine, because the time co-ordinates didn't match – automobile passed the line of the road that was crossed by pedestrian before or after the pedestrian.

Theory of “Wormholes”

On apple a worm is crawling and instead of moving from one point to another on the surface of the apple, he chews the hole and moves in a straight line (cord), and not over the arc. Or, he travels the shortest road. Such roads, “wormholes”, can exist in the Universe.

According to the Einstein's theory, the space is not flat, but curved, or deformed under the effect of distribution of energy and mass. In other words, our three-dimensional space is curved into some fourth dimension – Time. Piece of paper is two dimensional (width and length), but if we spin-fold it, then it becomes three dimensional, since the height appears, or the space and time (in this case we talk about space), will lose its absolute meaning and there will be a new concept “space – time”.

Despite the oneness of the fundamental understandings of “space – time”, we use time only for registration of specific events. In this case, Time is repetitive and is a geometric projection of space, but only in other measurement units. Time without space does not exist and it does not depend on a human will. Space is a carrier or cosmic influence on the person – influences at every moment of time differently. That's why we feel and behave differently in every other minute.

Lets get back to “wormholes”. The Earth is revolving around the Sun on a straight trajectory in the four dimensional space (three dimensional space plus fourth dimension – Time). But in a three-dimensional space its trajectory looks like an ellipse.

And if Time is fourth dimension, then Eternity is fifth dimension, which is a perpendicular to the fourth dimension.

American scientist Steven Hawking gives the following example: an airplane flying over the intersected place, over the mountains, rivers, valleys, is traveling in a straight line (in three dimensional space), its shadow is moving in a longer route, over the curved trajectory (shadow is moving in a two dimensional space). Hence, with the help of “wormhole”, which passes through the fourth dimension (Time), it is possible to shorten the road in space and also in Time.

In year 1916 Einstein and Rosen proposed a hypothesis about a “bridge” which would connect two points with a shortest way possible. “Bridge of Einstein-Rosen” is the name of the hypothesis.

Steven Hawking, studying the phenomena of “black holes”, assumed that a “black hole” – is a place in a Universe, from where because of a strong gravitation and curved space nothing evolves – not a ray of light, not an elementary particle. Black hole does not radiate anything into the space and that's why it can be fully undetected.

Meaning, that it can be close, but we won't know?

Hawking found, that “black hole” actually transmits some radiation into the space, which is called Hawking's Radiation.

In the 1950s John Wheeler assumed that “wormholes” could occur in those places where the space is strongly curved, in other words, around “black holes”. Entrance and exit from these wormholes was called a “mouth”, and the way from beginning to the end a “throat”. Scientists for a long time couldn't think of how to overcome this “wormhole”, and according to the theory it could exist only for a short amount of time – as soon as “wormhole” appeared, the channel-throat disappeared, and then there would two disconnected black holes (mouths).

According to the imaginations of S. Hawking and J. Wheeler, all the space consists of microscopic “wormholes” and it represents “quantum foam”. So there is an existence of the theoretical possibility to travel in Time, especially according to the theory of relativity, it is possible to “stretch” Time by increasing velocity.

Machine of the time exists not only in nature, but also in an infinite small world.

Lets return to the “Twins paradox”. If a twin-astronaut will travel through the “wormhole” at the spaceship with a speed close to the speed of light, then upon his return through this hole, he will get back in Time way before his birth. Paradox?

Academician A. Weinik used a new method to understand space and Time. He considers, that he was able to estimate several simple particles from which the Universe is built:

1. Chronological – connected with Time.
2. Metric – connected with Space.
3. Vibrating – giving bodies oscillatory qualities.
4. Thermal
5. Electrical
6. Magnetic

Every particle is specific and is not like any other. Being a component of some body, it gives its qualities to this body. For example, thermal particle gives bodies its heating functions, metrical – length and the order of location, chronological – continuance and order of succession. If a body does not possess in its composition any of these particles, then it does not have its qualities.

For example, photon does not contain portions (quantum) of electric matter, metric-less bodies don't have a mass and etc.

Weinik proves that space is a matter, but Time is an inverse quantity of Chronal. Chronal is characterized by pressure, electric potential and has an ability to be controlled. Weinik experimentally found that radiation of his organism influences on the real time in some devices. He proved, that a sleeping person is located in “slower time”, meaning that during sleep time for this person slows down.

This is proven that many people who were in a lethargic sleep for many years, they haven't changed a bit during that sleep. However, after they woke up many of them started to age quicker, probably Time after that swiftly accelerates for them.

Also, according to the behavior of UFO, which according to hypotheses, based on many witnesses, they travel through space, controlling the Time.

Examples:

Lets get back to the research of academician Weinik. He thinks, that chronal phenomena is an important compound of aura (biofield) and is on the basis of parapsychology, UFO, dousing rods finding and other parapsychological occurrences. He created generators and accumulators of chronal field, found its basic attributes, which influence on the clock, on speed of all processes and bio-objects, electronics and etc.

The smallest elementary particles, containing portions (quantum) of chronal matter were called chronons. By conducting an experiment he found their velocity (from 10 to 100 meters per second till thousand speed of lights, mass, and other characteristics) Chronons are freely travel through the walls, metallic objects and even through Earth. They carry information about all the objects that radiate energy – living and nonliving.

Living organisms are using chronal field for regulating vital processes. During sleep, as we already mentioned, under the influence of chronal field, speed of the life of all organs and cells drastically decreases. The same happens during the winter sleep in animals. Defection of chronal mechanism can lead to the lethargic sleep, or to swift acceleration of all processes, to aging.

Yogis know how to artificially control chronal field.

According to measurements, all feelings, words, actions, thoughts, behaviors are accompanied by the radiation of chroral field, which contains full information about them and forms chronosphere (or according to Pavel Florenskiy – pneumatosphere). This field is preserved forever as it builds up, it influences on subconsciousness of all the living, and through it on consciousness of all the people. Any work of art, word, musical note, printed document, line, drawing also radiates and fills up the chronosphere.

According to the Weinik researches, during stress, the intensity of chroral radiations growth in thousands, millions and billions of times. Repeating, these radiations defect regulatory functions and damage the corresponding organs – depending on type of stress. Therefore, a human is responsible for his illnesses to a degree of his wrongful behavior, as in greed, viciousness, jealousy, trickery, fear and umbrage, ill will, evil speaking.

Chroral Sun explosions have a fatal effect on the people. Sun generates system of constant chroral lines on the Earth (“bio-abnormal laws”), which are hazardous for humans and animals, and because of it houses and butcheries must be built outside of these zones.

Chroral field changes the rate of all the processes, including the frequency of light and its speed. A Weinik thinks that an unsupported motor (which acts on internal power) allows the apparatus to motionless and soundless freeze over the Earth. To accelerate the time in the apparatus with the help of chroral field, it is possible to move without harm for the passengers with the colossal accelerations, not being afraid of the gravitational forces, which occur during this time.

Professor N. A. Kozirev back in the 1950s stated that Time is a physical factor, which has properties, that allow it to actively participate at all processes, maintaining cause-effect part of occurrences. Kozirev alleged, that Time is a needed part of all the processes in the Universe, main driving force of all that is happening, since all the processes in nature occur either with emission or absorption of Time.

“It is hardly right not to shade a great difference, which exists between Time, measured inside the living organisms, and Time inside of stagnant material” – wrote academician V. I. Vernandskiy.

Here is a described model of telepathy and distant effect of clairvoyance of E. A. Raushar on the basis of physics and mathematical logic. Events that are removed in time in the four-dimensional space, which are unseen by an observer who is located inside, influence on the subconsciousness of all living, and through it on the consciousness of all people.

Writer Marietta Shaginyan remarked: “We consist from the smallest particles of matter, which are not disappearing (not dying), but only dividing. These particles made up the world billions of years ago and they still make it up in the present. If the memory is stored somewhere, it is stored in them and through them. The entity of human and nature carries in itself all the past steps of development, the whole path of a humankind, and no living is able to renounce from the past, throw off the sequence, or get out from its circle – from the circle of existence of Time. In this there is a special historism of Hegel’, which is needed and important for apprehending humankind. From here, there is a special image of time as a storage of Memory”.

In other words, during the death of a person, there is a reading of contents from his memory, which took all the cosmobioevolution into the material substance. After death, the state of the soul represents information structures of memory (information-energy clot), which is stored in the stable environment – physical vacuum. This vacuum represents an environment, in which thanks to its stability, the blueprints of the processes that have happened in the Universe are stored.

Philosopher Polikarpov, referring to the hypothesis of N. Derkovsky and M. Brizgalova, asserts that thanks to the physical vacuum, whose function is to be world’s memory, there is a formation of code, which controls the development of matter in the Universe and allows to carry through the entity of human in non-protein forms, which allows the possibility to reach immortality.

Because of these characteristics of vacuum, informational structures of human after his death continue to be a part of evolution of the Universe. In the human there is a concentration of the maximum information about the Universe, since according to the concept of G. Frezer “activity of the human is impossible without physical, biological, social structures of time, - he carries in himself the parameters of different levels of hierarchical organized Universe”. This means, that in the internal “cosmos” of human there are all the worlds, which were created in the process of evolution of the Universe, starting with Big Bang (one of the hypothesis of formation of the Universe) and ending with the present moment.

Referring to the Geyzenberg principle of uncertainty, Polikarpov assumes, that there are low borders of space and time: time – 10-23 sec. (atomic chronon), space – 10-12 cm. Then galactic chronon equals to 10-12 sec, and space dimensions – about 10-22 cm. From the common theory of relativity it follows that there is an existence of upper boundary of distance for the Universe, whose magnitude is 10-28 cm and the existence of megagalactical chronon of about 2,1017 seconds.

Human reads all chronons and space intervals thanks to the action of his nervous system. Since the human brain is able to switch from one time scale to another, then it is possible to get to the level of a universal chronon, and on this level - past, present, future which are the lower layers of Universe, are represented by three parallel lines and exist simultaneously.

This explains the ability of some phenomena to travel into long past or future, being able to live outside the body for a short time.

Human, just like a biosystem, connected through energy-informational channel with Biosphere, which has a memory. And as a universal natural organism, it has a sensor-brain practice and a corresponding memory, or biosphere-energetic language. According to V. I. Vernadskiy, all that is created - contributes to Noosphere.

It is possible, that the surrounding world, which we embrace as a Universe, is only one from the infinite multiples of worlds, which expands and contracts depending on its abilities and phases of development, independent from one another and connected through throats of “black holes” – gates from one world to another.

About ninety years ago Russian scientist Freedman built a mathematical model of the world, which was created at one point, increased its dimensions like a soap bubble, and then American astronomer E. Hubble measured the speed of expanding space. It turned out that expansion of the Universe began 15-20 billion years ago. There is a theory, that the Universe under the gravitational force – if mass of distributed in the Universe will be too great – it will move in the backward direction, to contraction, and finally it will come to very small point volume.

Physics calculations show, that in microscopically small “bubble” of world, properties of space and time change. They fall apart into portions – quantum. The understandings of left, right, earlier, later – disappear. New dimensions appear and the general three dimensions – length, width, height, - can disappear.

Some scientists assume, that process of expansion and contraction of the Universe continues infinitely and hence, all processes in it also continue infinitely. This is one of hypothesis.

Dwayne Gish, following the scientific logic, assumes that Universe could not be formed by a natural process, but was created by a supernatural process, or by volition of conscious Creator.

“ And then nothing can prevent us from calling this Creator of Universe, with a word God”. Problems of evolution of the Universe got their development in hypothesis of American psychologist T. Larry about cosmic-galactic code, which inputs “field of consciousness”, and German biologist-psychiatrist H. von Ditfurt – about existence of consciousness, mind, creativity way before the existence of a human brain.

T. Larry, establishes on modern understandings of a human organism, which functions on the basis of information, programmed in the DNA. DNA molecules – basis of Earthly life, that started about four billions of years ago. Genetic structure of a human stores the history of life on our planet. The biological information depends on how the atoms of carbon, oxygen and other elements form difficult combinations, needed for functioning of the organism.

Some scientists-cosmologists think, that protons, neutrons and electrons were created during the first millisecond of existence of the Universe after the Big Bang, in other words human organism, consisting of atoms – is an aftermath of Big Bang explosion.

T. Larry is coming from the fact, that all processes in our Universe can be explained on the basis of “common field”, that represents finality of interchange of four physical interactions: gravitational, electromagnetic, strong and weak. Atom and its nucleus have a complex organization, and it gives the basis to look at the nucleus of atom as at elementary natural “brain”, which projects and creates atoms and molecules according to the quantum logic. From here neurophysics – science, which studies “consciousness” and “behavior” of atomic particles and their relationship to consciousness and behavior of a human.

Then, if a DNA exist in nucleus of every living cell and the DNA code contains the program of development of potencies of organism, it follows that DNA code is a genetic brain, that together with the DNA constructs and produces both: organisms and nervous systems of organisms.

DNA creates exemplars of the human outlook: it logically regenerates the original and theologically is a standard of (image of God).

Human mind is functioning on the basis of legitimacy and construction of molecular “mind”. Human existence represents by itself a transition phase in the evolution of nervous system.

Hypothesis of T. Larry assumes the following:

1. In our Galaxy there are millions of star systems, which contain planets with the evolutionary life;
2. Our planet revolves around the Sun, its evolution is at the midway (five billion year), half of the planets in our Galaxy have to have more developed life than the Earth, at the evolutionary level;
3. These more developed civilizations show the future of our own evolution.
4. The same physical-chemical processes and chemical elements are characterized for all parts of the Universe;
5. Earthly life is not unique;
6. Planets have a predictable time period of life, they are destroyed, when their starts reach the phase of “red giant”;
7. Because of it, life is not staying on its planet, but migrating in the Galaxy;
8. Life gives spires on young planets in the form of amino-acid matrices, where the basic tactics of evolution – metamorphosis and migration;
9. DNA code is a message, which determines direction of the evolution; on our planet there is a development of about half of this evolutionary program;
10. Life on earth, in its embryo stage, after migration into cosmos will take a shape of after-embryo existence.
11. Embryo form of life is theoretically described on the scientific language, unearthly form of existence – on the language of Einstein science.
12. Metamorphosis of human outlook from the earthly to unearthly existence corresponds to almost simultaneous discoveries of neuro-active matter, electronic devices, structures of the DNA, nuclear energy and quantum mechanics.

From the point of view of T. Larry “program of DNA is meant for separation of life from planet, to reach symbiotic long life, construct and direct energy of nuclear synthesis, which

allows us to move outside the boundaries of Galaxy and give us the ability to develop beyond the known to us matter”.

Therefore, it means, that at the moment of birth of the Universe, the DNA code have already existed, thanks to it there was an evolution from quantum consciousness through the intermediate phase of human conscious to cosmic intellect, that posses immortality.

There is an interesting hypothesis of a German biologist and psychiatrist H. fon Ditfurt. He thinks, that consciousness, intellect, have existed before the human and his developed brain. According to this hypothesis, based on synthesis of Holy writing and a Book of Nature, history of the world and its result – human with consciousness, starts out from Big Bang. It had all the conditions that were possible for arising of the human existence.

In the firing explosion, in the first seconds of the beginning of the Universe, when protons and electrons created an atom of hydrogen, everything that later had to be created, already existed, in other words, in the atom of hydrogen there was the whole world of ours.

It is assumed, that at the beginning there was hydrogen, and history of the Universe is “an actual history of the hydrogen”. Conclusion: A natural crown of the evolution of hydrogen is an appearance of matter, which has a conscience and intellect, and that is logical as it comes from results of scientific knowledge at the end of twentieth century.

H. fon Ditrih thinks, that there could not be a proof of material, ungodly creation of the whole world, including the human.

Conscience, intellect, imagination and other components of thinking process exist in the atomized appearance in cosmic matter and the brain integrates them, acting as mirror, which is like “abrasion” more and more saliently and wholly reflects the spiritual world.

If the brain does not give birth to a thought, if the conscience is not a function of a highly organized matter, if the intellect does not posses a new system properties of the evolutionary ladder of the Universe, than where does the spirit come from?

According to the Ditrih’s opinion, spirit comes from the world, which exists forever outside the space and time. In other words, act of creation of the world relates only to the matter, fiery explosion leads to “spacing” of that eternal world, while the spirit comes to an already existing world (like its image), it penetrates and fills gradually the whole Universe. Spiritual and material worlds have to merge and dissolve in one another, forming a new harmony.

The meaning of the Ditrih’s concept is that a human brain is an integrator of the intellect, imagination and memory, which existed in the nature before the appearance of the human kind.

French doctor A. Buke in the 1917 wrote an article “Is it possible to live without brain?” At the end of sixteenth century, Luzitansky – scientist, doctor, who lived in Portugal, and then in Holland, described in one of his works, titled “From medical practice” the following case: “Ten year old boy was injured by a small sword in the occipital area. The hit was made according to the laws of art: bone was fractured, brain shells were opened, and brain freely drained through the injury. However, despite the expectations the boy survived. But in three years he died from a pressure of juices, attached to the weak spot – he had a hydropsy (edema). The boy was anatomized, but there were no signs of brain. First shell of the brain was split in two and it formed a cavity that contained a fully clear, with no smell liquid.

Another case comes from the Algerian practice and was observed by doctor Deto, who was a student of Professor Brook. An Arab came on the medical consultation. He had a fractured left eyebrow. He walked from afar, on the 20th day after being wounded. On his injury there were several drops of pus and he was given a regular bandaging. This injured person healed and started to live a normal life for aboriginals. But in one of those days, he passed away without any symptoms of sickness. He was anatomized and instead of left forehead’s segment of brain they found one big pus gathering. About one-sixth of his brain matter was destroyed, where the process continued for about three months.

And another fact from the abstract of doctor Robinson from Paris Academy of Sciences. A man of 62 years old was injured in the vertex by a sharp end of bageta. A lot of blood came out, and after this his injury didn't bother him for a month. However, after that he started complaining on the vision disorder. It was also noted that he had several thought-processing disorders, but it wasn't substantial. There was no suffering. The patient was happy and satisfied, but suddenly he dies because of the epilepsy. Dissection showed, that his brain almost completely disappeared, and only the thin shell of brain matter remained. All the central parts of brain disappeared without a trace. The victim lived for more than a month without a brain.

These facts bring in the root changes in the previous imagination about the functions of brain. Theoretically and practically destruction, for example, of the center of speech, leads to Afiziya. During this time, the operative removal of not only this center, but also of the neighboring parts of the brain, does not influence on the mind of the operating subject.

It is possible that the mentioned above hypothesis explains this paradox. Human brain only integrates thoughts of the Higher Intellect and like a filter, quality of which depends on conscience, allows only those thoughts to travel, which existed and always exist.

Strength, wisdom, which created our world, cementing atoms, splicing bones, dissolving tumors, keeping the stars at the sky. About this strength and wisdom, people talk as of God, as of Eternal Intellect. God is called Jesus, Allah, Buddha or the World Intellect, Absolute. But there is only one religion, only different persuasions. And you shouldn't think, that the power that created you once, forgot about you and that now you can suffer and be ill. This power takes care of us always and you should always believe that it helps you in all your problems, aids with your health and aids to your whole life. It is necessary to correctly address it, with love.

First steps to success and health, or principles of luck

All people, who went through bad luck or losses, lived according to the law of bad luck. And vice versa, everyone who reached success, followed the laws of success. What kind of laws are those?

The law of success is first of all a creating law. Absolute God equally loves every one of us and Fate, just like luck, is not blind. Everything happens for a reason. If we for example will plant a marguerite, then eventually marguerites will grow, and not gladioluses. In Russia for a long time period they've been saying: "You will reap what you sow".

Universe will give us health and success only when we will learn on how to create the correct adjustments. Infinite intellect is ubiquitous – He knows, where are the people who need each other are located, and how they should meet. He not only understands and knows on how to heal any person, but for him there is no good or bad, harmony and disharmony, because this intellect is one whole harmony. It is constantly acting without interruptions, solving different problems, but it can work only with that material and with those thoughts, that we are giving him. That's why the choice is ours.

1. Wishes and Choice

We make a choice at every moment of life. Sometimes it goes so fast, we can't even think about it and analyze it. Everything that is often chosen for us by a superficial intellect, is stored at the deep intellect. Deep intellect never forgets anything. The ability to choose is a priceless gift. We can build emotional, internal feelings, meaning, we can also build the events in our life. It does not matter what kind of problem we encountered, we should know, that by changing our internal conditions, we change outside events. From being able to control our

intellect, there is a dependence on how to regulate our fate. At end of the ends, we choose her - our Fate.

Our consciousness evaluates and selects those thoughts and decisions, which transfer to subconsciousness – deep intellect, which treats our thoughts as guidance to act and realize them in life. Subconsciousness has limitless power. It is a part of the force of Eternal Universal intellect, which constantly flows through us and is able to work for our good.

Deep intellect is easily influenced. Accustom yourself to expect from life only good. One constructive thought has much more power, than hundreds of destructive thoughts, since it is in a harmony with the Absolute.

2. Persistence, Continuity in achieving a goal

I think this is understandable. If you have decided today to work on yourself, on achieving the goal that you have set, but tomorrow you forgot about it, thinking and acting as usual, than there will be no results. Healing (as in a physical state, or in situations) is a process, which flows in the center of the person – in his thoughts.

3. Faith, love

These two feelings are the most powerful for the person. Faith, connects with a thought in the complex with powers of subconsciousness, creates miracles, waking up Higher Intellect to help you. Controlled faith helps you to materialize your thoughts. By sincerely believing in yourself, in that you deserve changes in your health, your position, makes your thought vibrating in the way, that vibrations have affect on the informational field, and getting into Higher Intellect. They draw responding signals, which act on your subconsciousness (and hence – on consciousness), they lead us to healing, to making a correct decision in any, even extreme situation. And your faith becomes your conviction.

4. Imagination

They say that the most important thing is to imagine what you want to do or create. But the answer to question, on how to do it (which is realization), will come up later on its own. Human, as they say, can create anything that he can imagine in his imagination. But the capabilities to thoughtfully imagine, to model future are not fully used, we only make first, elementary steps in this direction. Thanks to these unique qualities human has an access to World Intellect, goes in contact with subconsciousness of other people.

In addition to the wish, imagination helps the reserve forces of subconsciousness and higher consciousness to regain health for the body, to change the situation to the better, helps in business, in personal life, attracts success. We have to memorize, that our world of dreams is a starting point of a long and complex route of creation.

For example, imagine the correct work of the kidney in small details (which are known to science) and constantly visually imagine three times a day, that an ill part of the kidney is functioning normally during the 10-15 minutes. This helped many patients not only to better the work of their kidneys, but also, in addition with other methods, to fully heal. Even though from the medical point of view healing in these cases doesn't exist and is possibly only a remission. But in the world practice there is big number of examples of healings from incurable illnesses. Method of visualization is used in many healing and spiritual applications.

First, flared, a thought is born, giving a material embodiment. This is its quality. Remember, that according to the researches of Iskakov, thought is material and has a weight of 10-39 grams.

5. Self-discipline, power of will

Self-discipline is not a fight with yourself, but a fight for yourself. Human must control all of his negative emotions. If you want to become a master of life-situations, first learn on how to control yourself. In the focus of our conscience there have to be only positive thoughts present. Extremely important, as mentioned above, is to get rid of destructive forces of feeling guilt and aggression which are directed towards self, close ones, surrounding situation, events, as well as to get rid from uncertainty and fear. By being guilty or hating someone or the situation, person is lacking the most important – the self control.

You already have ingredients to be healthy and happy, so learn how to correctly treat this treasure, think positive, then you will be able to control your condition, your fate, even your thoughts. This fact mirrors Godly nature of the human, which was created according to the image of God.

Human is the only creature on the Earth, which is able to change his fate. If you can control your conscience, emotions, then your subconsciousness and higher consciousness are also in the harmony. For the correct and regulatory treatment we have the power of the will. It is necessary for achieving goals and also for physical perfection.

6. Sixth Sense

Human receives information also through nonphysical channels – intuition, or sixth sense. The ability to use this sense comes slowly, resulting from specific training and internal readiness to its understanding. Sometimes this feeling is called intuition, voice of the higher I.

The ability to recognize this voice without confusing it with the voice of the intellect, which is often wrong, is not possessed by everyone. However, often the first thought is usually a voice of intuition, but the next thought appears, which is sent to us by the intellect, which does not have the full information.

With the help of intuition a person connects to the sources of information, which are located outside his knowledge, outside his personal experience, or, reading information through higher consciousness, which comes from Higher Intellect.

Most important is to recognize the voice of intuition. For this, it is necessary to have a concentration of the positive thoughts.

7. Love, Joy

They are surely some of the most positive emotions. They carry creative harmonic vibrations, which help Subconsciousness to realize and carry ideas into effect. These feelings help transforming correctly your idea into a setting inside the Subconsciousness and Higher Intellect. Higher Intellect knows how to obtain the realization of your ideas.

Laws of illnesses and bad luck.

There are many reasons that breed illnesses and bad luck. Among them are the following:

1. Inability to control your consciousness, getting used to having bad thoughts, pessimistic outlook, fallibility to negative emotions, umbrages, aggression.

All of it leads to sad results. If you imagine that intellect is an ocean and subconsciousness is

a deep current, then it is obvious that intellect has a surface and depth, though both of it are parts of the whole ocean. Work of the deep intellect (subconsciousness) is closely connected with our habits. All thoughts, independently from our wishes, are traveling into the deep intellect and automatically continue to work there. Bad mood, depressions are the results of revolving of bad thoughts, which got into the deep intellect and became commonplace.

You made yourself either a pessimist or an optimist. You chose who you wanted to be.

But we can become who we want to become and we have to learn it, just like we learn how to dance or play on piano. Deep intellect can transform our choice into reality, because it has an access to unlimited resources. The level of our mental states creates different situations, which made us the way we are. We can direct thoughts of deep intellect to a higher level, using the power of conscious choice, which is possessed by our consciousness.

No matter what is our current status – it is a result of our thoughts. If on your path you have met people who somehow influenced on your state, then it happened only because you weren't thinking correctly. Using those thoughts you attracted to yourself these people and brought to life those events.

1. Inability to love yourself. This is expressed in the insecurities, in personal strength – bad thoughts and statements regarding yourself, even as a joke, bad diet or some other expressions of neglecting yourself.
2. Negative traits of character – irritation, touchiness, jealousy, judging other people and their behavior. Negative emotions are accompanying these traits, enabling negative vibrations and attracting negative energy, meaning bad luck.

Success, healing, well-being are formed in the deep intellect, and only then in the outside world. Bad, black thoughts continue their work and in some time they give an outside result, and people are surprised – where did all the troubles come from? It does not mean that Fate is punishing you for something, - it is a linear consequence. But we can consciously choose only good thoughts, learning on how to keep the focus of our consciousness only on everything positive.

Your life path is not set by the Fate. You are free to choose. In the moment, when we create a setting on achieving a specific result, in motion there are unseen deep processes, which help with the realization.

3. Intolerance. This state means, that person is “closed” towards the new knowledge, new ideas. It leads to inability to accept correct decisions, inability to cooperate and inability to have real acceptance of different surrounding situations, and also the factors, which are not inscribed into situational imagination or opinions.
4. Fear. As a rule, it grows from uncertainty in yourself and indecisiveness. Its roots are always located in the subconsciousness and are noticed in every disturbance.

There can be different types of fears: fear of disease, fear of death, fear of being poor, fear of aging, fear of disappointment, fear of bad luck in love, fear of suspense.

But fear is only a state, which kills the confidence in yourself and in your abilities, lowers the concentration of thoughts and clarity of thinking, changing goals in life, destroying the intuition, weakens the power of will and leads to laziness. It destroys personality and blocks the success, destroys new beginnings, harming the health. But only in the case, if we choose it.

5. Feng Shui

For being healthy, happy and living according to the laws of luck, you have to take care of your house – place where we receive strength and energy. Ancient proverb says: “My house – my fortress”.

What kind of house do you have? And what do we mean by this term? Since house is not only walls, windows and doors, it is not only a place where we can arrange the furniture as we want,

and do the activities that we like. House is reliable and loyal friend. We need to learn only on how build the relations with him, love him, find the common language. And then it becomes native and will defend you from troubles and worries, will give you strength and health – physical and spiritual.

To make your house your ally and friend, to create good, kind atmosphere, it is necessary to look for a common energy of the whole building, and also to analyze the place where it is located. Energy of the house depends on geology of the Earth, magnetic poles, geological strains, which can be hidden deep inside earthly crust, and underground rivers. If power lines going through your house, do they create a negative influence on the surroundings? In the places of faults and in the cracks of crust there are impulses of electromagnetic fields, and these cracks can be filled by the underground water flows. In these points using technology there are fixated changes of ionized composition of air. Presence or absence of these occurrences shapes the geological energy of the house. Besides it, on the general condition of the house, there are influences of furnishing energy: furniture, books, works of art are carriers and transformers of the information field.

Gamma of colors in the furnishing of your house: color of the furniture, walls, lighting, sunlight, which goes through windows, feeling of spacing, also carry energy charges.

And we don't even have to talk about the meaning of emotional atmosphere of the house, which is created by its inhabitants. House, like a living organism, reacts on the smallest changes of climate of the human relations, it is happy towards warmth, mutual understanding, agreements, love. Then everyone notices – on how comfortable is the nest. Your house is like sponge, it takes in all the thoughts and worries, becomes not an impassive and indifferent audience of the every day life, but the most real and active participant of your entity.

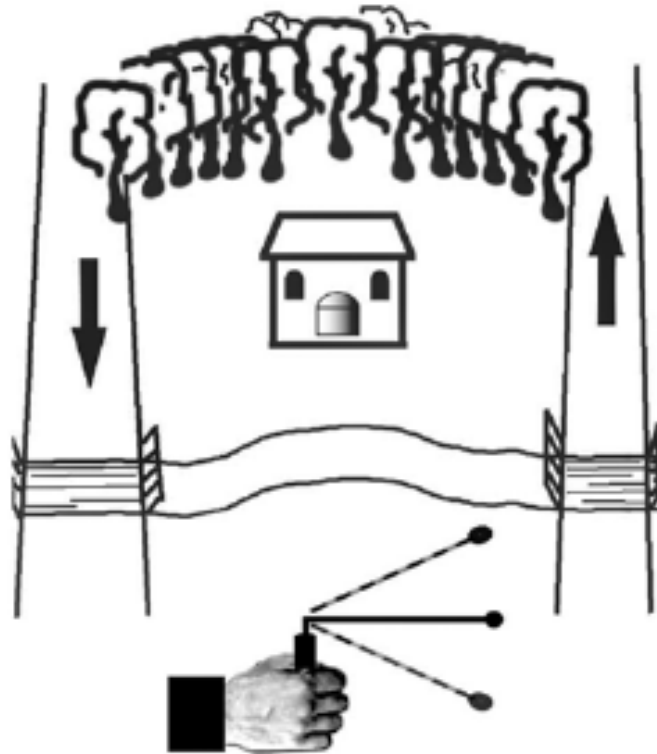
Is everything all right with your house?

Before diagnosing it, you have to pay close attention on your personal health in that apartment.

If your health have worsen or if you got chronic diseases, headaches, weakness, constant sleepiness, then it is necessary to check your residence for possible geo-pathogenic zones. These occurrences are hazardous to your state of health. Especially if your bed, or a place for rest is located above the underground anomalies. If geo-pathogenic lines do intersect in the place of bed, they form a net of Hartman, which frequently leads to serious diseases in those areas of the body, which correspond to these intersections.

We know that on the surface of the Earth there is a spread of standing energy waves, in their nodes there is a formation of bio-pathogenic zones. These energy waves themselves have a width of 20 to 30 centimeters, they lie from East to West and from North to South, - interval between them can be from 2 to 25 meters. These lines are also called A. Hartman's net. Bio-pathogenic zones are those points where the lines intersect. As a rule, cats choose for their rest those "pathogenic" places. Dogs on the other hand, like well-being zones, that's why if you have a dog, then before choosing a place for your bed, watch which part of the room she would choose for her rest.

There are different methods to determine those zones. One of them is dousing rod, which can be made out of wire, by bending it in the form of letter Γ , with dimensions of 1.618 to 0.618. This ratio is called "gold" or "Godly". V. I. Vernandskiy knew this ratio, and it was first mentioned by Pythagoreans, who noticed, that even musical row is built according to this principle.



In order to find pathogenic zones, you have to take dousing rod and hold it over the map of the house, or walk with it in your apartment, holding it in your hand, checking the important places, where you eat, work, sleep. Get ready, so your higher I and the intellectual channel will be sending you information. Place the long part of the dousing rod on your pinky and grab it with the rest of your fingers, so it could revolve. You can also place dousing rod in the cavity of pen. In the places of bio-pathological zones the dousing rod will turn. This will happen to any person, without exception. With the help of this dousing rod you can check any product, medicine, herb. For this, you have to sit at the table and place on it object that you want to research. Before checking, decide – at which side the dousing rod should turn, to say “yes”, and in which side it should turn to say “no”. When this happens, there is a reading of the information by your subconsciousness from the information field.

In order to determine if there is an existence of geo-pathogenic lines in the place of your bedroom, or in the room where you spend a lot of time, you can take dousing rod in your right hand, hold it so it can freely revolve, and carefully analyze your house. In the places where dousing rod will start to turn or deviate, then those are unfavorable places of your apartment.

If you don't have a dousing rod, you can use a ring or a suspension from natural crystal on the thread. Your subconsciousness will control the movement of the suspension, and you will be able to determine the dangerous zones. It is desired, that before you will start determinations of the zones or lines, you will be mentally prepared and decide for yourself – which movements of the dousing rod or suspension will you treat as a presence of geo-pathogenic zones: deviation to the left – geo-pathogenic zone, or revolving movement – intersection of these lines. Revolving of the ring or suspension – intersection of the geo-pathogenic lines, movement counterclockwise – geo-pathogenic line, movement clockwise – the end of the line, beginning of the normal zone and so on.

Possible diseases, which are caused by the pathogenic radiation.



Lung Cancer, Spleen.



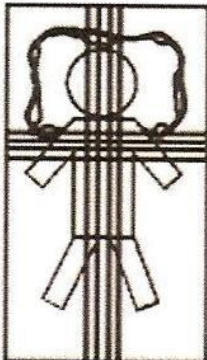
Breast cancer, arthritis of shoulder joint



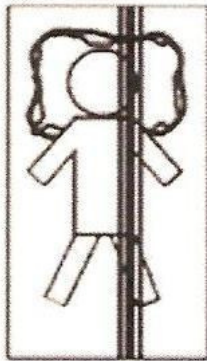
Bladder cancer, genitals



Upper body cancer, heart attack, multiple sclerosis



Sleep at the complete intersection of the pathogenic zones. Cancer with metastates. Death.



**Simple water line -
arthritis in the left part
of the body**



**Depression,
migraines**



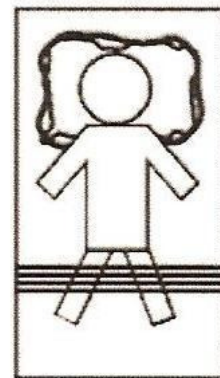
**Heart diseases,
mastopathy**



**Intersection of geo-
pathogenic lines in the
head area - brain
tumour, migraines.**



**Stomach cancer,
kidney cancer and
intestinal cancer**



**Arthritis of knees,
Trombus**

If the house or apartments are located at the intersection of a large fault (some specialists think that these faults can form a cell of 16 by 16 meters) and you cannot move to another place for any reason, then don't despair. In any house it is possible to find a place, where the influence of the radiation is less dangerous. In those corners you have to place beds, or make a workstation, or a place for rest. As a rule, pets feel good in the favorable places inside the house. That's why in ancient Russia before moving to a new house, people made the cat walk in first. If she moved inside the house and lied down, then people did not place a bed on that place, thinking that this part of the house is not for sleeping. Cats have the abilities to take out negative energy from the house. They even like to rest at the pathogenic zones, though not for long. Dogs, unlike cats, choose the places free from radiation. Dogs and other pets bring young, warm energy inside the house, called by Chinese - Yang, unlike the cold energy Yin. Besides this, a loyal dog can protect its masters not only from the physically, but also energetically, by taking the blows of negative energy on itself.

In places, where the radiation of geo-pathogenic zones is more active, you can place furniture, television set, refrigerator (it won't harm them) or plants, some product, which is made from crystal, amber. This way you will be able to partially neutralize unfavorable influence. And if the plant in some time will die, it has to be replaced by another plant immediately.

In ancient times, in Russia and other countries there were many methods to choose a favorable place during the construction of houses and churches. In the time of Peter the First, they used a simple method to determine the place for building. On equidistant places they hammered spikes and attached a piece of raw meat to each of the spikes (or in those places they put glass of milk). In the place where the raw meat would be fresher for a longer time period (and milk would not turn sour), there they would build houses.

Even at the first glance the place can already tell you a lot. It is necessary to attentively look over the surface of the area – does it have ravine, granite, dry water channels, was this area as a bottom of the river. Over old flows and water artery there is a growth of moisture loving trees – willow, alder, aspen, and oak. Fruit trees do not feel comfortable in geo-pathogenic zones, their leaves quickly turn yellow, get sick and dry up.

The majority of conifer trees, as well as lime and birch, in these zones do not feel favorably, which reflects on their outlook – they have excrescences, bifurcation of the stem, their shape becomes deformed. Mammals also dislike geo-pathogenic zones. Mice holes are always located outside of their presence.

Many nations have their own methods to determine favorable zones for building houses, and also how to calm the negative energy, if it is present in the house. The most description lies in the Chinese philosophy of Feng Shui, which gets more and more popularity in the West, because it saved practically all the ancient knowledge till the present day.

In regards to Chinese, the Feng Shui was for them a traditional method of living. This is science and art, which constantly influenced on construction planning of the Chinese cities, palaces, villages and even cemeteries.

The words Feng Shui in a literal translation mean wind and water. But this ancient art not only describes the environment. It also characterizes shape and harmony, formalization and means that when everything is located in its place, then life becomes better, because behind every recommendation regarding placing the furniture, planning of the house, arrangement of decorations, there are deep philosophic laws.

Water and wind – these are the hidden forces that influence on the fate of the person and form landscape. They are to different degree act at every point of space and carry in themselves energy Tsi. In China it is called a breath of cosmic dragon and it has a leading role in Feng Shui. Energy Tsi has many meanings – spirit, breathing, viability, energy of life, and beneficial energy. In India it is called Prana, in Japan it is called Ki, at Hawaii it is called Mana, these are the life forces, which pulsate everywhere. Tsi determines the condition of a person. It is what makes our body alive, fills us with energy and cheerfulness. According to the traditional Chinese medicine, Tsi flows in the human body on the meridians.

In eastern medicine the health of a person is judged by his energy state. All human systems – lymphatic, immune, hormonal, blood circulatory, and also muscles and bones depend on the energy Tsi.

Tsi is created when people pray or meditate, or create a work of art. Beneficial Tsi is constantly moving, slowly wriggling. It does not move in a straight line and it is not moving fast. It settles and accumulates in places, which are characterized by the balance of opposite energies – Yin and Yang. For the energy Tsi, it is necessary to have a fresh air, it shouldn't disperse or be blown away, that's why windy places are unfavorable for it.

Tsi, which is limited by water, stops and builds up. But the quality of water influences on the quality of Tsi. Fast, turbulent currents and rivers carry away Tsi. Dirty water makes it dirty. It is important to catch the cosmic breath of Tsi in a given place, by creating the environment, which helps to hold and store this lively energy.

According to Feng Shui the energy, which flows to house, shouldn't be stagnated and contaminated. It also shouldn't flow quickly. In these cases it turns in the destructible energy Sha.

By opening the door to your house, you allow energy Tsi to enter. However, on its way, it can also intake the energies of different qualities. If the door of your house is facing the beautiful

place, then Tsi will bring you peace and success. If the door is facing hospital and cemetery, than Tsi will bring you grief and fear. But in any case it is possible to neutralize the negative energy with the help of Feng Shui.

Philosophy of Feng Shui has ancient esoteric knowledge about different types of energies, about their paths and their different methods of influencing on people. It gives answers to the questions, on how to make the energy of your house not only safe, but also on how to make it positive.

Since Feng Shui has several directions, then recommendations of every one of them can be contradictory and in some cases – alternative. I strived to write a chapter about Feng Shui by combining some directions and take out the alternative, because in my opinion it is better not to do anything, than doing something bad.

In order to master the knowledge of Feng Shui, one does not need to have some supernatural abilities. These skills can be possessed by anyone who is willing to follow the practical principles of this science, which is based on common sense, intuition and exact knowledge of behavior of the Universe.

Feng Shui is only one of the components of Earthly success. There are two more that exist.

Heavenly success, which determines our fate (it is called Karma), on which we influence by our thoughts and actions. And personal success, which we create for ourselves, in other words, it is under our control. The time period of changing our fate to the better, depends on how we will use and influence on these three types of success.

In order to bring Feng Shui to your house, you can study it on your own. It is not that difficult and is pretty interesting. But in this world, there are not many real craftsmen of this science, because the large portion of the knowledge is transferred from generation to generation. That's why it is better not to invite unknown specialists of the ancient traditions, in order to not disturb the peace in your house, and not to harm yourself and your loved ones.

I know a person who turned for the help to one of the Feng Shui specialists, after his wife left him. But, obviously the invited specialist wasn't fully qualified, because after the energy realignment in the apartment, the master had to leave the country within a week, running from the government.

Those methods, about which I write, plus your personal intuition – and you certainly have it! – your wish to improve your house will lead to the good results. Many craftsmen of Feng Shui think that it is better to do Feng Shui on your own, or turn to the first class specialist. But there are not many in this world, because I repeat – the largest portion of knowledge is traveling from generation to generation.

The first mentioning about this ancient, developed philosophy is dated six thousand years before our era (BC). First and foremost, it reflected the relationship between human and his living place, his environment.

Feng Shui determines which conditions of the surrounding space (residence, office, place for rest and etc.) are influencing on us positively or negatively.

According to the traditional teaching, outside world is leaving blueprints on every individual, and if we change the settings, the surrounding, then we will change by ourselves and will change a lot in our life.

Hippocrates, for example thought, that the setting has a very strong influence on the process of healing.

Psychologists think, that on the first impression of seeing another person, there is a great influence by the setting in which he is located. And even if it is a photograph, then impression depends on the background, on which that person was photographed. That's why a person, who is photographed on the gray-dirty background, is attributed the qualities of sadness and sometimes even negative qualities, while the one who is photographed on a nice background – the qualities attributed are usually favorable and positive.

Ancient people knew, that the nature, which surrounds us is a life organism. Every nation had their own traditions, according to which they chose places for constructing houses or churches. Unfortunately, a lot of knowledge about these traditions did not reach us. The most amount of knowledge is saved in the ancient Chinese study of Feng Shui.

Using this knowledge, I try to give recommendations, which you can apply according to your culture and religion. For example, if you are a Christian, it is absolutely not necessary to have in your house a Chinese altar instead of an icon.

And if your house has a positive energy, good settings, then it is highly possible that you intuitively chose the good apartment, with comfortable furniture and successfully constructed everything in your house. But if this is not the case, then it is possible that this book will help you change a lot in your house and in your life.

Feng Shui gives the first meaning to the flow of the energy Tsi – life energy, or prana. All the living areas need this energy without exception. The deficiency of Tsi brings stagnation, the excess of it – chaos. Energy has to freely circulate around the house without any obstacles or “traps” – meaning it should not be blocked, and it should “flow out”, like in example if your house has a lot of doors and windows. But we will talk about this later in more details.

On today’s day there are several different directions of Feng Shui.

- shape school, which is based on the interpretation of shapes of objects, colors and etc., or the school is based on visual perception and personal sensation;
- compass school – analysis of the surrounding with the help of compass, with taking into consideration of astrological data about the members of the household.
- pyramid school, which goes beyond the traditional Chinese art of Feng Shui, but is aimed on understanding of reasons and requirements, which are preserved in the traditional art. This school is closer to our time and is more attributed to the European understandings.

Using Feng Shui in its original outlook, sometimes attracts the attention of some mystical traditions, as for example, the transfer of “secret” knowledge, but it should not breed the dependency on them, just because they brought positive result, which is due to be paid with money for the received knowledge from the master.

The directions of the Feng Shui school – Black sect upholds the ancient traditions of transferring knowledge: every time people share the information for exchange of energy between the person who receives knowledge and the person who is giving out the knowledge. In exchange for this knowledge it is supposed to send some amount of money in the new, red envelope. However, in the new or in the European understanding it is not always the case, because people think that some rituals are identical with the superstition.

Different ceremonies and prayers are used to improve the situation and to remove a problem. There are some directions of Feng Shui, which require obeying of all the ceremonies.

But the best choice of school is the one, which consults and uses all the data about the climatic conditions, culture of the specific nation, intuition.

But here is an example: one of my acquaintance, who read a lot of books about Feng Shui, have hanged a red ribbon with the magic writing, obviously, in Chinese language, which she saw in one of the stores. The Chinese-seller has recommended her this ribbon with the writing in order to improve her business. But her husband reacted negatively: “You should have also placed a picture of the Mao Zedong! Our house looks like a Chinese store!”

What does this say about it? It says, that you should choose those aspects, which correspond with your culture and taste, so your house would have a good Feng Shui, and make everything in a way so the positive energy Tsi can freely circulate and flow in all the sectors, which are responsible for your business, health, family, luck, children, friendly relations, or the sectors which correspond to your personal Pa Kua number, which corresponds to your year of birth (See Table # 1).

Table # 1

Animals	Western Calendar	Kua for Males	Kua for Females
Rat (water)	Feb 18, 1912 – Feb 5, 1913	7	8
Ox (water)	Feb 6, 1913 – Jan 25, 1914	6	9
Tiger (wood)	Jan 26, 1914 – Feb 13, 1915	5	1
Rabbit (wood)	Feb 14, 1915 – Feb 2, 1916	4	2
Dragon (fire)	Feb 3, 1916 – Jan 22, 1917	3	3
Snake (fire)	Jan 23, 1917 – Feb 10, 1918	2	4
Horse (earth)	Feb 11, 1918 – Jan 31, 1919	1	5
Sheep (earth)	Feb 1, 1919 – Feb 19, 1920	9	6
Monkey (metal)	Feb 20, 1920 – Feb 7, 1921	8	7
Rooster (metal)	Feb 8, 1921 – Jan 27, 1922	7	8
Dog (water)	Jan 28, 1922 – Feb 15, 1923	6	9
Boar (water)	Feb 16, 1923 – Feb 4, 1924	5	1
Rat (wood)	Feb 5, 1924 – Jan 23, 1925	4	2
Ox (wood)	Jan 24, 1925 – Feb 12, 1926	3	3
Tiger (fire)	Feb 13, 1926 – Feb 1, 1927	2	4
Rabbit (fire)	Feb 2, 1927 – Jan 22, 1928	1	5
Dragon (earth)	Jan 23, 1928 – Feb 9, 1929	9	6
Snake (earth)	Feb 10, 1929 – Jan 29, 1930	8	7
Horse (metal)	Jan 30, 1930 – Feb 16, 1931	7	8
Sheep (metal)	Feb 17, 1931 – Feb 5, 1932	6	9
Monkey (water)	Feb 6, 1932 – Jan 25, 1933	5	1
Rooster (water)	Jan 26, 1933 – Feb 13, 1934	4	2
Dog (wood)	Feb 14, 1934 – Feb 3, 1935	3	3
Boar (wood)	Feb 4, 1935 – Jan 23, 1936	2	4
Rat (fire)	Jan 24, 1936 – Feb 10, 1937	1	5
Ox (fire)	Feb 11, 1937 – Jan 30, 1938	9	6
Tiger (earth)	Jan 31, 1938 – Feb 18, 1939	8	7
Rabbit (earth)	Feb 19, 1939 – Feb 7, 1940	7	8
Dragon (metal)	Feb 8, 1940 – Jan 26, 1941	6	9
Snake (metal)	Jan 27, 1941 – Feb 14, 1942	5	1
Horse (water)	Feb 15, 1942 – Feb 4, 1943	4	2
Sheep (water)	Feb 5, 1943 – Jan 24, 1944	3	3
Monkey (wood)	Jan 25, 1944 – Feb 12, 1945	2	4
Rooster (wood)	Feb 13, 1945 – Feb 1, 1946	1	5
Dog (fire)	Feb 2, 1946 – Jan 21, 1947	9	6
Boar (fire)	Jan 22, 1947 – Feb 9, 1948	8	7
Rat (earth)	Feb 10, 1948 – Jan 28, 1949	7	8

Ox (earth)	Jan 29, 1949 – Feb 16, 1950	6	9
Tiger (metal)	Feb 17, 1950 – Feb 5, 1951	5	1
Rabbit (metal)	Feb 6, 1951 – Jan 26, 1952	4	2
Dragon (water)	Jan 27, 1952 – Feb 13, 1953	3	3
Snake (water)	Feb 14, 1953 – Feb 2, 1954	2	4
Horse (wood)	Feb 3, 1954 – Jan 23, 1955	1	5
Sheep (wood)	Jan 24, 1955 – Feb 11, 1956	9	6
Monkey (fire)	Feb 12, 1956 – Jan 30, 1957	8	7
Rooster (fire)	Jan 31, 1957 – Feb 17, 1958	7	8
Dog (earth)	Feb 18, 1958 – Feb 7, 1959	6	9
Boar (earth)	Feb 8, 1959 – Jan 27, 1960	5	1
Rat (metal)	Jan 28, 1960 – Feb 14, 1961	4	2
Ox (metal)	Feb 15, 1961 – Feb 4, 1962	3	3
Tiger (water)	Feb 5, 1962 – Jan 24, 1963	2	4
Rabbit (water)	Jan 25, 1963 – Feb 12, 1964	1	5
Dragon (wood)	Feb 13, 1964 – Feb 1, 1965	9	6
Snake (wood)	Feb 2, 1965 – Jan 20, 1966	8	7
Horse (fire)	Jan 21, 1966 – Feb 8, 1967	7	8
Sheep (fire)	Feb 9, 1967 – Jan 29, 1968	6	9
Monkey (earth)	Jan 30, 1968 – Feb 16, 1969	5	1
Rooster (earth)	Feb 17, 1969 – Feb 5, 1970	4	2
Dog (metal)	Feb 6, 1970 – Jan 26, 1971	3	3
Boar (metal)	Jan 27, 1971 – Feb 14, 1972	2	4
Rat (water)	Feb 15, 1972 – Feb 2, 1973	1	5
Ox (water)	Feb 3, 1973 – Jan 22, 1974	9	6
Tiger (wood)	Jan 23, 1974 – Feb 10, 1975	8	7
Rabbit (wood)	Feb 11, 1975 – Jan 30, 1976	7	8
Dragon (fire)	Jan 31, 1976 – Feb 17, 1977	6	9
Snake (fire)	Feb 18, 1977 – Feb 6, 1978	5	1
Horse (earth)	Feb 7, 1978 – Jan 27, 1979	4	2
Sheep (earth)	Jan 28, 1979 – Feb 15, 1980	3	3
Monkey (metal)	Feb 16, 1980 – Feb 4, 1981	2	4
Rooster (metal)	Feb 5, 1981 – Jan 24, 1982	1	5
Dog (water)	Jan 25, 1982 – Feb 12, 1983	9	6
Boar (water)	Feb 13, 1983 – Feb 1, 1984	8	7
Rat (wood)	Feb 2, 1984 – Feb 19, 1985	7	8
Ox (wood)	Feb 20, 1985 – Feb 8, 1986	6	9
Tiger (fire)	Feb 9, 1986 – Jan 28, 1987	5	1
Rabbit (fire)	Jan 29, 1987 – Feb 16, 1988	4	2
Dragon (earth)	Feb 17, 1988 – Feb 5, 1989	3	3
Snake (earth)	Feb 6, 1989 – Jan 26, 1990	2	4
Horse (metal)	Jan 27, 1990 – Feb 14, 1991	1	5

Sheep (metal)	Feb 15, 1991 – Feb 3, 1992	9	6
Monkey (water)	Feb 4, 1992 – Jan 22, 1993	8	7
Rooster (water)	Jan 23, 1993 – Feb 9, 1994	7	8
Dog (wood)	Feb 10, 1994 – Jan 30, 1995	6	9
Boar (wood)	Jan 31, 1995 – Feb 18, 1996	5	1
Rat (fire)	Feb 19, 1996 – Feb 6, 1997	4	2
Ox (fire)	Feb 7, 1997 – Jan 27, 1998	3	3
Tiger (earth)	Jan 28, 1998 – Feb 15, 1999	2	4
Rabbit (earth)	Feb 16, 1999 – Feb 4, 2000	1	5
Dragon (metal)	Feb 5, 2000 – Jan 23, 2001	9	6
Snake (metal)	Jan 24, 2001 – Feb 11, 2002	8	7
Horse (water)	Feb 12, 2002 – Jan 31, 2003	7	8
Sheep (water)	Feb 1, 2003 – Jan 21, 2004	6	9
Monkey (wood)	Jan 22, 2004 – Feb 8, 2005	5	1
Rooster (wood)	Feb 9, 2005 – Jan 28, 2006	4	2
Dog (fire)	Jan 29, 2006 – Feb 17, 2007	3	3
Boar (fire)	Feb 18, 2007 – Feb 6, 2008	2	4

a) According to your Kua number, you can now determine your positive and negative directions, depending on your date of birth;

Table # 2-a

Kua Number	1	3	4	9
Best Direction	S/E 4	South 9	North 1	East 3
Health	East 3	North 1	South 9	S/E 4
Love	South 9	S/E 4	East 3	North 1
Personal Spiritual Growth	North 1	East 3	S/E 4	South 9
Best from the worst	West 7	S/W 2	N/W 6	N/E 8
Worse	N/E 8	N/W 6	S/W 2	West 7
Much worse	N/W 6	N/E 8	West 7	S/W 2
Can't be any worse	S/W 2	West 7	N/E 8	N/W 6

Table # 2-b

Kua # Direction	5 Female	5 Male	2	6	7	8
Best Direction	N/E 8	S/W 2	N/E 8	West 7	N/W 6	S/W 2
Health	West 7	N/W 6	West 7	N/E 8	S/W 2	N/W 6
Love, harmony (good position of the entrance door)	N/W 6	West 7	N/E 8	S/W 2	N/E 8	West 7
Personal Growth (To position the working table)	S/W 2	N/E 8	S/W 2	N/W 6	West 7	N/E 8
Best from the worst	East 3	South 9	East 3	S/E 4	North 1	South 9
Worse	S/E 4	North 1	S/E 4	East 3	South 9	North 1
Much worse	South 9	East 3	South 9	North 1	S/E 4	East 3
Can't be any worse	North 1	S/E 4	North 1	South 9	East 3	S/E 4

b) Since we know, that everything in this world is made up of information, then obviously, Chinese traditions, which built up during centuries and helped people during a long period of time, carry informational flow, to which it is possible to tune in and positively (or negatively) influence on the state of health, success in business, in family, opening up your personal potential.

But from another, karmic, point of view, you live in a house, which you currently deserve and if you decide to change it, then you internally ready to change your fate to the better.

Because Feng Shui is an ancient Chinese discipline, then in its European version, there is a tendency to keep the name and its basic position, to maximize its adoption for people of different nationalities and religions.

Feng Shui determines, what kind of influence surrounding environment poses towards us – positive or negative – and it is aiming to change it to the better. The flow of energy Tsi, according to the traditional teaching, influences on our life, health, and successes. Since the surrounding environment calls upon a signal of our subconscious level. It is not necessary to go into details of this or that reaction, but everyone of us was feeling good, comfortable, free at one environment, but in another environment – uncomfortable, although it looked like there are no objective differences or reasons between these two states of environments.

Information from our environment usually penetrates not only in our consciousness and subconsciousness, but also in our higher consciousness.

Feng Shui gives us a real ability to correct the influence of bio-pathogenic zones of our surroundings, influence of electromagnetic fields on the human.

Every one of us gets to the house or an apartment, to which we belong, we are attracting the living space, which corresponds to our current financial, family, emotional and physical state. And the aim, designation of Feng Shui is to improve to the maximum the environment in your house or to help you find something else, a residence, which will energetically positively influence on you.

In Feng Shui it is not required to use everything that it recommends you. Choose only what corresponds to your taste and what you can practically do.

Use the combination of methods. Visualize everything that you like to achieve. Make a cleaning of those things that you don't need. If you want to get something, then first you have to free up space in your apartment, closet or garage. There is a long known truth: the more we do, the more we get. Give the things you don't need to those who need them, and you will make a good deed for yourself and for others.

It would be nice if you will not only clean the space, but also if you will be mentally cleaning it. A person gives off a lot of energy, which influences on the surroundings.

Before waiting for the success from Feng Shui, it is necessary to break internal barriers of uncertainty, criticism. You have to believe in what you do.

Mental cleaning means self-programming for success, liquidation of all the negative energies, cleaning of mind from the blockages, which are obstacles to the free flow of energy. It is important to clean yourself from emotional baggage. Even if it seems to you that you had a right to be mad or hurt, it is necessary to forgive and free yourself not only from animosity, fear, umbrages and other negative emotions, but also from the negative energies, that they carry.

Mental clean up raises the spirit, and attracts us to unusual vibrations of the creative energy.

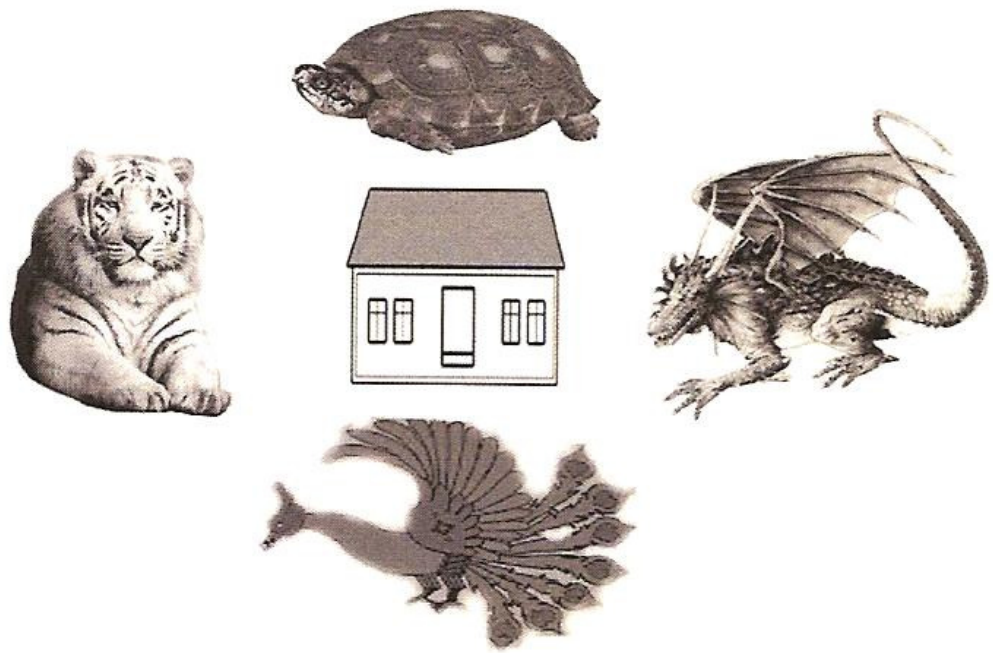
Energy comes in different forms – it can be love, financial blessing, friendship, fame, or success. Feng Shui controls the cosmic energy Tsi, which is attracted to those who are calm and ready to receive and control it.

But it is impossible to follow all the rules of Feng Shui. It is only possible to aim to do what is in your power, because our surroundings and satellites of life can enforce only so much of influence, as much as we allow them.

Feng Shui specialists think, that your house is equivalent to your body. All successes, life lucks have a linear dependency relationship with your house. Energy Tsi does not depend on fate, but is dependent on the internal energy at the given moment.

It is highly possible that there is a connection between astrology and Feng Shui. Every Feng Shui specialist has to have astrological knowledge. In China it was considered, that every astrologist must know Feng Shui.

Lets look at one of the directions of Feng Shui, which is based on the model of four heavenly animals: turtle, tiger, dragon, and firebird (phoenix). See picture:

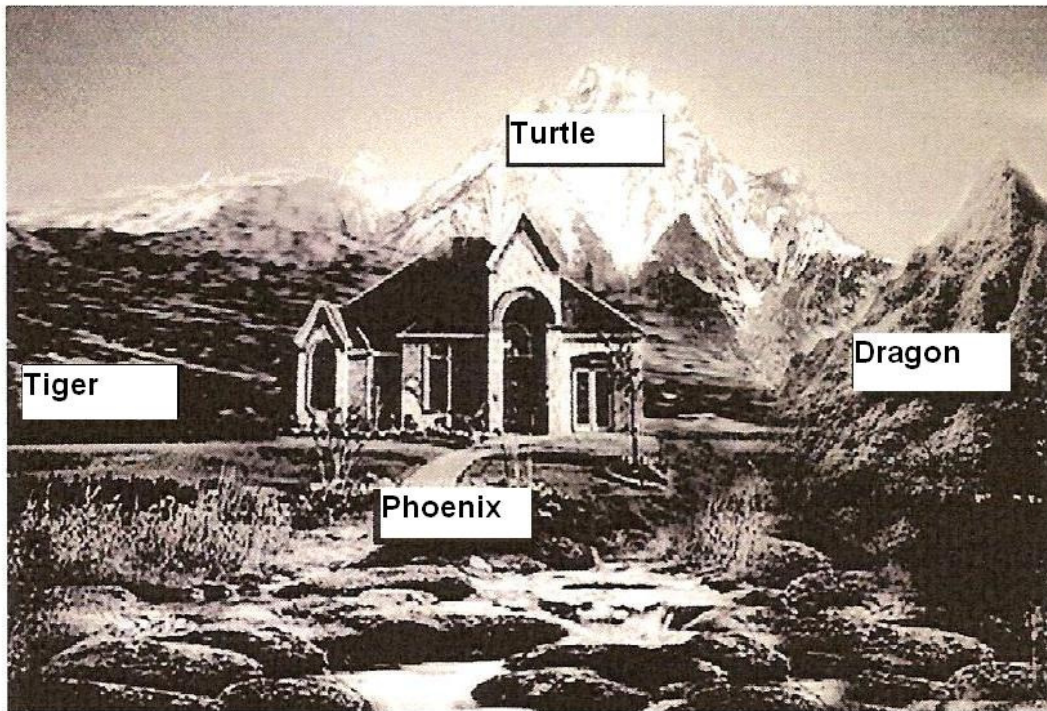


This direction is related to formal or landscape school. In ancient China a good Feng Shui was determined by the correct choice of location, where basic importance was given to natural relief of location, which consisted from hills and water reservoirs. In modern world, especially in the city, landscape is replaced by buildings, roads, streets, squares.



Life, cosmic energy Tsi picks up the energy of everything that is on its way and possesses different qualities. Every kind of energy corresponds to its own smell, color, and own vibrations.

Traditionally these features are connected to one of the four animals.



From the North, where the symbol of the black turtle is, there is a flow of the feeding energy Tsi. She is sleepy, calming and stable. Usually it is positioned behind the object (ideally – at the North), brings luck in issues of help and support. It is imagined in a shape of mountains or hills, tall trees (preferably taller than your house). It relates to the energy Yin. If behind the object that you watch, the turtle is missing, than Feng Shui will not be complete, because the defense and luck are absent.

West is territory of the white tiger and the energy Tsi, flowing from the West.

White tiger symbolizes everything that is placed to the right from the door (in ideal scheme – on the west), if you look outside from the house. Tiger gives protection and patronage, but also has some unpredictable and destructive characteristics, if he is bigger in size than the dragon, which is located to its right. Energy of the white tiger has positive qualities, when the dragon is present. Patronage of the tiger will save a family from the robbery and other misfortunes. But the energy of the tiger must be controlled by the energy of the dragon. Tiger can be imagined as short trees or hills, small constructions or a road, which goes from the house and carries away negative energy.

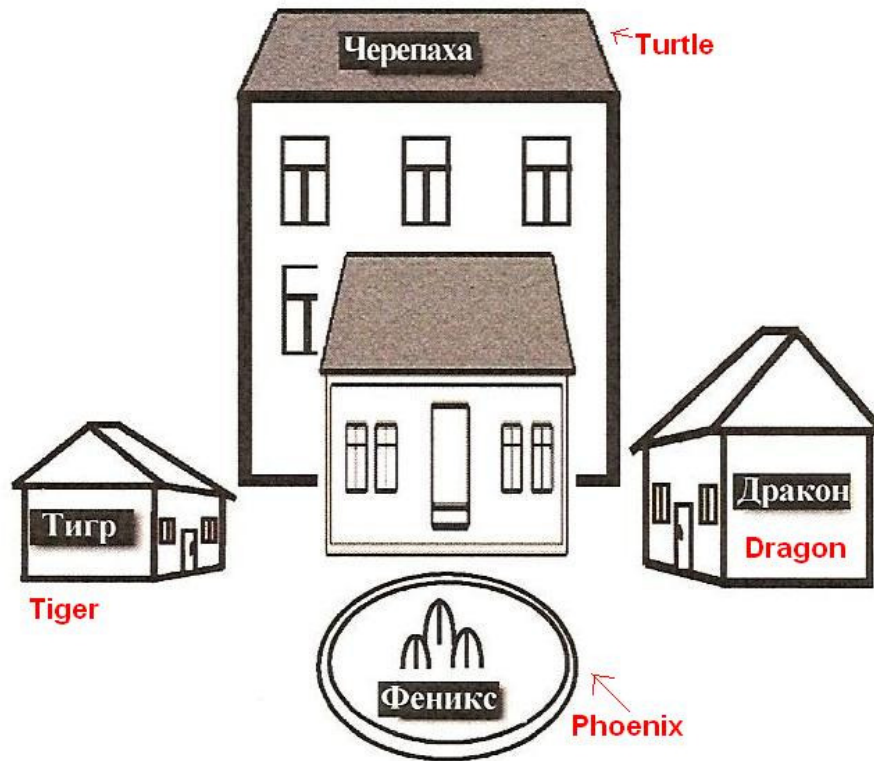
East – part of the green dragon, from which there is a flow of a soft, lively, cosmic energy.

Energy of dragon comes from the left of your door (ideally from East). This animal brings luck in all the aspects of the material success – standing in the community, authority, power, and the most importantly – health. It is one of the brightest symbols of luck. According to the Feng Shui laws, the place should be higher from the left than to the right – in other words, dragon has to be taller than tiger. Dragon is imagined as a long, tall hills, trees or houses, and also imagined as a road, which goes from left to right, relatively to the entrance door, if we look from inside the house.

Red bird Phoenix brings luck, festivity and fame. The place of Phoenix is located in front of your house, opposite to the entrance door (ideally – at the South) and it carries the energy

Yang. It is imagined as an open space with a small elevation, for example, with a flowerbed, fountain, or pond. In some cases – it is imagined as a slowly flowing river.

But the placement of the animals on practice often does not correspond to the ideal placement, and because this scheme of the house is rarely met in a real life, then we have to determine the placement of heavenly animals corresponding to the main entrance in the house.

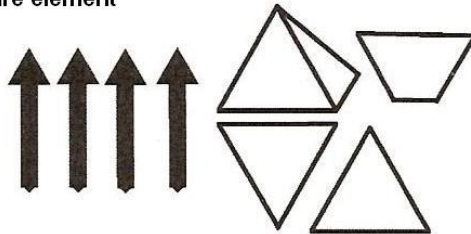


Another, no less important aspect of Feng Shui is a theory of five elements. For every person, with his personal number (Kua number), there is a corresponding element, which is based on the date of birth and is also under the influence of Yin or Yang. Although every one of us is made up from these five elements – fire, water, wood, metal, earth.

Five elements are connected with the five directions, which are the four sides of the Earth – North, South, West, East and center. Four main directions correspond to the four quarters of the sky, where Chinese astronomers singled out four constellations: Black turtle, Sky-blue (or Green) dragon, Red bird Phoenix and White Tiger. Since all the watching was done from Earth, then the center corresponding to these elements is Earth.

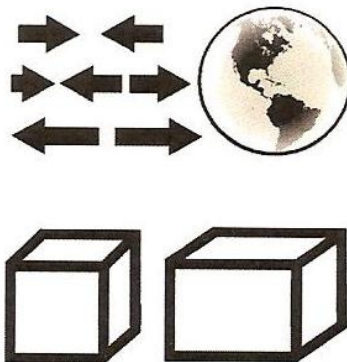
Fire – Highest element. Shape – triangular. Direction – South. Cannot exist on its own, it has to be created. Fire energy brings fame and recognition. Fire has to be held under control. Symbol – bird Phoenix. People of fire, who like changes and sharp sensations, must avoid Sun heat.

Energy and Shape of Fire element



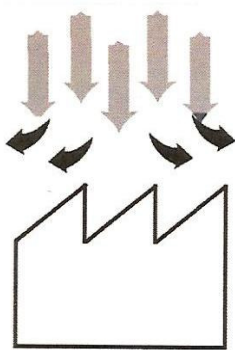
Earth – Fundamental energy, symbolizes fertility and family happiness. Color – ochre, shape – square. Direction: Southwest, Northeast and center. Symbolizing mother. A person of the Earth – diplomat, who likes people, loves attention and must avoid moisture.

Energy and Shape of Earth element



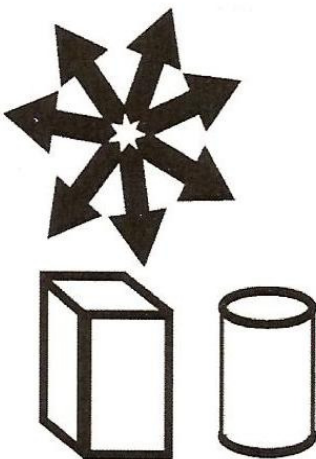
Water – Energy of water is the energy of wealth. Color – black, blue. Shape – wavy. Direction – North. Symbol – black turtle. Water is a powerful element. Excess of this energy can lead to devastation, if it will turn into flood. If using correct awakening in harmony with other elements, than it leads to flourishing, wealth, and success in business. People of water are thinkers, who like intellectual exercises, hate danger, and must avoid coldness.

**Energy and Shape of
Water element**



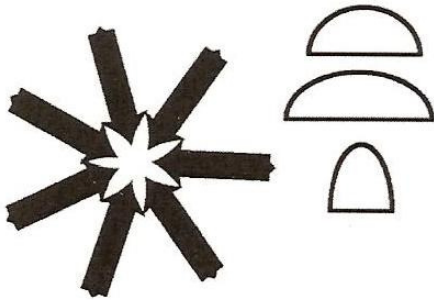
Wood is energy, which brings growth. Color – green. Shape – rectangle. In Feng Shui it brings harmony, family happiness and health. Its directions are East and Southeast. Energy of the wood carries luck of generations. Symbol – green dragon. Its placement is left from the entrance to the house (Looking from the inside the house). Person of wood is a researcher, who loves labor, has goals set, afraid of draughts.

**Energy and Shape of
Wood element**



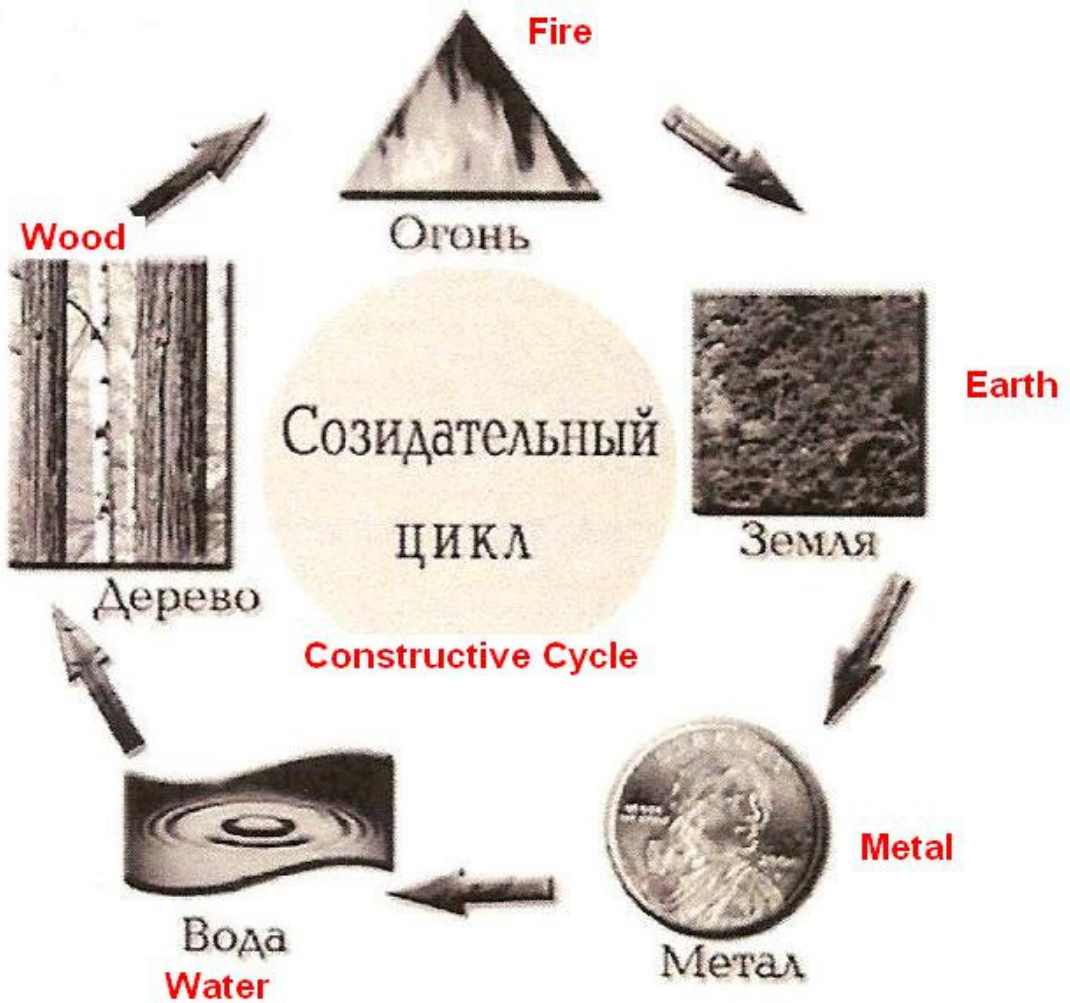
Metal – brings luck to the famous and useful to community people. Color – white. Symbol – white tiger. Placement – from the right of the main entrance to the house (Looking from the inside the house). Shape – round. Direction – West, Northwest. Associated with the gold and silver. Symbolizes master, father. Person of steel – catalyst, who likes punctuality and control, hates disorder, must avoid dryness.

Energy and Shape of Metal element



Energy of all elements constantly interacts and has a dynamic character. Some elements react on each other positively, creating by it a Constructive Cycle. Other - oppositely, interact unfavorably, creating a Destructive Cycle.

Constructive Cycle



Water generates Wood, but Wood depletes Water.
 Wood generates Fire, but Fire devastates Wood.
 Fire generates Earth, but Earth devastates Fire.
 Earth generates Metal, but Metal depletes Earth.
 Metal generates Water, but Water devastates Metal.

For example, in order to strengthen Southeastern sector (small tree), it is possible to add water energy, for example – aquarium with fishes, because water generates wood, thus the position of Southeast will strengthen. But to place a large plant at the North is not recommended because wood depletes water – weakening the North position (business). It is better to place a metal vase at the North, filled with water or a small fountain, or hang a water picture, since the metal generates water.

Favorable colors for elements:

Wood – green, blue.

Fire – red, pink, magenta, violet, green.

Earth – brown, beige, yellow, orange, red.

Metal – gold, silver, brown, beige, yellow, orange.

Water – blue, black, silver, gold.

Destructive cycle of elements is the opposite of the constructive cycle and shows, how the antagonism of elements can lead to destruction:

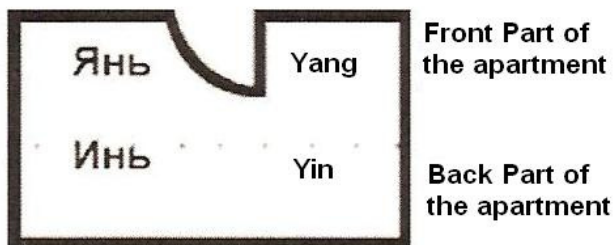


Wood destroys Earth.
 Earth destroys Water.
 Water destroys Fire.
 Fire destroys Metal.
 Metal destroys Wood.

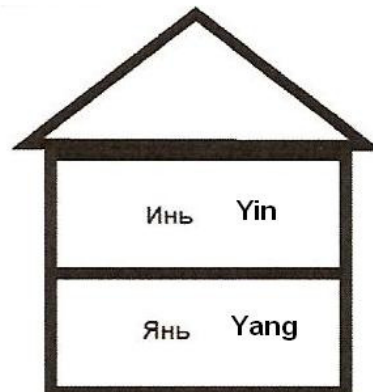
Unfavorable colors for the elements:
 Wood – gold, silver.
 Fire – blue.
 Earth – green.
 Metal – red, magenta, pink.
 Water – brown, beige, yellow, orange.



Basic appliance of Feng Shui is tied to the analysis of the elements and their balance, and also the balance of energies Yin and Yang. Yang is spirit, usually associated with light, day, masculinity, activity, summer, south, warmth, Sun, outer surface of the object. Yin is material, darkness, night, femininity, calmness, winter, north, coldness, inner surface of the object



Ratio of Yin and Yang energies in the apartment



Ratio of Yin and Yang energies for the two-story house.

If Yang completely suppresses Yin, then Yang becomes non-existent. Yin shouldn't be very strong also, because it can destroy Yang. That's why it is very important for them to co-exist in harmony.

Breath of the dragon is central theme of Feng Shui. The whole Universe contains lively energy Tsi, or as it is called in the East, Prana. This energy never moves in a straight line, and only builds up in those places, where there is a balance between Yin and Yang.

Human body is an accumulator of Prana and also its transformer. Our viability and health depend on this energy and from the correct use of this energy by our body.

That's why for receiving the well-being in your house, it is necessary that all elements: water – wood – fire – Earth – metal, each of them corresponding to a specific part of the Earth and specific parts of the body, were in full harmony with one another.

In other words, the correct accumulation of the energy in the body has to correspond to the harmonized energy of the house in which you live in.

Knowing your Kua number from Table # 1 (see page 39), you can determine your belonging to East or West group; four favorable directions; best direction for success; best direction for personal growth; best direction for health; best direction for marriage and love; sectors of the house, which are not favorable for you.

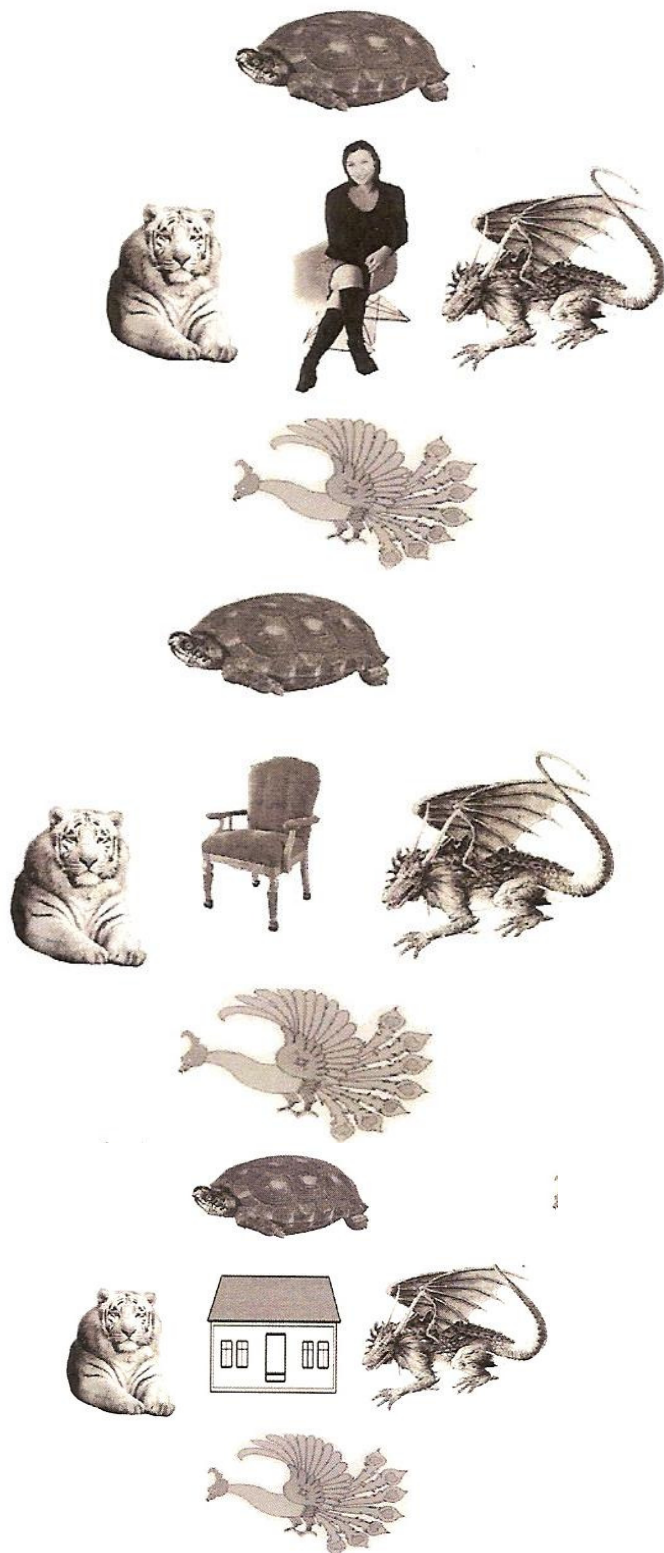
After determining your favorable sectors and directions, you can empower them by energizing.

Find your Kua number in the table and determine your lucky elements.

Your Kua #	1	2	3	4	5
Your success Element	Small Wood	Small Earth	Fire	Water	Small and Big Earth
Your health element	Big Wood	Small Metal	Water	Fire	Small and Big Metal
Your love element	Fire	Big Metal	Small Wood	Big Wood	Small and Big Metal
Your educational element (symbolizes water)	Water	Big Earth	Small Wood	Big Wood	Small and Big Earth

Your Kua #	6	7	8	9
Your success Element	Small Metal	Big Metal	Big Earth	Big Wood
Your health element	Small Earth	Big Earth	Big Metal	Small Wood
Your love element	Big Earth	Small Earth	Small Metal	Water
Your educational element (symbolizes water)	Big Metal	Small Metal	Small Earth	Fire

When you choose a place for your home or your place inside a building – as for a job, or for the rest – it is necessary to consider the energies, which are imagined through four heavenly animals, or in other words, use the “principle of armchair”, which considers the energy of four heavenly animals, where turtle symbolizes the back of the armchair, left arm – energy of the green dragon, right arm – energy of white tiger, and the space in front – Phoenix the bird.



When you choose a place, it is also necessary to consider your favorable sectors and directions, according to your personal Kua number in the table.

Turtle means everything that is behind you and the defense, stability of the energy, or the space that is defended.

It is based on the ancient instinct of the human to never turn with your back towards the danger. People feel better when they feel behind themselves a presence of defense, something stable – wall, shield, tall back of the armchair. All of it symbolizes turtle. Also, it should be everywhere – at home and at work.

According to Feng Shui, if you will sit with your back turned to the door, than you will not sit there for a long time period. In that case, it is necessary to place in front of you a mirror on your desk, which will reflect the door or place a shield behind you and instinctive feeling of uncertainty behind your back will go away.

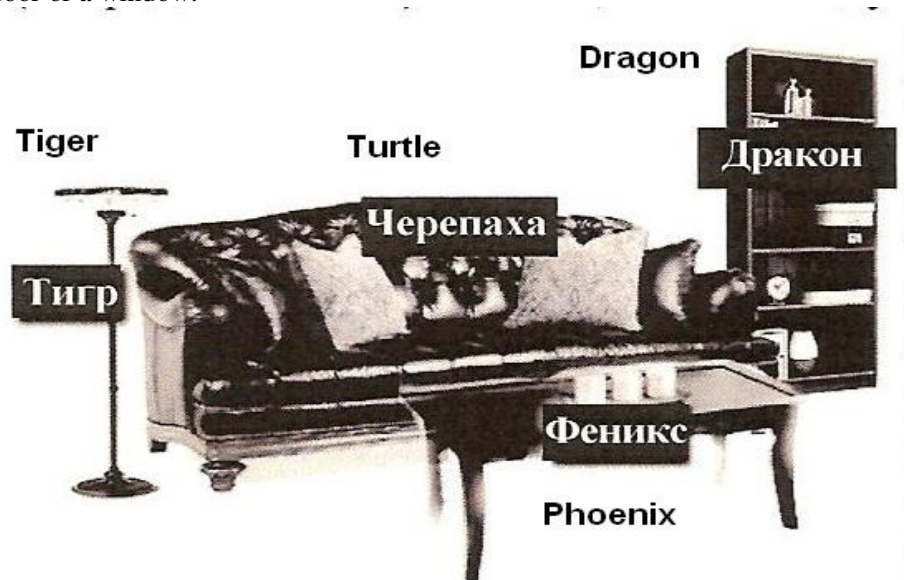
There is a Firebird (Phoenix) in front of you, in other words a free inflow of energy. It is desirable if there is a free space in front of you.

To the right – there is a tiger, symbol of big, not always controlled force. It means, that if you furnish your apartment or building a house, than it is necessary to put short (low) objects to the right of your favorite place. If it is a site for your future house, than it will be desirable that everything that is located to the right (hill or another house), will be shorter than everything that is located to the left.

Left part – is a Dragon, which symbolizes health, calmness and a development of thought, perspective and other. On this side it is good to place tall objects. This way you can choose an optimal location for the bed and for the dinner table, and for the house itself.

According to the Feng Shui laws, it is favorably to use armchair instead of chairs – since the back of the armchair symbolizes turtle, its arms correspond to tiger and dragon, and the space in front of you – Firebird.

Naturally it is difficult to obey all the laws, that's why lets learn the important – don't place your bed so your head will be facing the door, window, or an open space (in the middle of the room). Also, it is not recommended to work or study by sitting with your back towards the door or a window.



For example, near your sofa, where you spend your evening time in front of your television set, you should place a small, short stand or a tall vase (they will symbolize a tiger), and to the right – a tall plant or floor-lamp, which will symbolize the dragon.

In the front it is necessary to leave some space, where you can place a rug or place a small table. It is best to choose round, oval, square and rectangular table, or the one that resembles a correct octagon.

After constructing a house on the basis of astrological data and calculations of your favorable directions according to your personal Kua number, placement of rooms, bathrooms, kitchen and everything else, it is very important to choose a favorable placement of bedrooms for the members of your family.

If you decided to build or buy your personal house, using the knowledge and experience of Feng Shui, you can choose the most favorable house for your family.

In this book I am not holding a specific viewpoint of any of the schools. My aim is not to fully describe Feng Shui, which is practically impossible, because even masters of this ancient science, even devotees of one school, also hold opposing points of views.

This knowledge traveled over centuries from master to master and it always had a practical character. I describe only separate moments, which I use for my house or in places of my friends, trying to give it a more European character, and also give the basic understandings of Feng Shui and some of the symbols.

First: calculate your personal Kua #, which is dependent on your date of birth.

Or find it in the **table 5**.

For Men:	For Women:
Add the last two digits of your date of birth and if their sum will be greater than 9, then add these digits again. Then subtract this sum from 10. For example: year 1945.	Add the last two digits of your date of birth and if their sum will be greater than 9, then add these digits again. Then add 5 to their sum. For example: year 1949.
4+5 = 9; 10 - 9 = 1	4 + 9 = 13; 1 + 3 = 4. 4 + 5 = 9
Kua # - 1	Kua # - 9

According to Kua #, all people are divided into the East and West groups.

The people with Kua #s 1, 3, 4, 9 correspond to the East group.

The positive directions for the people of this group are: East, North, South, and Southeast.

Negative directions: West, Southwest, Northeast, and Northwest.

The people with Kua #s 5, 2, 6, 7, 8 correspond to the West group.

Favorable directions are: West, Southwest, Northwest and Northeast.

Unfavorable directions are: East, North, South, and Southwest.

Use your personal Kua # to find your favorable numbers of the sectors according to the table 2-a.

Table 2-a.
For East Group with Kua # 1, 3, 4, 9

Kua #	1	3	4	9
Best directions	S/E 4	South 9	North 1	East 3
Health	East 3	North 1	South 9	S/E 4
Love	South 9	S/E 4	East 3	North 1
Personal spiritual growth	North 1	East 3	S/E 4	South 9
Best from worst	West 7	S/W 2	N/W 6	N/E 8
Worse	N/E 8	N/W 6	S/W 2	West 7
Much worse	N/W 6	N/E 8	West 7	S/W 2
Can't be any worse	S/W 2	West 7	N/E 8	N/W 6

East: activate energy on the East with the help of pictures, which have water (water generates wood, which symbolizes East). Place flowers or green plants. Exclude all metal in this sector. Metal destroys wood.

North: aquarium or vase with water, in which artificial turtle swims, pictures with water sceneries, black or blue color.

Southeast: the same, you can also place a mini-fountain or aquarium with fishes.

South: Place some red-flowers, red rug and etc... Light the candles.

This will bring you luck.

West group: activate favorable for you sectors according to Table 2-b.

Northeast: Place natural crystals

Southeast: Crystals

West: Wind chimneys, any metallic things – strongbox, radio apparatus, television set, and computer.

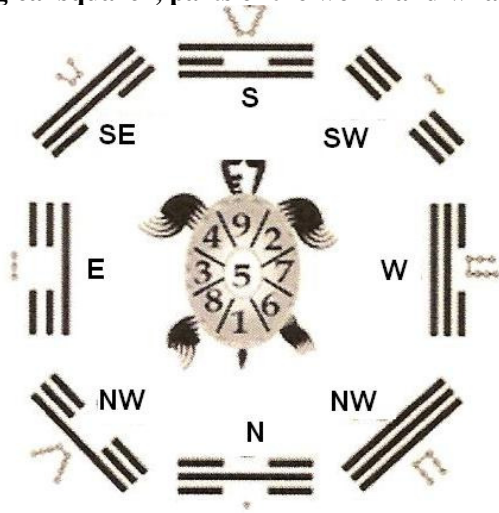
Northwest: same

For Western Group with Kua #s 2, 5, 6, 7, 8 table 2-b

Kua # direction	5 Female	5 Male	2	6	7	8
Best directions	N/E 8	S/W 2	N/E 8	West 7	N/W 6	S/W 2
Health	West 7	N/W 6	West 7	N/E 8	S/W 2	N/W 6
Love, Harmony (best position for entrance door)	N/E 6	West 7	N/E 8	S/W 2	N/E 8	West 7
Personal spiritual growth (place working table)	S/W 2	N/E 8	S/W 2	N/W 6	West 7	N/E 8
Best from worst	East 3	South 9	East 3	S/E 4	North 1	South 9
Worse	S/E 4	North 1	S/E 4	East 3	South 9	North 1
Much worse	South 9	East 3	South 9	North 1	S/E 4	East 3
Can't be any worse	North 1	S/E 4	North 1	South 9	East 3	S/E 4

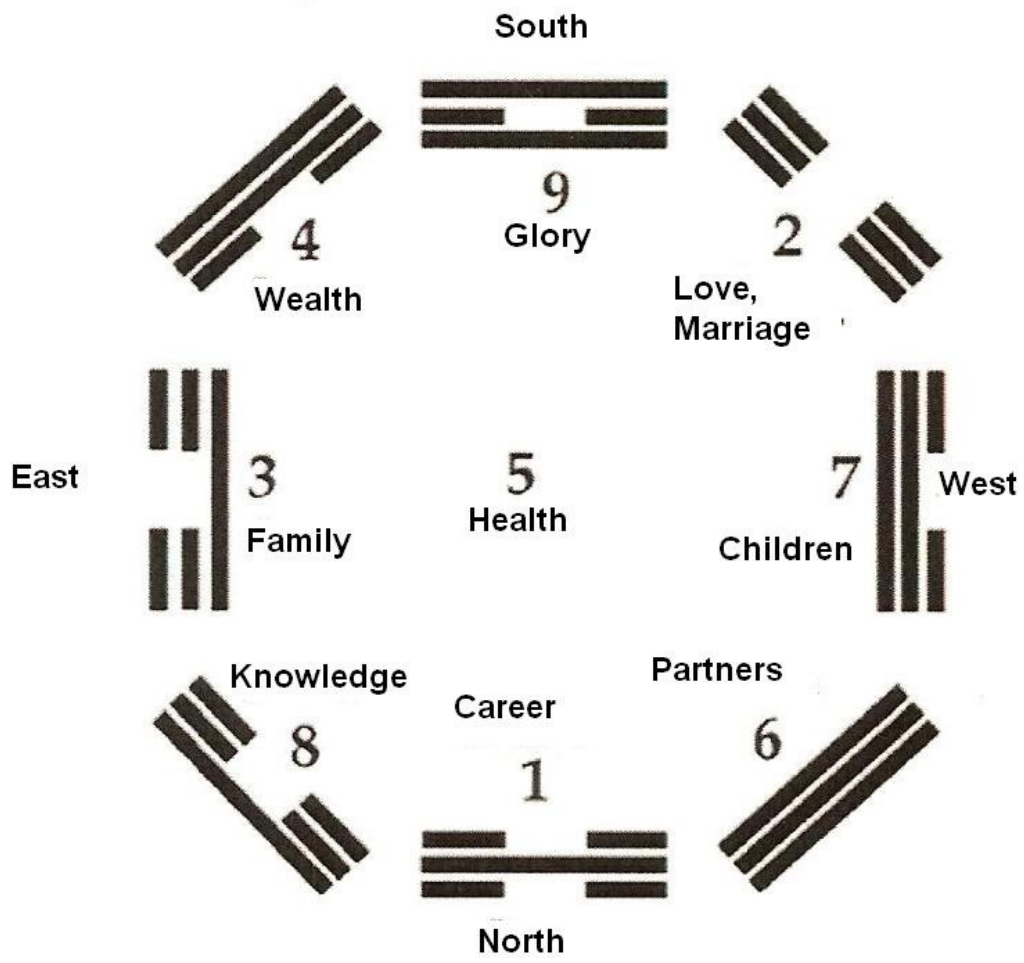
Kua # 5: directions for males and females are different. Find your favorable sectors in Table 2-a or 2-b.

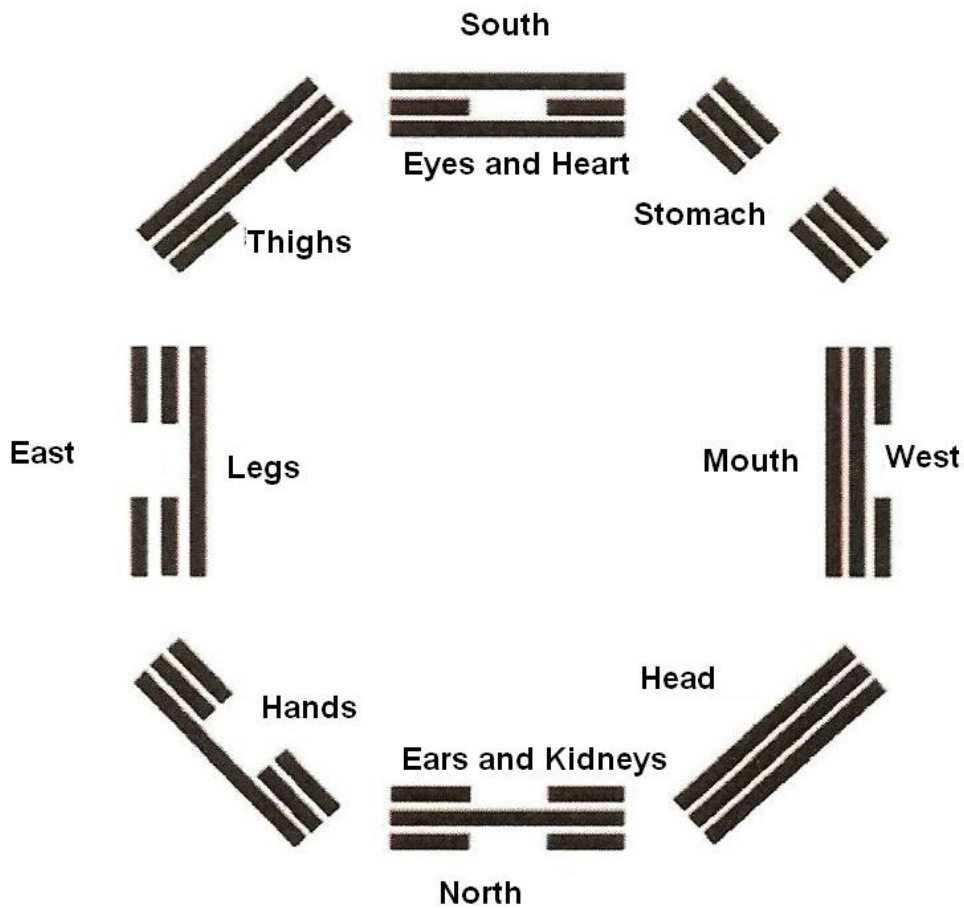
Method Pa Kua “magical square”, parts of the world and what they mean.



Magical square is called Pa Kua or Lo Shu square (in the future we will call it that), and the Kua number, which is inside it, is called a Lo Shu energy system with a simple Pa Kua numbers. Ancient Chinese legend says, that numbers of the magical square were brought on the black turtle’s shell about four thousand years ago.

Find your Kua #. Using the table 2-a or 2-b, find out for yourself favorable and unfavorable directions and their numbers on the magical square.





In order to activate your own house, garden, office, apartment, or to determine the favorable and unfavorable sectors (for example - in the kitchen when installing a stove), place a net of the magical square over the plan of your house, garden, or office, and determine your needed sectors in a given place. If some of the sectors of your plan are larger or smaller than the corresponding sectors of Lo Shu (not standard shape of the house), then it means weakening or strengthening of luck in these sectors.

Magical Square Pa Kua (Lo-Shu)

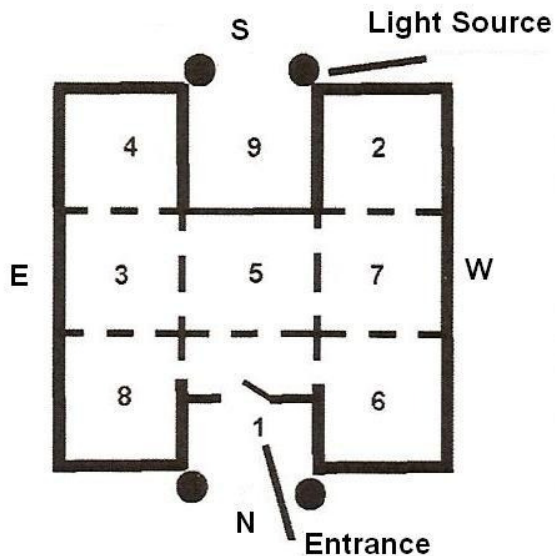
		S		
	4	9	2	
E	3	5	7	W
	8	1	6	
		N		

Every zone of Lo Shu reflects the specific spheres of life and shows, where the corrections are needed. Not always it is possible to place children in the zone 7, and in the zone 1 – writing table or a cabinet.

Draw plan of Lo Shu in your house for every floor separately (if there are several floors). Take the point of origin as your entrance door into the house or an apartment; on the next floor the entrance door is considered the area after the last stair.

<p>S/E</p> <p>Small Tree</p> <p>Wealth</p> <p>4</p> <p>Light-green</p>	<p>South</p> <p>Fire</p> <p>Respect, fame, glory</p> <p>9</p> <p>Red</p>	<p>S/W</p> <p>Earth</p> <p>Activates happiness, love</p> <p>2</p> <p>Light-green</p>
<p>East</p> <p>Big Tree</p> <p>Family relations, Health</p> <p>3</p> <p>Dark green</p>	<p>Center</p> <p>Health</p> <p>5</p> <p>Influences on the success of all the family</p>	<p>West</p> <p>Small Metal</p> <p>Children's success</p> <p>7</p> <p>White with silver and gold</p>
<p>N/E</p> <p>Activates knowledge, Successful passing of tests</p> <p>8</p> <p>Beige</p>	<p>North</p> <p>Water</p> <p>Career, business</p> <p>1</p> <p>Black, blue</p>	<p>N/W</p> <p>Big Metal</p> <p>Friends, help from the influential patrons</p> <p>7</p> <p>Gold, silver</p>

Apartment of Irregular Shape



Entrance is located in sector 1. This apartment of the incorrect shape, missing sector 9 – “Respect and Glory” and sector 1 “Career”, since “lost corners” – sector 1 and sector 9.

Try to make a correction using the selection of symbols and objects, which will smoothen the situation. For example, place from the exterior side one or two bright lights, from the internal side you can place mirror or place a plant with red petals (South), or a statuette. If the lost zones in the plan of your house can be filled with the energizing of these places (1 and 9), for example, in the working cabinet, in a living room, then it will be a perfect solution to this problem.

Magical square Lo Shu (Pa-Kua) symbolizes harmony of the five elements – water, wood, fire, Earth and metal. Every component represents a personal Kua #.

The name to magical square is given because, when adding three closely standing to each other digits you get a sum of 15. If you divide the plan of your apartment corresponding to this square, according to your Kua #, then you can determine positive sectors of your apartment. For example, if your Kua # is 3, then its going to be numbers: 3 – East, 4 – Southeast, 9 – South.

And sectors with numbers 5, 6, 7, 8 are unfavorable sectors for you.

With the help of placing a square Lo Shu on the plan, it is possible to correct any premises.

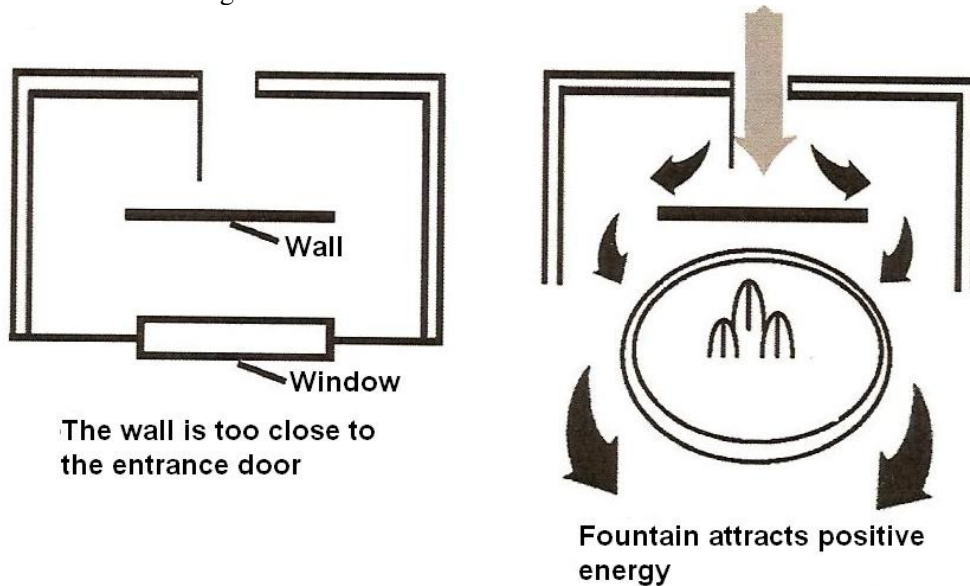
You can compensate disadvantage zones with the help of installing a source of light. It is also possible to put a plant, statuette or vase.

Favorable directions are recommended for usage during sleep (or, sleep with your head at the right for you direction). It is recommended, that there is no window, door or wall, which is connected to the toilet room, or bathroom, because in this case you are using the support of the turtle. It is also important that your bed is not reflected in the mirror.

During the nutrition, studying, work it is better to collocate yourself in the favorable for you sector of accommodation in the direction, which brings you luck. It is desirable, that behind your back there is no window, door, so that the turtle can be located behind you, as we talked about it earlier.

Office.

At the entrance to the building where your office is located, energy Tsi must move freely inside, without encountering obstacles.



Energy Tsi, which moves inside the hall of the building, is attracted by fountains and plants.

It is best to choose office, whose doors are directed at your favorable directions according to your Pa Kua #.

Office at the end of the long corridor is not recommended, because it collects and amplifies all of the energy of the corridor and this energy flows towards your cabinet.

If your office is located in the end of the corridor and you are unable to change it, then you have to correct the energy, by placing a plant (even an artificial one) near your entrance, wind chimneys, statuette, mirror doorplate, or crystal

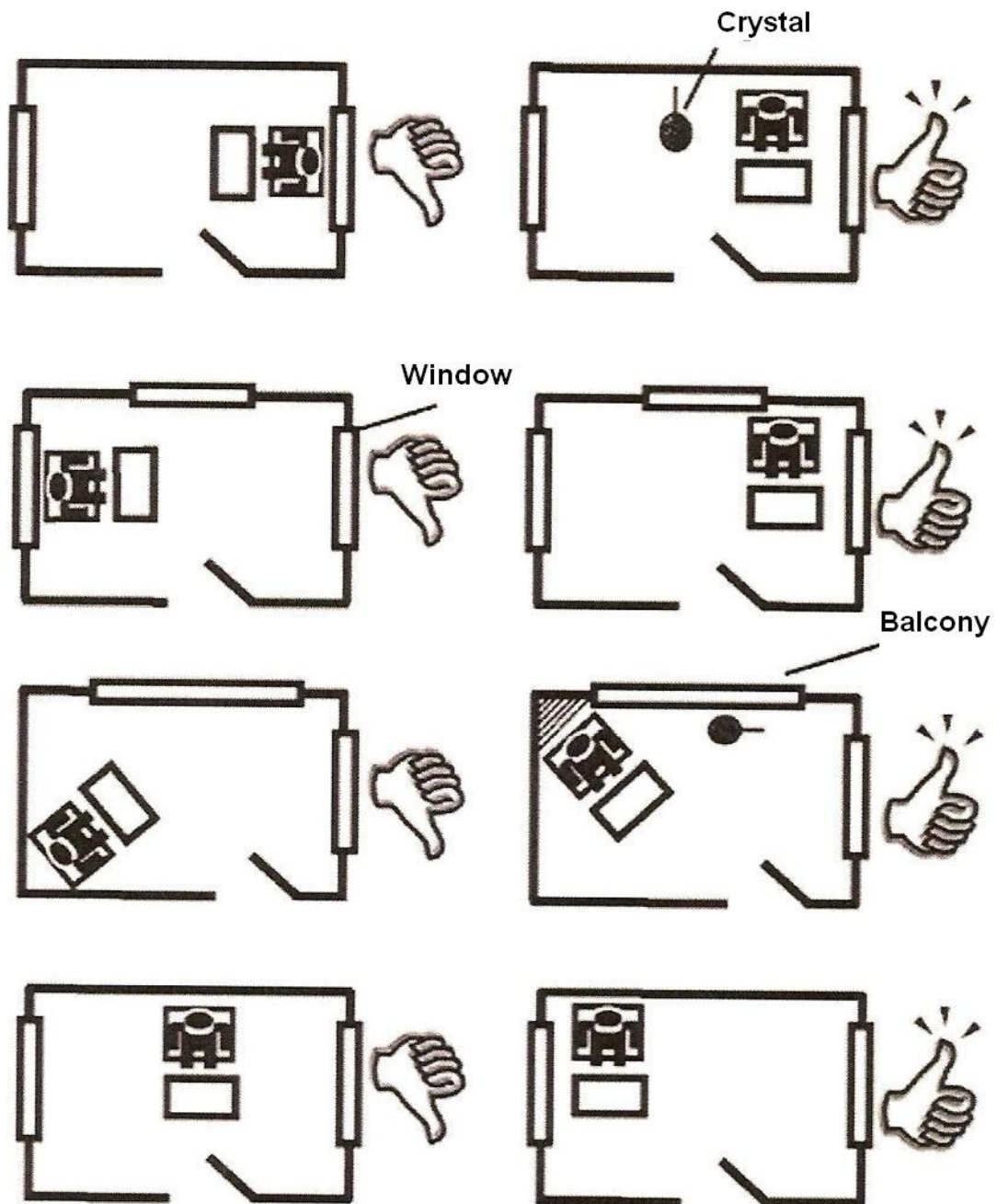
Offices whose doors are located oppositely from one another, usually lead to quarrels between the neighbors. In this case it is better to keep the doors shut. In front of the entrance for the calming purposes of the energy, it is better to place a flower, hang a mirror on the door, or a copper doorplate.

Also it is disadvantageous if the door of the office is located across the elevator or the stairs, because Tsi is going down and takes away luck and money. For correcting the energy you can use the following symbols.

Depending on the direction of the door, choose: for the directions East - wind chimneys, Southeast – bamboo, for West, Northwest and North – metal. For Southwest and Northeast – choose ceramic. In front of the entrance place statuette or a plant. Mirror doorplate can also help to reflect negative energy.

The most favorable and successful place for a working table in the office is a place, positioned diagonally from the door. You have to sit at that table so you can see the door. And behind you there is should be a symbol of your protection - wall with picture of the mountains on it. Sitting across the door or with your back towards the door – is a very negative position, it is

witnessing that there is no stability at your job.



Never choose a place for your working table, which faces door into restroom, elevator, or stairs.

If there are bulks on the ceiling, it is recommended not to sit under them, because it really causes different illnesses, all kinds of trouble, because these bulks form secret arrows of the killer energy Sha, which blocks the access to the lively energy Tsi.

Try not to sit in front of the column.

In order to improve the energy in your office, you can place flowers, aquarium with fishes (North or Southeast). Choose an armchair for yourself with a tall back (turtle). Book shelves are better used closed or have glass as their cover. If the luck and money depend on a telephone, place it on the Southeast or North part of your table. It is also good to place something red for activation in that direction, especially if according to your Kua #, there is a career sector on the Southeast.

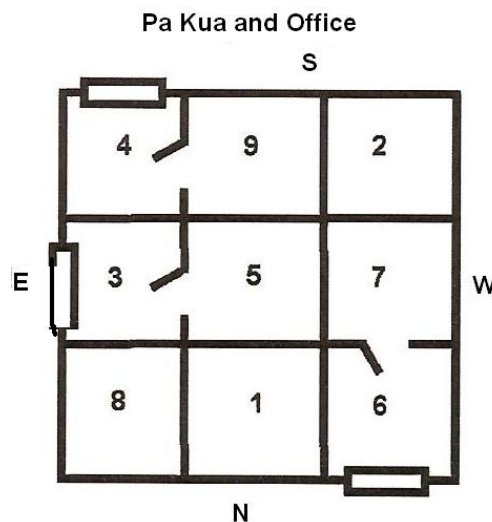
If for some reasons you cannot rearrange your table in a more favorable sector, then put a flower on or near it. If you are sitting with your back towards the door, then place a mirror in front of you, in order to improve the situation behind you and reflect the negative energy, which “squeezes” you out from your job. You can also draw a turtle on the back of the armchair, or place its symbol on the armchair.

Do not sit in the passageway – you will be constantly located in the negative energy whirl.

It is desirable that the windows of your office (and also of your apartment) were not facing the sharp angles of the roof, tower, skyscraper, hospital and etc.

Since it is not always available, you can smoothen this drawback by placing curtains, flowers, plants, wind chimneys, vases, statuettes, which will correct the energy flow.

The best place in the office is considered a “command position” – which is diagonally from the entrance, facing the door, and also the place in your lucky sector – according to your Kua #.



Office is located in the sector of human, whose personal Kua # is – 3. The window faces in the North direction, which is pretty much favorable direction. But sector S N-3 is not a lucky sector. If it will move to sector 3-East, then the window facing at the East direction will have a positive influence on his business and personal condition. But it is optimal to change office in the sector 4, - Southeast, with the window facing South, or in sector 9 South, with window facing South.

Lets recall, that for Kua # 3, South, North, East and Southeast are the favorable sectors and directions, to which correspond numbers 9, 1, 3, 4. The others, respectively, don't.

Business

In order to energize North, where the business zone is located, you can place fish, black turtle. Turtle symbolizes stability. It is also good to place aquarium in this sector. It is best, if there are three or nine fishes – eight red ones and one black (black – for

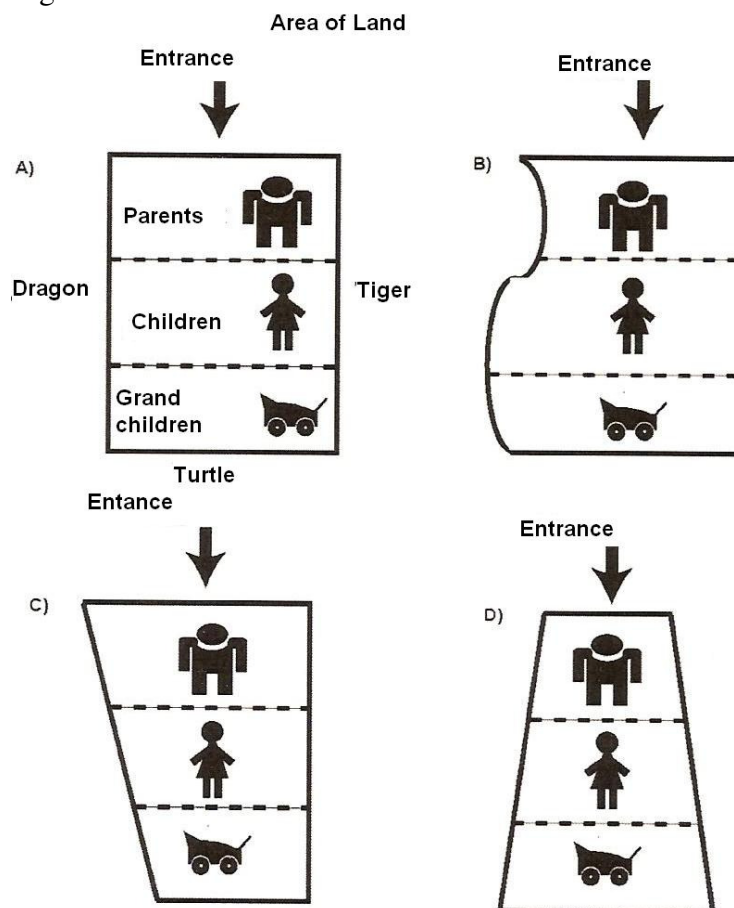
absorbing negative energy). You can hang a picture, which represents water element – for this zone, blue and black colors are favorable. It is also good to light a blue candle, which swims in the crystal vase, placing blue rocks on the bottom – which result in the activation of success in business.

Logo

Logo, symbol of corporation, always has to be coordinated with the principle of Feng Shui, since the unlucky logo can bankrupt the company. And oppositely, lucky logo can bring success. When creating the logo, you have to consider Kua # of the owner, and also the type of company activity.

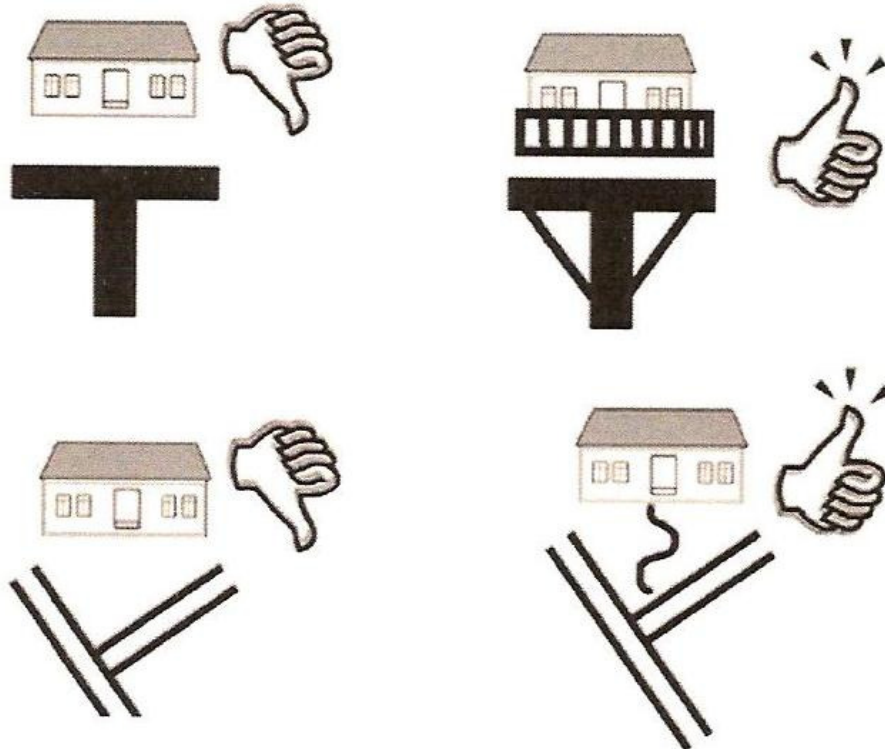
Choice of place for the house

When choosing a place for your house, the important factor is its shape. First “one-third” of the area mirrors the life of the parents, second “third” of the area mirrors children, third – grandchildren.



- a) Ideal area
- b) Parents work a lot, children will have easier life than their parents, grandchildren will flourish
- c) Parents have a good life, children will have difficulties, and grandchildren will have a lot of hard labor.
- d) Parents will get over the constant difficulties, children will be financially better off, and the third generation will have success.

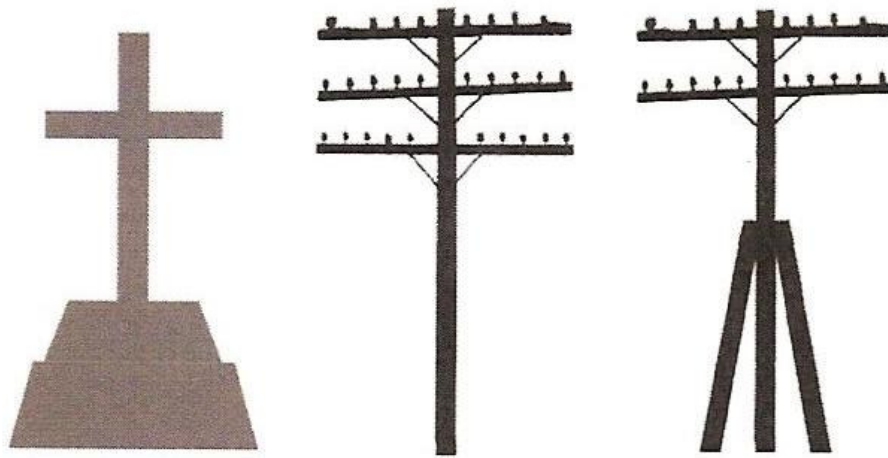
If the road to your house has a shape of the letter “T”, then it creates dangerous situation.



Negative, or striking energy of the road is accumulating and hits the door of your house.

To correct this situation you can place a light on one of the top places of the letter “T” – in order to distract the negative energy.

You can plant small trees or bushes, make a curved pathway, which will split the deadly energy of the road. You should plant lively fence from the brushwood along your house. Also will be helpful Y-like pathways.



Such constructions which are located near windows or entrances, create attacking energy Sha.

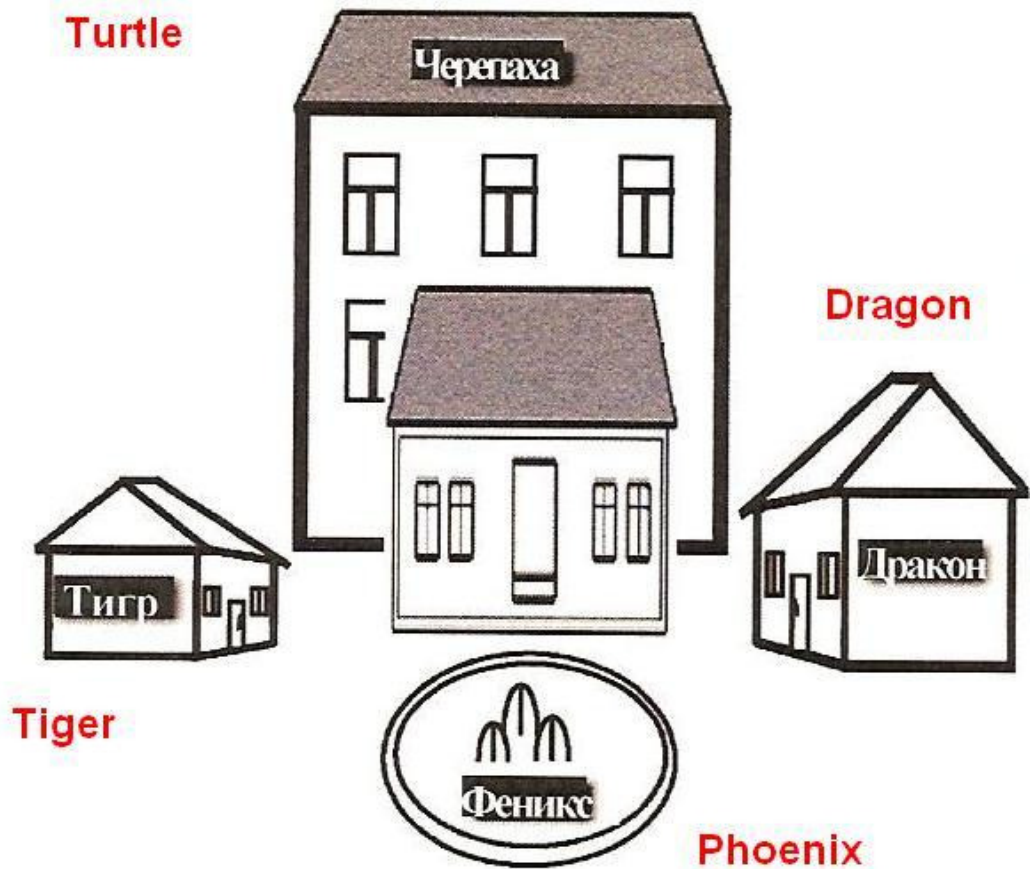
All high structures or roofs with sharp corners, buildings that are taller than your house, carry negative energy, by forming “arrows”, which are dangerous for you and your house. If those buildings are seen from your window, then definitely place a flower on your windowsill, or hang wind chimes. If the analogical situation is in front of your door, then you have to hang a magnifying mirror.

The principle of an armchair is considered to be an ideal principle in Feng Shui, because its back symbolizes stability, reliability, like a turtle. We always feel protected, if we don't have an uncertainty behind our backs. Armchair has to have elbow-rests, so we can put our arms on them. The energy of the right elbow-rest is symbolized by white tiger. Left elbow-rest is the energy of the dragon, which in the East is considered to be a very favorable and healing energy Tsi. That's why it is good for a house to have one tree to the left and one tree to its right. In front of the entrance to the house – there should be Phoenix the bird.

In the city conditions these symbols are replaced by the neighboring buildings.

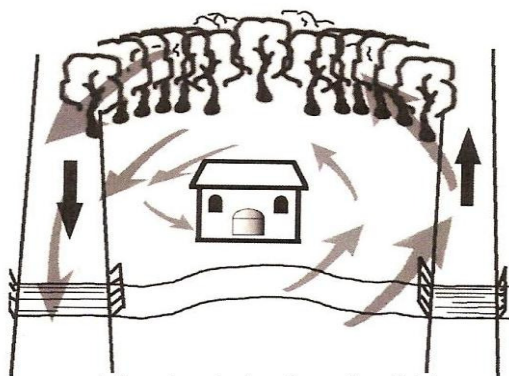
For example: behind your house – tall structure, to the right of your house – structure shorter than of your house (garage, outbuilding or a small neighbor's house), to the left of your house – a taller house.

Try to use this principle when choosing a house, even if you going to rent an apartment in this house.



For the first house its location is favorable. The road magnifies space in front of the house (which means financial gains), the movement directed from left to right (looking from inside the house), which is also good for the residents of the house – “breath of the Dragon” is strengthening.

Second house is positioned less favorable, since the road visually minifies the space, which is adjacent to the house (losses), and the movement from right to left strengthens the energy of White Tiger.

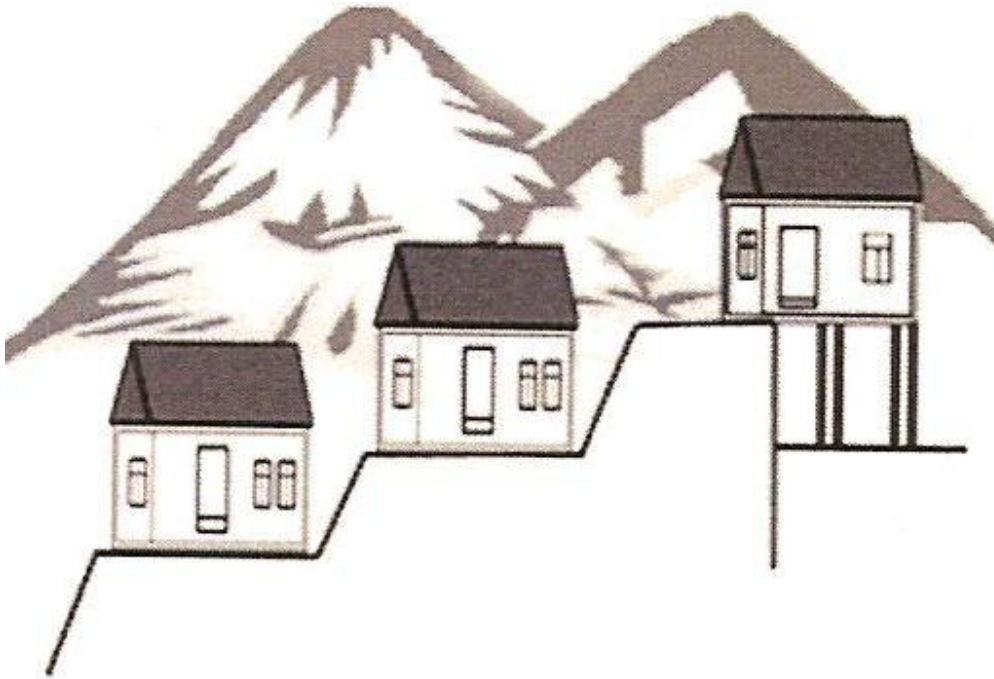


Tiger is missing from the right and dragon is missing from the left.

When choosing a place, it is necessary to consider the “armchair” principle, which I already described, where the back of the armchair symbolizes turtle (protection, stability).

Therefore, the basic principles of choosing a place of residence – try to pick a house according to the rule: at the back – turtle, from the left – dragon (building, mountain, any structure elevated to the right), and in front of the house is free space – Phoenix the Bird.

House 2 is positioned better: to the right – tiger, to the left – dragon, behind it – mountain (turtle).



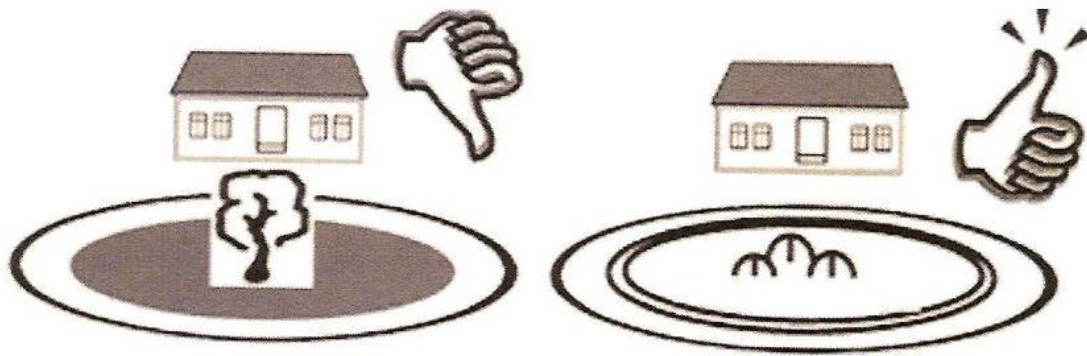
House 3 is positioned at the top of the mountain. This is dangerous, especially because part of the house is supported by bulks. There is very bad energy in this case.

The first house is better than the third, but worse than the second, since there is no “tiger” from its right.

Don't choose a house, which is located at the end of the road or at the crossroads, and also if it is blocked by construction equipment from all the sides (i.e. all houses around are higher than yours)

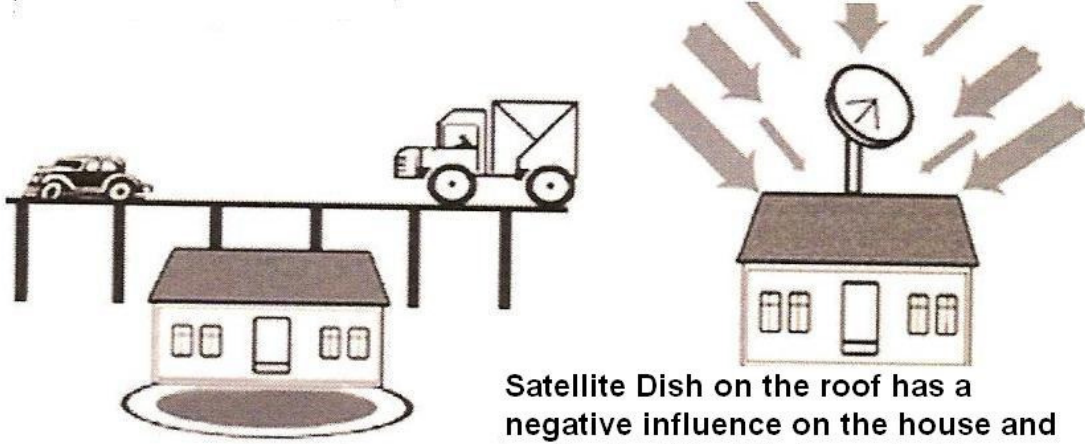
Don't choose a house, which leads to a noisy straight road. There is a powerful destructive energy.

Try to make sure, that your main door is not positioned towards a rising structure, towards a tall building or towards a wall, and also towards a single tree (absence of Phoenix).



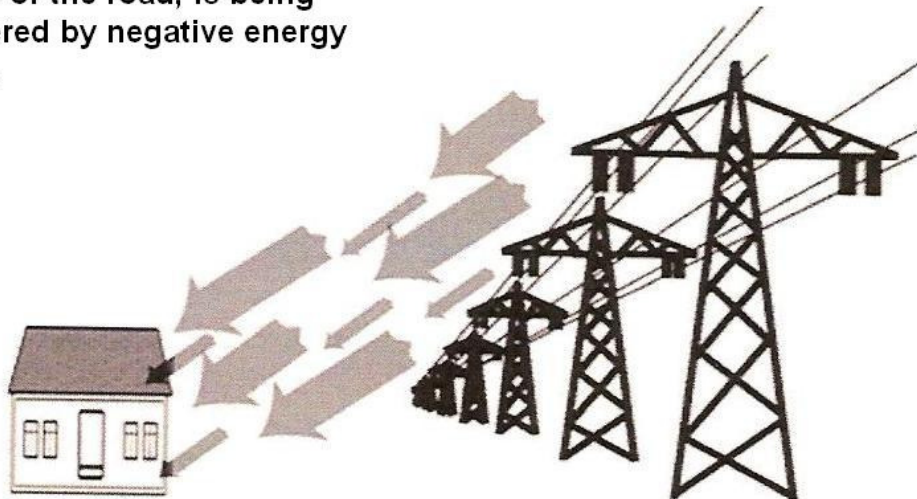
Don't live in the house, behind which there is a noisy highway or a river (absence of turtle).

Don't live in a house, if a road, which lies nearby, is higher than the fundamental elevation – energy accumulated by the road will close out the energy of the house.



House located below the level of the road, is being covered by negative energy Sha.

Satellite Dish on the roof has a negative influence on the house and on the health of its household members.

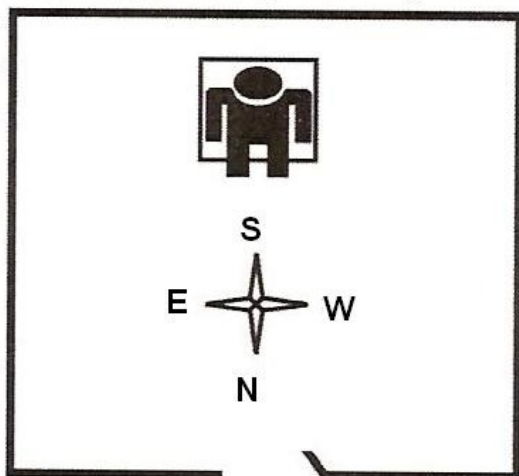


Energy Sha formed by Power lines is attacking the house.

Road, which passes near the house, always carries unfavorable energy. By making a semicircle pathway you will improve the situation.

Entrance Door.

According to the Feng Shui representation, the house is similar to the human face, where windows are the eyes, door is the mouth, through which the food energy is going in, that's why the position of the entrance door to your apartment or house is very important for success and health. The door should be positioned in one of your favorable directions according to your Kua # (see Table). It is determined using the compass – certainly from inside the apartment.



Your Kua #	Your entrance door facing:
6	South-West – rich and respected North-East-West – your descendants will be happy and rich
7	N/E –you family will flourish N/W S/W – profit increasing
8	West – will be many descendants N/W S/W – wealth, profit
3	S/E – big perspectives and good children S and N –fame, glory, wealth
4	East – profit for family, possibility of success
1	South – well provided life East and S/E – good for the descendants
9	North – wealth East and S/E – smart, educated children

According to the direction, to which your door “looks” on, pick one of the colors:

Southwest and Northeast – orange door.

Northeast and Southeast – black door.

South, East, and Southeast – green door.

West and Northwest – yellow door (for luck).

South and Southwest – red, attracts financial luck.

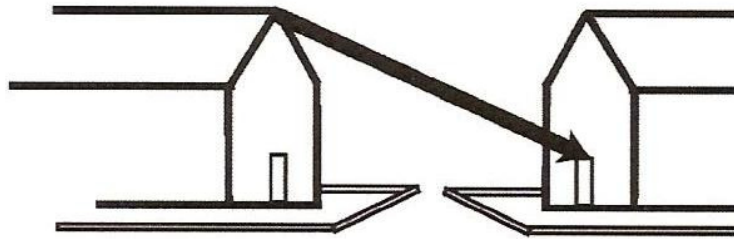
Northeast and Southeast – blue or indigo door (luck, especially, if that’s the door of your office).

South – brown door (luck)

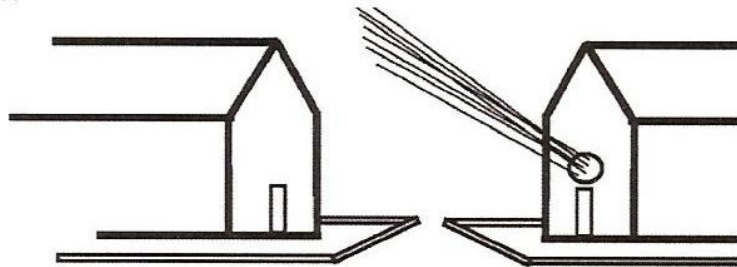
West and Northwest – white (luck for offices and stores).

The directions of the entrance door are always determined from the inside of the building.

Entrance door must not be smaller than other doors in the house, because this will block the access to energy. The entrance door should be kept away from attacks of the energy Sha.



Sharp roof of neighboring house is attacking entrance door



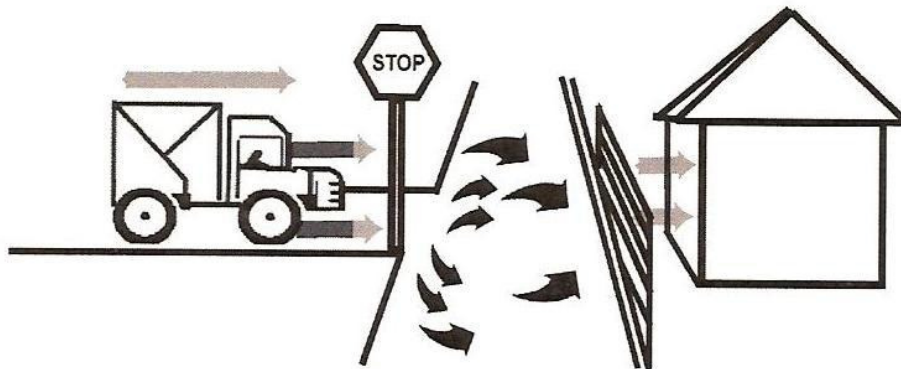
Magnifying mirror above the door rejects negative energy Sha

Tree across main window has a negative influence on the family and on the business.



Magnifying mirror above the door or a fence between the tree and entrance door, blocks negative energy and improves the situation.

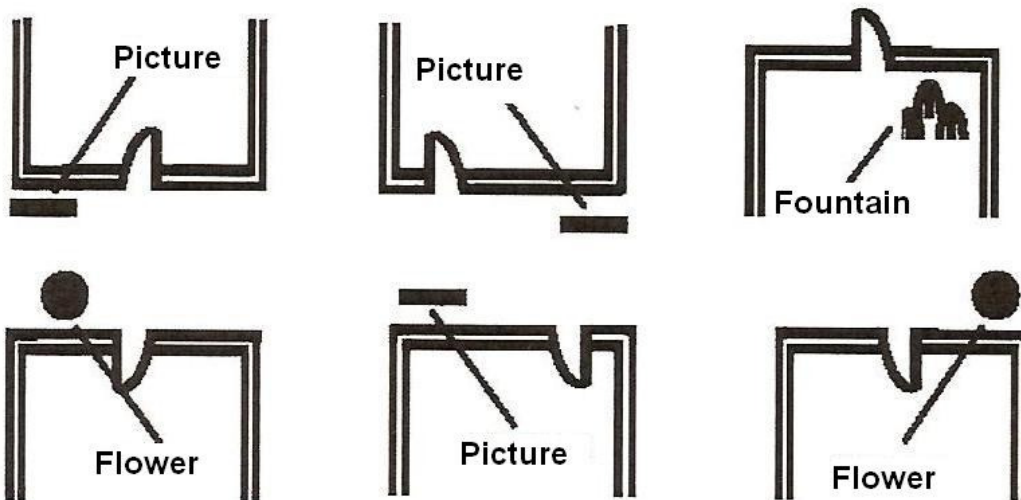




Stop sign across the entrance door, as well as T-shaped intersection have a negative influence on the house. However, the fence between them smoothens the situation.

Doors

If the doors in the building are positioned on one line, then there is one door across another, then the lively energy, entering through one door in a straight line, will not accumulate, but will exit through the other door. In this case, hang a picture or a mirror on one of the walls near the door.

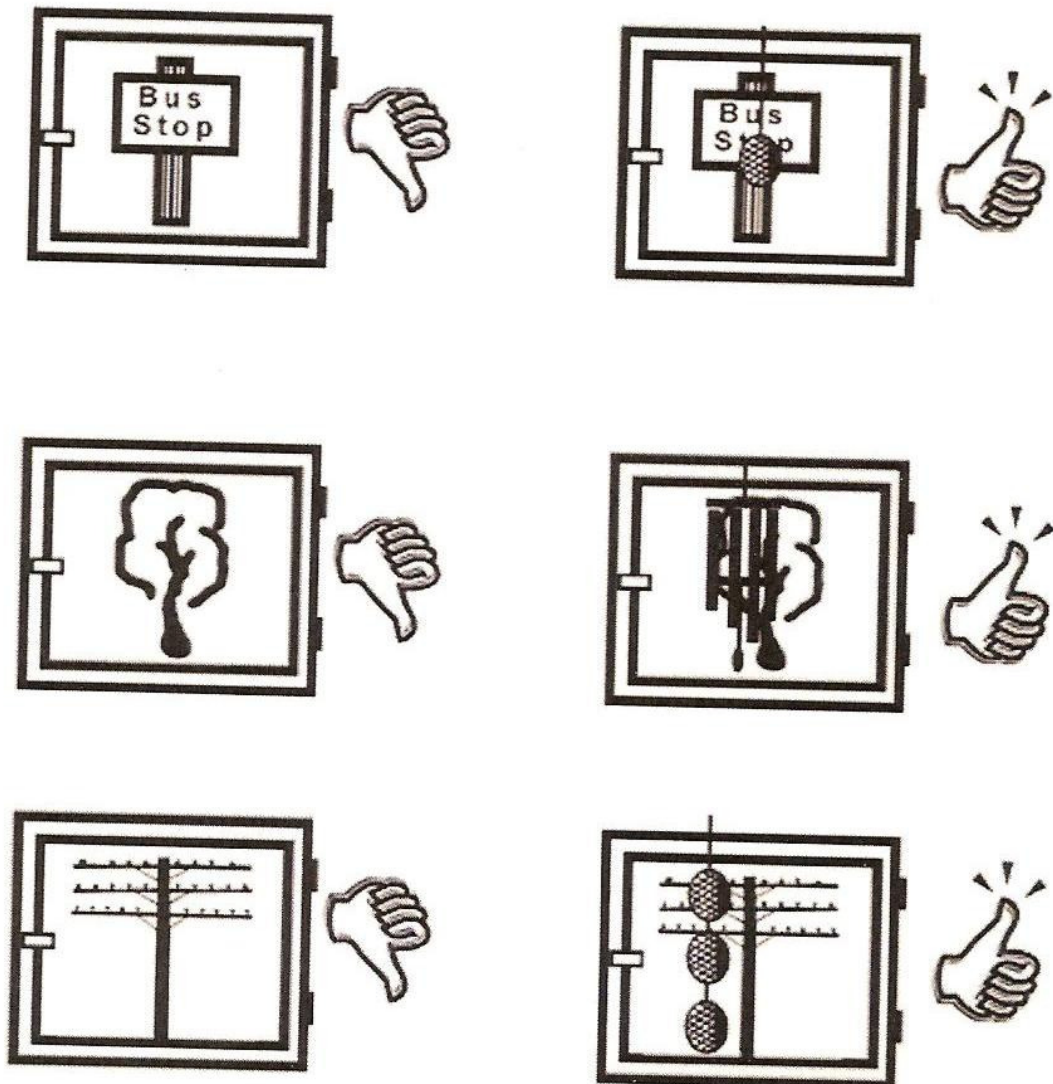


Also case of stairs across the door is not very favorable – Tsi will rise up the stairs and leave.

Windows

The ideal ratio to the doors is – 3:1. A lot of windows in the house lead to more possibilities for lively energy to exit and it means, that your money will be gone through the fingers. It is also considered unfavorable when the window is positioned on a straight line with the entrance door, because the energy entering through the door will leave through the window, being unable to energize the apartment. In this case it is good to

place on the line of energy movement a statue, lamp, plant or something from the furniture – to hold in the energy.

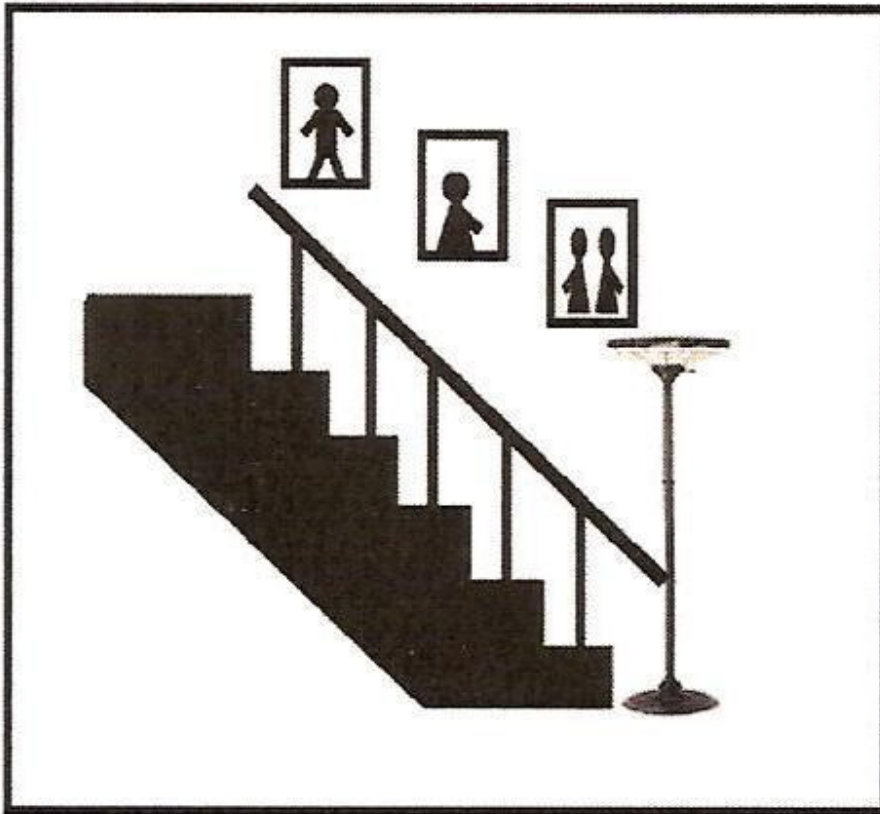


Window, which faces towards a big house, attracts “arrows” of negative energy. It is desirable to put a flower on the windowsill, or hang a crystal, wind chimes (the choice of material has to correspond to the part of the world, to which the window faces, in other words it has to be favorable.) For example if the window is facing the East, then it would be good for a flower or a bell to be made from bamboo.

It is preferable that the windows would open outwards. The best shape of the window is the standard shape.

Stairway

Right near the entrance leaving up or down – without a meaning – stairway has an unbalanced, blocking energy and conflicts with the energy that enters through the door.



In this case energy Tsi and money according to the Feng Shui, “flow” out from the compartment. Chinese always avoid this positioning of the stairways.

What you can do in this variant:

1. On a red ribbon hang a crystal between the door and the stairway, or place a statuette, vase along the stairs.
2. Hang wind chimes from hollow tubes.
3. Hang a crystal chandelier.
4. Vases and statuettes have a stabilized influence, holding in the flow of energy Tsi.

Caracole, spiral stairway creates energetic blockages, which negatively influence on the health of the whole family. Especially it is dangerous for well being, if it is located in the middle of the house.

Stairway has to be reliable. It is preferable to build a standard stairway and not the caracole, since the stairway that looks spiral is unstable, and the energy, which moves along it, spins around and forms whirls.

In such case, it is good to single it out with a color, place a colorful carpet over it, and hang pictures along the wall. On the stairs you can put vases or sculpture.

Open spans between the stairs give the feeling of instability. It is recommended to place carpet over them.

Basement

Basement symbolizes old problems. It is necessary to gradually clean it and restore order. It is desirable not to use basement for living, because the level of the road is higher than the level of the basement floor, and the energy entering the basement transforms into an unhealthy energy system, since Tsi is strong in the fresh air, and in the basement part of the compartment there is a “stagnation” of energy.

Attic

Attic symbolizes karmic problems. It is recommended to restore order at the attic gradually or reconstruct it, in order not to have any sharp changes in the present.

Garret



If your working place or your bed is located under tilt, your work will be moving along with difficulties, you will have bad sleep, because there is a formation of stagnation of energy, and also the negative energy Sha, whose arrows create “coffin effect”. In niche it is better to place bookshelves, furniture, hang a picture with the direction upwards, and further you can fantasize on your own.

Balcony

If the balcony is located across the entrance door, the energy Tsi will exit through it. In order to hold it in, it is necessary to place a flower between them, or a lamp, or something from the furniture.

Blue Roof

It is considered dangerous, because the water is symbolized by the blue color, and the water over the head is dangerous. It is better to recolor it.

Swimming Pool

You have to choose very carefully a place for a swimming pool. It should be located to the left of the entrance, if you are looking from the inside the house, if it is located to the right of the entrance, then it has a negative influence on marriage and creates family problems. It is desirable that the swimming pool doesn't have a shape of a square, triangle, or polygon. It is better be oval or in the shape of "bean bud". It should not be very big or too close to the entrance.

It is better to have vegetation – flowers, bushes and others, between the entrance to the house and the swimming pool, especially if the swimming pool is located in the backyard and not in front of the house. The ideal shape is a shape of a bean, whose ends are facing towards the house. The water has to be always clean.

Hallway

Any hallway has to have good illumination. It is important not to place extra things in it. An unfavorable influence on the whole apartment will have a stairway, which is located across the door. In this case, in order to slow down energy Tsi, hang wind chimes or place a plant diagonally from the entrance. If the stairway is from the side of the entrance door, then the ideal solution will be a hurdle or a screen, which will form a barrier for exiting energy Tsi. You should not hang a mirror across the door in the hallway, because in that case Tsi will be reflected, without entering the house.

Living Room

In many houses, a living room serves as a center of communication not only within the family – here also come guests, friends. It is in the living room, where there is an activity of the energy Yang. According to Feng Shui, it is considered that in the living room, there is a creation of the psychological environment for the whole family. The most desirable living room is a rectangular one or in the shape of a square.

Take a look on the moving flow of Tsi in your living room – does it stagnate in the deaf corners or in the alcoves? Energize atmosphere in those places with crystals and plants.

The door of the living room, which opens inward, should not be on the same line as window. In this case Tsi, which flows into the living room, will "fly" out of the window. In this situation on the path of the movement of Tsi, you can put a statue, plant, water, or some small furniture. It is not recommended to place a tall closet or chairs near the door – this will negatively influence on the entering to the living room Tsi.

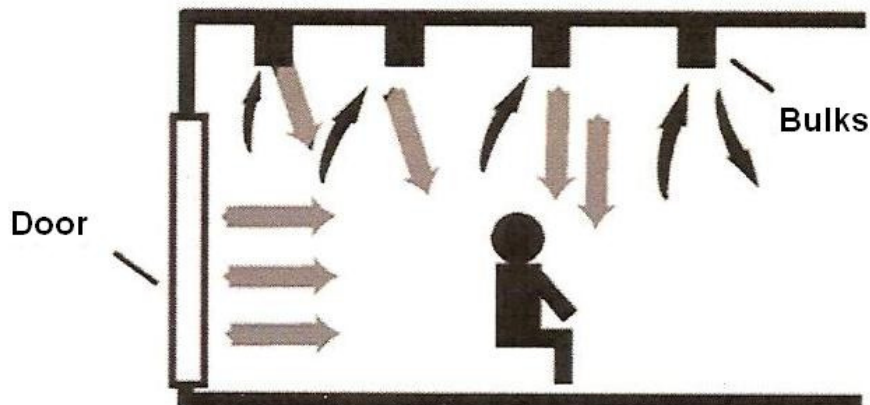
Living room should not be jammed with a large quantity of furniture. By the way, the furniture is preferred to be new, and not an antique, especially if you don't know the history of these objects and the information, which is on them. Energy of the old furniture will probably conflict with the modern furnishing of your apartment

It is better not to jam the center of the living room.

The ceiling of the living room affects on the Feng Shui of the whole house. So what kind of ceiling there has to be?

It is better to have simple, smooth ceiling. Inclines, or ceiling with bulks will destroy the Feng Shui of the living room.

Negative influence of open bulks at the ceiling.



If there is a caracole, try to replace it with a simple stairway.

Smooth ceilings are preferred to scabrous.

If the floors in your living room have a pattern of parquet or marbles, make sure that the lines, created by the pattern, are leading into the living room, and not from it. This design should be visually attracting cosmic energy Tsi in the house, and not letting it go outside.

Living room is a good place for stimulation of separate aspects of your life.

The balance of Yin/Yang in this place is tipped to the side of Yang, but its influence should not be very strong. In the living room there should be a lot of natural light – bright light, but not a sharp one. You also have to consider the balance and colors of five elements and eight world directions. For example, to stimulate East sector (tree), it is desired to place living plants or bamboo, since symbols of water give support to the elements of tree.

It is recommended to avoid a strong, bold accent on quality of one of the elements.

In order to wake up the energies of specific sectors of the living room, place a grid of Pa Kua (Magic square) on the plan of your room. Then use needed elements with the help of symbols, which favorably influence in the present time. For example, by placing an aquarium in Southeast sector, you will be feeding element of the small tree in that part of the house, which brings luck and health.

Dinning Room

For the dinning room there are many similar recommendations, which are applied to the living room. In some houses the functions of dinning room and living room are integrated. Use the hurdles, screens, moving doors or put the furniture in a way, so it will create visual barrier between the living room and dining room, and in the future view them as separate rooms.

Ideally, dinning room should be located in the center or in the middle part of the house – like it is in the heart, main organ. That’s why the place for the dinning room is preferred between the kitchen and the living room. Dinning room is a place of energy Yang. The location of the dinning table is very important: it should not be above restroom, which is located on the other floor. Not very favorable, if above the table, on the top floor, there is a stove or a laundry machine, because it is important that the food won’t be messed up by the negative energy, coming from the toilet or the laundry machine.

The dinning table has to have a round, oval, square, or an octagon shape.

You should choose chairs with the tall back and with arms. In any room it is recommended that you arrange them in a way so you won’t be sitting with your back towards the door – this position is considered very unfavorable, because when you sit with your back towards the door, you don’t see those entering the room and you become defenseless, and the feeling of worry influences on the work of subconsciousness.

If the person is sitting on a chair with arms, he is protected by the energy of four heavenly animals. His back – turtle, to the left is a dragon, to the right – white tiger, and the space in front – Phoenix the bird.

It is better to place an even number of chairs around the table, because objects in pairs are associated with symbols of love and partnership. But avoid the digit 4, because this number is considered to be insolvent according to the Feng Shui Laws.

The most favorable position of the table in the room is often the place, which is located diagonally towards the entrance. Because the dinning table is symbolizing the Earth, there should be an illumination above it. Crystal chandelier largely improves the Feng Shui of the dinning room. Mirrors also create good Feng Shui, because they visually increase the space and double the quantity of food on the table, activating the energy of sufficiency.

Cabinet

The most important place in the cabinet is the working table. It is important to position it, so you can see the entrance door.

The chair should be with arms, which are as equally tall as table is. You should not be sitting facing the wall, but if you don’t have a choice, hang a picture with a pleasant view in front of yourself. If you can, avoid the corner type of furniture. The shelves and closets must be closed or glazed.

In order to have a good Feng Shui in the cabinet or in office, always have an order on your working table. Stacks of paper block Tsi, and also block success.

By energizing your table you can bring good influence and success. Place a net of Pa Kua on the plan of your table and strengthen needed sectors. For example, if your

business depends on telephone calls, place a telephone on the Southeast or North part of the table. Place a vase with fresh flowers – this symbolizes the energy of the dragon. You can also place a small statuette of dragon. Placing a crystal or a small table lamp will also help.

It might seem strange, but to support your business you can place a picture with the image of mountains, which would hang behind you on the wall. But there should not be any water on the image.

Kids' bedroom

Since children not only sleep in their room, but also play in it, hence there is a presence of energy Yang.

Child should be sleeping in the direction of his favorable part of the world, according to his Kua #.

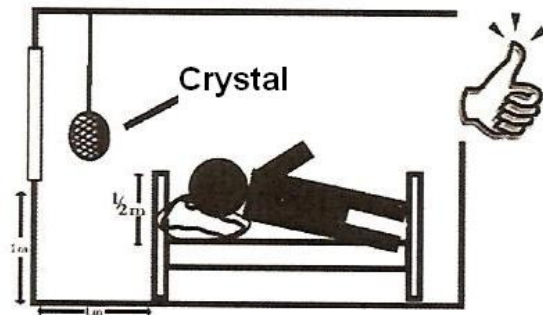
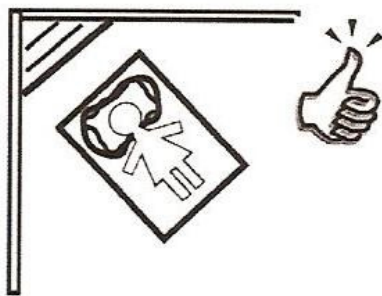
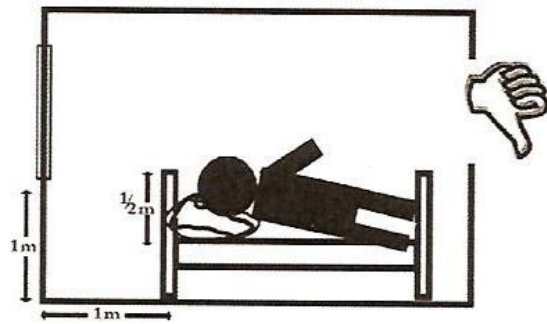
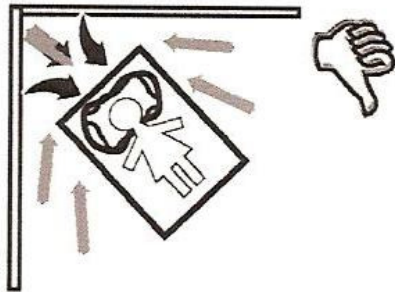
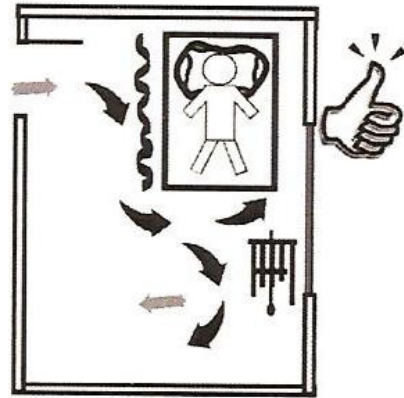
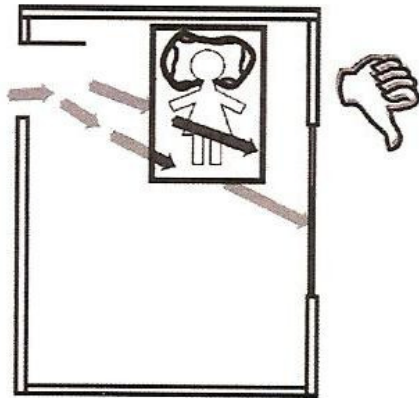
In order to improve the success in studying you can place a globe on his working table.

You can energize the success in education, by placing a crystal globe at the Northeast part of the bedroom.

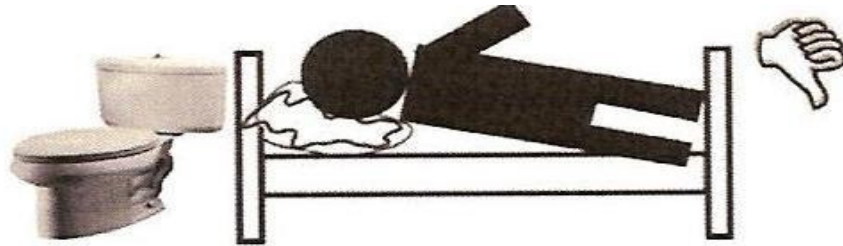
Bedroom

It should be located in your favorable sector. In order to find it, place a net of magical square on your apartment plan. Since the toilet symbolizes negative energy Sha, then the door to restroom has to be always closed. Entrance to the bathroom should not be located in the bedroom.

If the bedroom has a common wall with the restroom, then it is good to hang a carpet, crystal on the red ribbon, or wind chimes (if it is not on the East, since metal wind chimes are not recommended on the East).



Bedroom should not be positioned above (or under) the parking lot or restroom. It should not have mirrors, plants, aquarium with fish, because plants symbolize the energy Yang. (Yang – male energy, Yin – female energy. Yang invigorates, Yin calms). If the mirror is located in the bedroom, then it must not reflect people lying on the bed.

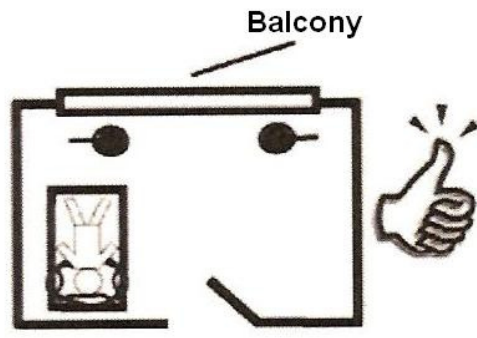
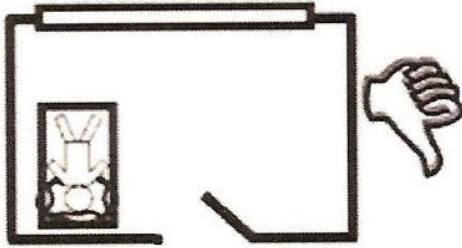
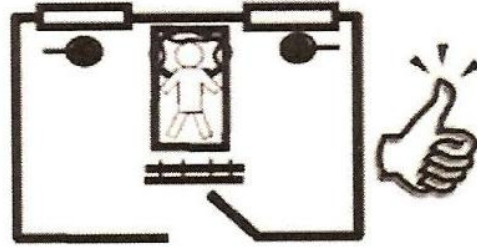
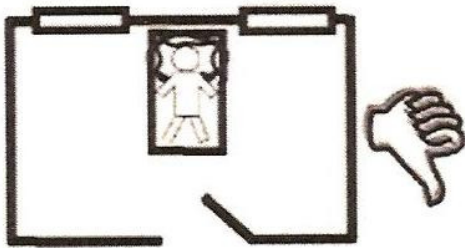
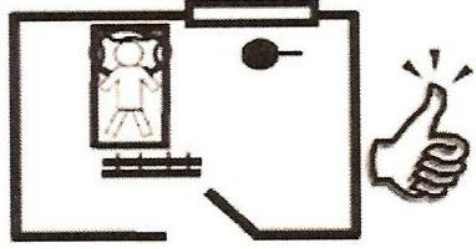
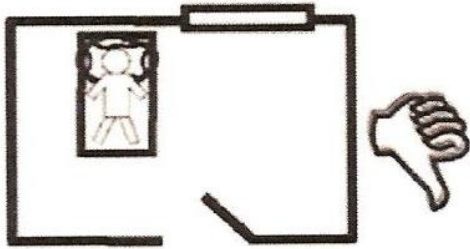
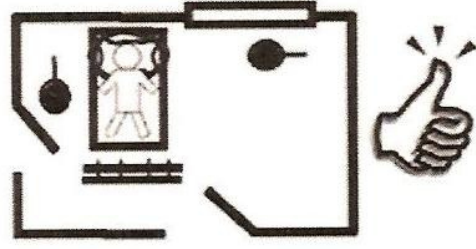
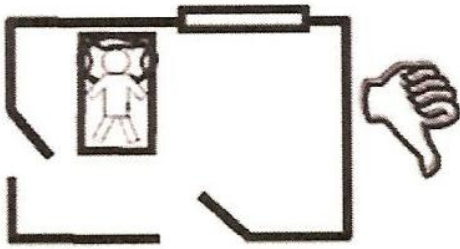


Do not sleep with your head towards toilet, stove, or sink

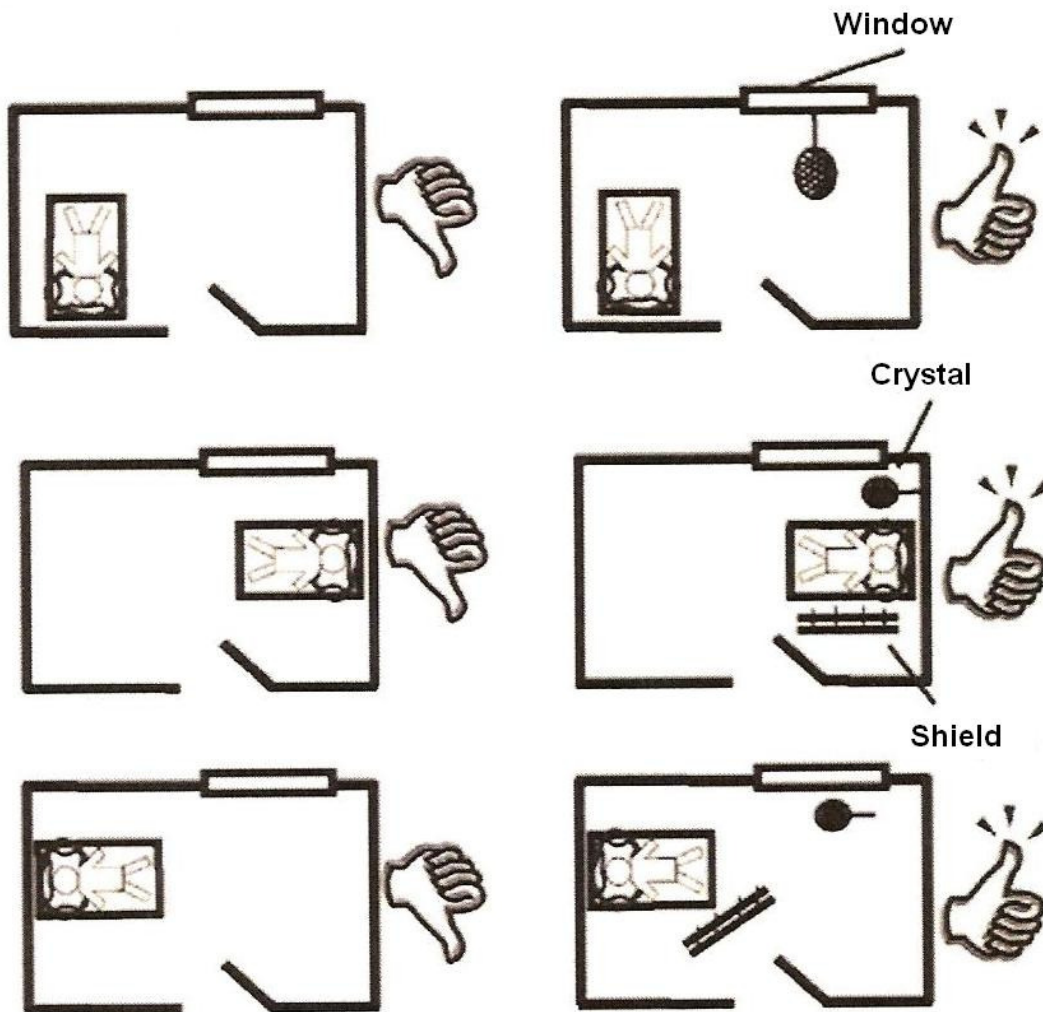
You have to select bedroom in the favorable sector of the apartment, but if there is no such choice, then you should select a favorable sector for the bed.

It is not recommended to sleep with your feet directed towards the exit (in one line).

It is better to sleep on a big bed with a big mattress, under a big blanket. Specialists think, that the line between two mattresses separates a couple or two loved ones.



Balcony



You must not sleep with your feet directed towards the door. Never place the bed between two doors (energy Sha). In order to improve the energy, you should place screen or something from the furniture, and hang a crystal.

You must not be located under the bulks of the ceiling. For success in career, the entrance door into the bedroom has to be visible from the bed. And in order to restore health, feet during the sleep have to be directed in the opposite side from the door. Choose for yourself, what is more important for you in a given time period.

Color decision and furnishing should bring out the feelings of comfort and calmness. Above the bed, there should not be any heavy objects – shelves with books, pictures in massive frames and etc. You should also avoid corners of closets and shelves being directed towards the bed

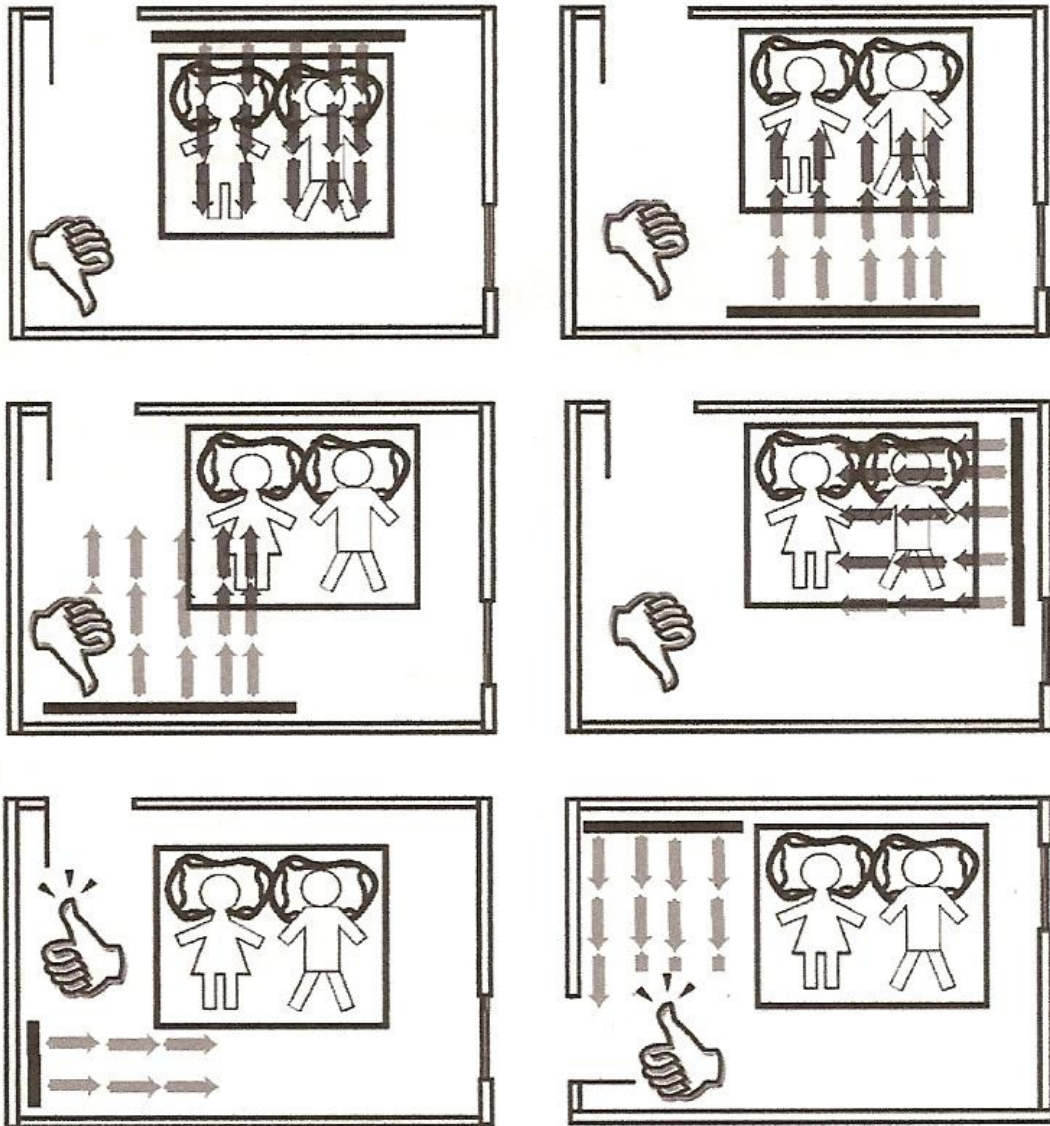
It is not recommended to place television set or computer in the bedroom (Yang energy can disturb you and cause insomnia).

Pink color, for example, activates passion of love. If the relationship between partners is cold, then there is a belief that pink sheets improve, normalize sexual relations.

Energy Yin has to be dominant in the bedroom, but it should not be in excess, completely suppressing Yang. Energy Yang can be added by calm music. This is a soft type of energy Yang, which corresponds to good mood, creating healthy vibrations.

You should not use water symbols in the bedroom, even if it is positioned at the North. If you have a mirror in your bedroom, position your bed in the way, so it won't get reflected in the mirror.

Mirror in the Bedroom



It is best to choose bed with round, humpbacked backs, which resemble turtle. This will guarantee you protection from illnesses and negative energies during sleep.

Restroom (Toilet)

It does not matter at what zone of the house toilet is located. The energy of this place will be washed away with the toilet water. Less unfavorable position of the toilet is considered in one of your unfavorable sector – in this situation the energy of the sector that brings you bad luck is being washed away. In other case the luck of your favorable sector is being destroyed.

If the toilet is located separately from the bathtub, then try to make it less visible. Keep the toilet lid closed. It is considered especially unfavorable, if the toilet is located across the entrance door or bedroom, and also under them – one floor below. The same goes for bathtubs.

Pay attention to the water in the cranes. Make sure it is not dropping – because this symbolizes financial losses and disorders in health.

Air in the restroom or bathroom has to have good circulation. It is favorable to have a window in these compartments, for evaporations, which come from the toilet to disperse.

You have to avoid different decorations in bathrooms and restrooms, in order to not maximize negative energy of this compartment, even if it is located in your favorable sector. It is not recommended to have red colors, because they come into conflict with the element of water, which exists in all bathrooms and restrooms. It is not recommended to place flowers and vases.

Negative energy of the restroom can be “crushed”, by placing several big rocks near the bathtub or toilet.

Toilet is considered to be the worst place in the apartment, since all the leaving water, leaves with all dirty energy, symbolizes departure of energy from the house. If the toilet is located in your favorable sector, then it defects the luck, for which this sector is responsible. For example, if you correspond to the East group, Kua # 3, then North is your favorable sector. You can have problems with business, but if your toilet is located at the West or Northwest (and this sector is unfavorable for you), then positioning the toilet here will not bring you losses.

If toilet is at the North, then to calm the negative energy down it is recommended to place a big rock or several rocks near drainage, or to hang ceramic wind chime made up of 7 chimneys and place it above the entrance to the restroom.

The restroom door, which looks on another door, bed, stove, oven, dining table or the entrance door, brings bad luck. Near entrance to the restroom you can place plants (even artificial), use bright illumination, wind chimes – all these symbols will correct the energy.

South sector is responsible for success, respect, and good name. In order to reduce the unfavorable energy, which is created by the toilet in the South, you have to place a vessel (best in clay jar) with water inside the sector.

Eastern sector is connected with person's sons. You have to hang wind chimes made from 5 metal chimneys. Since this is a restroom, then you don't have to activate the energy of the wood, which corresponds to East, and don't place live or artificial plants or their images.

The same goes for Southeast.

Western sector. If the restroom is located in it, than you must not hang wind chimes. You have to paint walls into white color. It is recommended to paint doors of the restroom into the red color or place a mirror on the outside.

Kitchen

Kitchen – is a symbol of bridge between the health and success. It is desirable, that the kitchen would be visible when entering the apartment, since it has to be harmonically inscribed in the house.

Since the kitchen is the place where food is made for the whole family, then it is very important, that the energy is clean and healthy in it. But it should not be visually singled out, so there would not be a constant feeling of hunger.

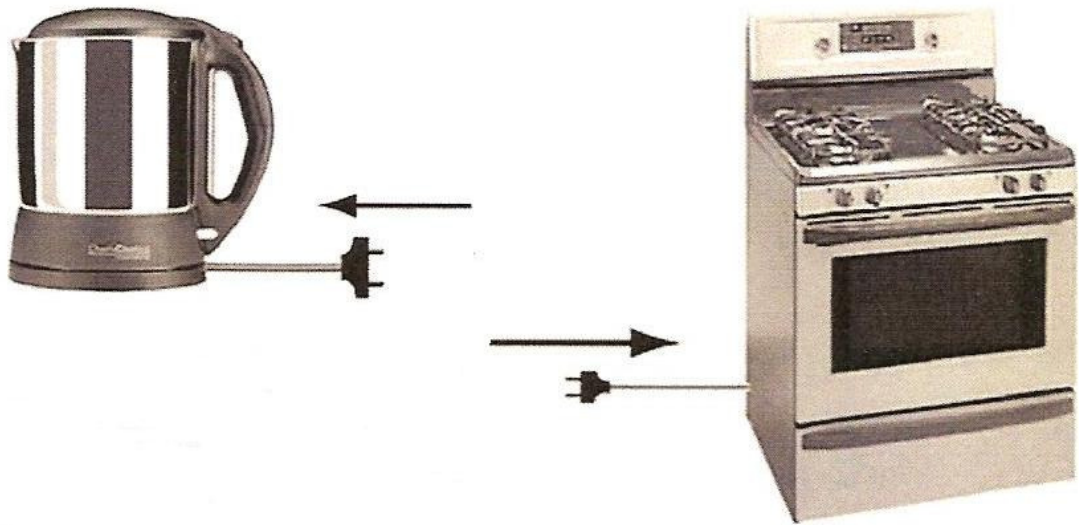
It is important to keep refrigerator and stove with oven in the ideal cleanness. Dirty, burned oven is considered to be burning, which takes away money, and also negatively charges food.

Person, who prepares the food, has to be in a good mood and with positive emotions, in order for food to be healthy for all. Otherwise food will contain negative mood, which was inserted during its preparation by the housewife (homemaker).

It is not recommended to eat in a hurry or in a stressful condition. In order to positively tune into the food, you should quietly breath in its smell and at least the first pieces you should chew very slowly. This way you will be positively ready and your body will understand, how to digest the food, and the most importantly – how much food does it need at the present time. This will liberate you from overeating, from extra weight and from undigested stomach.

Don't forget, that cranes have to be always tightly closed – dripping water symbolizes financial losses and losses of energy.

It is considered, that kitchen is a place, which is able to “burn” bad luck of the family. It is best, if it is located at the farthest (from the entrance) part of the house. It is desirable to not have it in the personal favorable sector, because kitchen suppresses energy of those sectors, in which it is located.



The position of the stove is very important. The direction of the wires and gas pipes, which enter the stove, has to be from the side which is favorable for the owner of the sector, according to his/her Kua #. Facial part of the stove – this direction is called “fire mouth” – has to be facing one of your favorable directions. The stove always has to be located in the favorable for you kitchen sector.

For those who correspond to the Eastern group – South sector, East, Southeast and North. For people who correspond to the Western group – only Southwest and Northeast (But never, ever Northwest).

Since the energy in the kitchen has to be balanced, you must not place refrigerator (Yin), stove (Yang) and sink (Yin), because it creates the conflict of energies between Water and Fire. If there is no way to rearrange them, then between refrigerator (water) and stove (fire) it is desirable to place something woody. It is considered, that opposite signs fire – water create energy, which in China is called “Gates to Hell”. It is unfavorable to position the sink near the stove. You should place the stove only in the favorable sector of the kitchen.

Never place a stove at the Northwest part of the kitchen, even if it is your favorable sector, since this position leads to financial losses and other mishaps.

If during the cooking you stand with your back towards the entrance door, then you start feeling unsafe (it happens on the deep level of the subconsciousness). And this whole information is transmitted into the food.

The stove has to be located, so the person who cooks, can see the entrance to the kitchen.

Don't place refrigerator across the entrance door to the kitchen, otherwise every time you enter the kitchen, you have an urge to open the fridge and eat something.

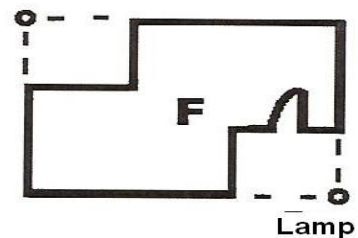
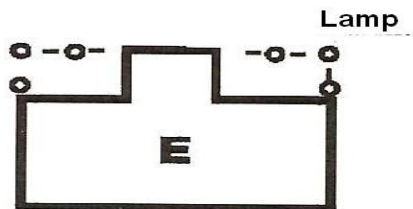
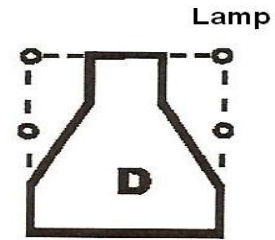
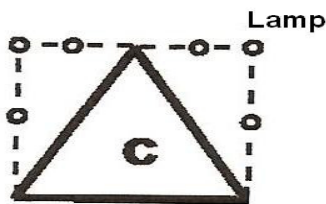
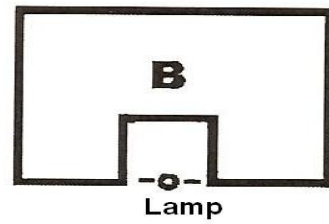
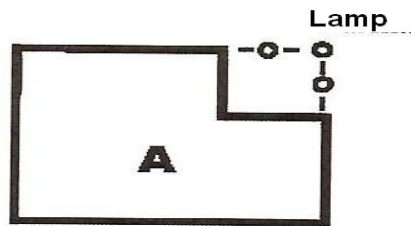
The kitchen has to have good ventilation and windows that open.

Lets underline one more time: if the kitchen is located in your favorable sector, than it suppresses happiness. If it is located in the unfavorable sector, then it suppresses, “burns” unhappiness.

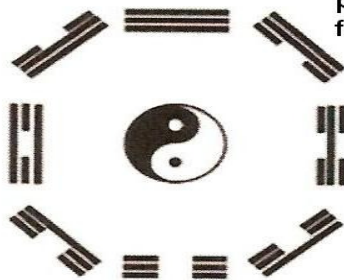
It is important to position the bedroom of the main members of the family in the favorable sector of apartment.

Kitchen and the restroom have to be positioned in unfavorable zones, because they unfavorably influence on those sectors in which they are located.

Corners



To "recall" missing corners, you can place flowers, light sources, or fountains



If the house, apartment, or room has an uneven configuration (lost corners), then it is recommended to place a magical square on the plan of the residence and see, which

corners are appearing beyond the square, and which corners are missing. After this, determine – to what zones correspond.

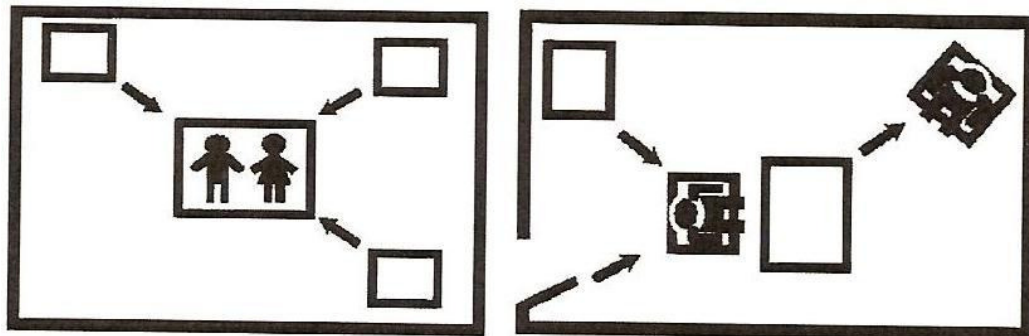
Lost corners “implemented” by bright illumination in the corresponding place. Sometimes you can use mirrors, but very carefully. You can place a plant or hang a crystal, to visually recreate missing sectors.

Example: Light, positioned at the place of the missing corner, smoothen the loss at this zone.

Octagon

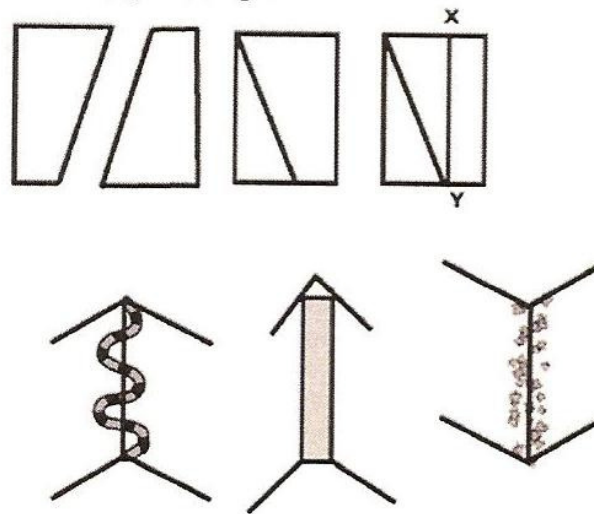
According to Pa Kua and E-Dzin, octagon emits harmony. At the East it is considered that octagon brings happiness.

Secret Arrows



Secret arrows caused by sharp corners

Corners, uneven surfaces form a destructive, attacking energy Sha. Secret or mystique arrows carrying energy Sha, can be formed by buildings, streetlights, sharp corners of the roof, telegraph poles, which are directed at you, your house, at windows and at the entrance door.



By closing sharp corners with flowers, you can get rid from arrows.

Crystals

Crystals create very good Feng Shui. They are excellently activating positive energy Tsi. Especially naturals at the Southwest (corner corresponds to “big Earth”), sector symbolizes love, marriage, family, and happiness. It is recommended to “turn on” crystal before using it, by placing it in the salty seawater for seven days. It is done in the case if the crystal has been in “bad” hands and collected negative energy.

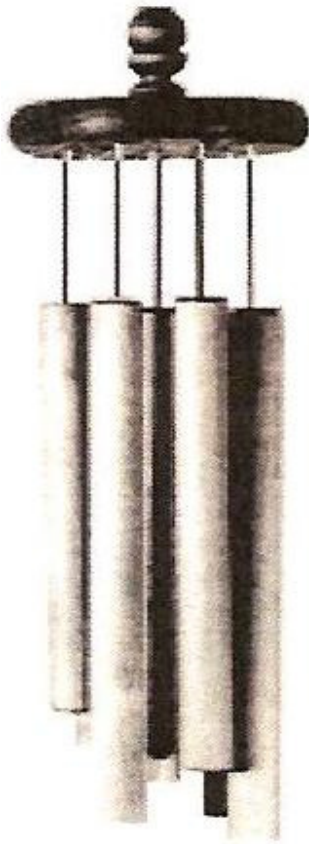
Crystals carry bright energy, even if they are hanged in a dark place.

Feng Shui masters say: “True consciousness – is a balanced consciousness.

True consciousness – is an integrated consciousness. It is transformed into a crystal”.

Crystals are hanged near the entrance door, on the windows (to make energy healthier) or on the bulk of a ceiling (to re-inform the energy). Crystal reflects energy from the Sun and is considered to be a lucky symbol.

Wind Chimes



Wind chimes (or Chinese air hangers) create sound vibrations, which have a cleansing and stimulating influence. In order to make them more effective, you have to hang them where they can sound, where the flow of Tsi is fast, or where the flow of Tsi drastically changes direction.

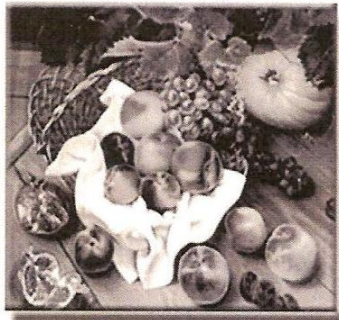
It is recommended to hang wind chimes, if there are bulks and overhangs in the compartment. Hang wind chimes on the windows only in those cases, if you can see from it: sharp angles or tall buildings, electric poles, roofs of the houses.

In order to slow down energy in a long corridor, to smoothen the destructive energy, flowing for example from the toilet door, which is located across the entrance door, and in the cases when you want to weaken the negative energy, use five chimney chimes. Never use four chimneys, because four in Feng Shui is considered to be an unlucky number.

Wind chimes from 5, 6, 8, 9 hollow chimneys are used to energize and create lively energy Tsi.

Use metal hangers in the zone of influence of metal or water: at North, Northwest and West. Bamboo or wooden hangers are better applied at the East and Southeast, while ceramic – should be used at Northeast and Southwest.

Pictures



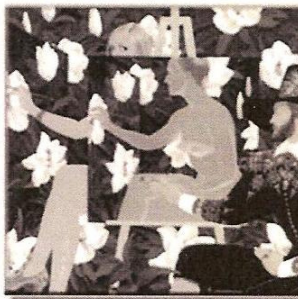
Alexander Petrov
SE



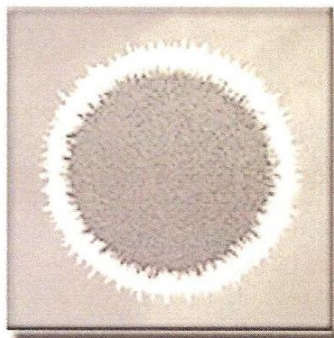
Alexander Petrov
North



Ted Vasin
West



Yelena Korenova
SW



Martin Wolf
South

Many parapsychologists think, along with Feng Shui masters, that according to esoteric knowledge of picture, all the objects of art carry not only visual information about personality of the artist, but also positive or negative. Pictures, objects of art with the happy plots of talented artists are charged with the positive energy “Yang”. These works of art bring luck, especially if you place them in the right place. For example, in my office there is a picture of a young, talented artist - Martin Wolf. I noticed for myself, that in those days, when he took his picture for the display, my patients started getting late, or changed their time for appointments, disturbing my graphic of work. Needed business meetings also got cancelled. And everything changed to the better when he returned that picture. It was not a case of simple coincidence, because it happened more than one time. Now this picture is constantly present in my office, because it brings me luck. This picture is made in a bright tone and it activates energy from the Sun. My mood improves and my energy level increases. And all my patients feel this.

I decorate my house with paintings, which carry happy, kind energy and correspondingly “charge” my house. Besides that, I like these paintings, I personally

know their authors, know their energy Tsi, know that all artists love and are loved. Love is a great force.

Here is what artist A. Petrov wrote regarding this topic:

“I always understood, and felt, that art is born not only from seen and felt images.

Several years ago I read about Japanese experiment. Painting was used in it. They seated a person with his eyes closed, placed sensors from apparatus on the body and on the head, then they brought a hollow canvas – apparatus did not detect any changes in the body. But when they brought in the place of hollow canvas, a painting with any image, the sensors detected changes. The painting carried a charge of an unseen energy, and human detected the charge not with his eyes, but with other unknown sensitive organs.

I met with extra-sensitive people, who underscored positive or negative charges. Me and my wife, who is also an artist, Lena Karennova, think, that the most energetically receptive painting is the “Star Night” of Van Gough, in the museum of Modern Art in New York, it carries a big charge of negative bio-energy information. At the same time, all other paintings of Van Gough are the most receptive ones, and they are charged with positive energy. The artist was often at the border of good and evil, and on purpose took himself out of the equilibrium. This allowed him to look at the closed for a normal person, but present everywhere - energy-informational data.

According to Eastern philosophy, even the object itself, which is presented on a picture, carries energy.

But Eastern specialists do not recommend holding in your house abstract destructive paintings or sculptures.

Not every person can determine energy receptivity of a picture. But there are museums, theaters and other forms, where a person collides with powerful negative emotions and feels refined after the major worrying experience.

The painting of P. Picasso “Guernica” is the most destructive picture of the 20th century. It was a reflection of tragic events in Spain. The painting had a difficult history. It is no coincidence that many paintings, which had difficult histories, influenced on their creators and owners. For example, Van Gough could not be in the same room with his “Star Night”, even if it was facing the wall.

Faunian portrait (portrait, which was specifically made when the person was alive, and was placed on sarcophagus after his death) has a very strong energy, even though it is technically done immaculately. Therefore the technique of painting does not play a major role. The art of primitive civilizations has the same strength, like achievements of civilizations, and there is even a theory, that the further from civilization, the closer to absolute.

Furniture

Heavy furniture always calms, decreases the flow of energy. When the massive furniture is present in the house, it decreases energy Tsi of the household members and can become an object of stagnation in their lives, especially if the area of the house is small.

In apartment, where you live, there has to be diversity: you have to combine light, air with massive construction of furniture and objects.

Radio and video equipment

It is recommended to place radio and video equipment only in the living room, but never in the bedroom. It is better to position it at the West side – since this brings luck into the house, by carrying in Yang energy.

Computer

If you correspond to the Western group, then it is better to place computer at the West – it will improve the energy of the West.

If you correspond to the Eastern group, then it is better to place computer corresponding to your favorable sectors.

Mirrors

They have qualities to attract and reflect energy. Convex mirrors are better used for reflection. They can be installed only outside, since they reflect negative energy.

Attractive mirrors are used in places, where there is need to maximize, attract energy. If you don't like mirrors, then you can use metal plates, with polished surfaces. For example, when the entrance door is facing "T" shaped intersection, or if you house is located at the end of the road (same goes for an office – at the end of a long corridor), then you can hang Pa Kua mirror above the entrance. But it is important to do it, so the rays, reflected from Pa Kua mirror, wouldn't hurt your neighbors. In order to not attract attention of outsiders, you can install copper polished plate or hang a regular mirror of an octagon or round shape.

Near cashier's desk it is recommended to hang a mirror, since the money going in are visually reflected and double.

In apartment, mirrors are positioned in a way, so there is no member of the family who is "cut out" when he looks in it. Every person by looking in the mirror has to see himself/herself in a full height. Mirror has to be made from a good quality material, so there won't be any distortions. Mirrors are often installed in such a way, so they reflect those things that we want to maximize. For example, abundance on the dinner table, beautiful scenery and other attributes of prosperity or calmness, and reflection of the things that you personally want to maximize, multiply – money cashbox in the store or dinner table, symbolizing abundance.

It is good to position mirrors in places, which reimburse for "lost" corners.

Bookshelves

It is desirable, that they are closed or glazed, since open corners form energy "arrows", which influence on health and success.

Antique Objects

They are considered dangerous, because it is not known, who had them before and what kind of energy and information they have on them. In other words, there is a specific risk to keep very old objects in the house.

Candles

Candles carry positive charge. It is recommended to light them in the house for cleansing and activating their energy. Flame in crystal candelabrum can activate romance, love, and happiness of family members. Candles can be lightened up in the living room and in other rooms. But it is not recommended for them to burn during night in a bedroom – since they create very strong energy Tsi.



If you want to activate business, then in a wide crystal vase with water, place blue rocks and blue floating candle. Position it at the North and light up the candle.

Globe

Symbol of the whole Earth. Positioned at the Northeast, it brings luck to children. If positioned on Southeast – brings luck to the whole family.

Ceramics also symbolizes element of the Earth. It is recommended to place it in zones of Earth, or – at the Southwest, Northeast, and in between them.



Aquarium



It can be positioned at the Southeast. For office, and success in business it is good to place aquarium at the North. The most favorable place for aquarium is North or Southeast.

Elephant.

Statuette or image, in Buddhism symbolizes power and success. It has to be positioned at the Northeast or Southwest. Especially it is recommended to have a statuette of an elephant or its image in the bedrooms, if a married couple wants to have children.



Ducks

Two ceramic or china ducks, which are placed at the Southwest (zone of marriage, love), increase chances to get married, help to find the other significant one.

The same effect can be reached, by placing the image of peonies, or by placing a bouquet of lively red or pink flowers in that sector.



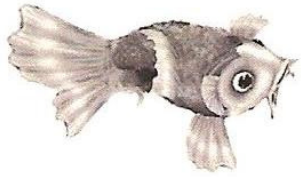
Turtle

Black turtle, just like any other or her image, symbolizes luck, stability for the whole family and for business. Position the statuette at the North, in the Northern part of the garden or a living room – for improvement in career and success in business. You can place a crystal vase with water, and put turtle inside. There is a belief that specific luck is brought by a live turtle, which you can place in the Northern part of your garden or house.



Fish

Symbol of two fishes or dolphins brings luck, if they are positioned near the entrance of your place.



Phoenix The Bird

This bird symbolizes success, flight, glory, and respect. Any image or statuette of this bird can be placed in the Southern sector. This role is very well suited for any image of a beautiful bird – for example, flamingo.

Symbols



Symbolic images in statuettes, or pictures, are used to activate or normalize energies in the rooms, especially in the living room.

Using symbols, think – which part of your life you would like to energize. For example, by hanging a picture with water scenery at the North, you are feeding the energy of business, to which North corresponds. By placing a bamboo at the East, you stimulate energy of the health.

Don't try to include all the Eastern symbols, if they don't correspond to your taste or if they are not fitting in your apartment. You can use those symbols, which have a special meaning for you.

One of my patients after numerous consultations noticed that she had a picture hanging on the Southwest, which has a girl and a man leaving her on it. Certainly, we tried to replace it right away with more joyful scenery, with two happy loved ones. It led to changes in her apartment, and it brought positive improvements in her personal life. Therefore, when you receive an aid from different symbols, use them carefully. Choose objects, which fit with the style of your life and with the style of your compartment.



6. Karma or Fate

**Karma is not a terror of Gods,
but only an action-reaction law.**

Bondarev

Writer John O' Hara in his book "Appointment in Samara" quotes a piece from novel of Somerset Moem "Death is telling".

"Once upon a time, there was a merchant living in Baghdad and once he sent his servant to the market to get goods, but he returned quickly and was pale and shaking and he said: "Master, I was at the market and someone poked me from the crowd, I turned around and saw that it was my death. She looked at me and threatened with a finger. Master, give me a horse, I will leave this town and hide from my fate. I will go to Samara, where the death won't find me". Merchant gave the horse to his servant, as the servant sat on the horse, spurred it, and they ran. But the merchant went to the market and saw death in the crowd and he asked: "Why did you threaten my servant when you saw him this morning?" "I did not threaten" – death answered, - "I was just expressing a gesture of surprise. I did not expect to see him in Baghdad, because we have a date with him at night in Samara."

Is everything in the life predetermined? Astrologists say: "Stars predetermine, human disposes". There are stories with cases, when despite of fortune telling by clairvoyant and astrologists, humans did change their fate. Every moment of life is a consequence of our previous emotions and deeds of the present time and in the past lives. We construct our fate by ourselves. And we influence on it at every moment of time, because our thought has a creative power.

Our life is objective present process, in which we are involved to accomplish our evolutionary program. Everyone constructs his own future by the power of thoughts,

feelings, actions and wishes, even unsaid wishes. That's why every action in our life has to be judged from the position that corresponds to cosmic laws.

Fulfilling the program, which is given to every one of us for evolution and demonstrating our Godly worth, soul travels through many incarnations. There can be multiple variants. But the choice is one. In everyday life, in our thoughts, actions, feelings we always make choices, making conscious choice, on which depends our fate. Humans have a right to choose between good and evil, and also ways of evolution or degradation.

Famous Anna Bezant in her work "Laws of higher life" wrote: "For violating natural laws there is no punishment, inflicted for despotism. Nature does not punish. In her kingdom there is a connection of reason between events, strict consequence of occurrence – and nothing more. The result is inevitable consequence, which flows from the reason, but not an arbitrarily placed punishment".

The wheel of evolution makes everyone to carry burden of new implementation until the soul will reach perfection. Human, after experiencing the hardship on Earth, leaves, in order to come back again. This is how ancient mages - Plato and Buddha thought.

Ancient ancestors taught us experiences of dying and transformation. This is written in the unique monuments of the past – Egyptian and Tibet's books of the dead. To this conclusion there is an incline from the modern science. According to the karmic laws, souls, which stand on the high order of evolution, return to Earth, choosing for themselves a place of residence and time of birth.

That's why in Tibet after Lama's death monarchs are set for a search of his new transformation. Sometimes this search takes several years. When they find a boy, which suits for the role of Lama, he is given a test – they give him a bag with different belongings and he has to pick those that he possessed in the previous lives.

A. David Noel describes the following interesting case. Caravan, which was searching for Lama for about twenty years, stopped for a night lodging at one's nomad's family. The manager of the monastery, who headed the caravan, took out a tobacco box, and at this moment, a 10-year old son of the nomad came up to him and asked: "Where did you get this tobacco box from?" Then he pointed out an inactive road to the monastery, which wasn't active for fifteen years, refused to drink, as it has to be done according to the ritual, from the cup, which did not belong to him earlier.

In one of the cases, a young man was hypnotized, and was told, that he is his own grandfather, who was missing in action during World War II. Young man named the number of the division, place of his war actions and said, that he is dying because of a difficult wound. He was immediately pulled out from the state of hypnosis. Then they checked military archives, and they confirmed that the time he named was the same one where his grandfather was located and the division he named also corresponded to reality.

This case says the following, that when a person "remembers past lives", you cannot unilaterally determine – if it is a real personal past life, or it takes place by reading the data from the part of the informational field, which corresponds to another person.

Souls, sinned or which were under negative emotions, worsen their karma, which worked during previous lives. That's why in many religions it is a custom to repentance, which cleanses the soul from negative emotions and sins. This is very important during the whole life, and especially before death.

Religious traditions include the assistance of egregors, which correspond to their religions.

The meaning of egregor is often met in the karmic or astrological literature.

Egregor is an energy-informational structure, which has a set of karmic programs. Souls, which fully outworked their karmas, come back to Earth if they wish to, and they can choose the level of reincarnation in this life. Our ability to choose is a great gift, we can choose our emotional states, and that means the settings of our life. Consciousness is an internal growth and development of specific internal settings. And choice is more liberal (families, countries, nationalities, religions and others). These are Messiahs.

In the field of influence of egregors, there is a group of people, which lives, works, and develops under the influence of a given egregor.

Example: egregor of Christianity, Judaism.

In their turn, egregors consist of subegregors: Orthodox, Catholicism, Baptism and others.

Sub-subegregor: family, school, sport league.

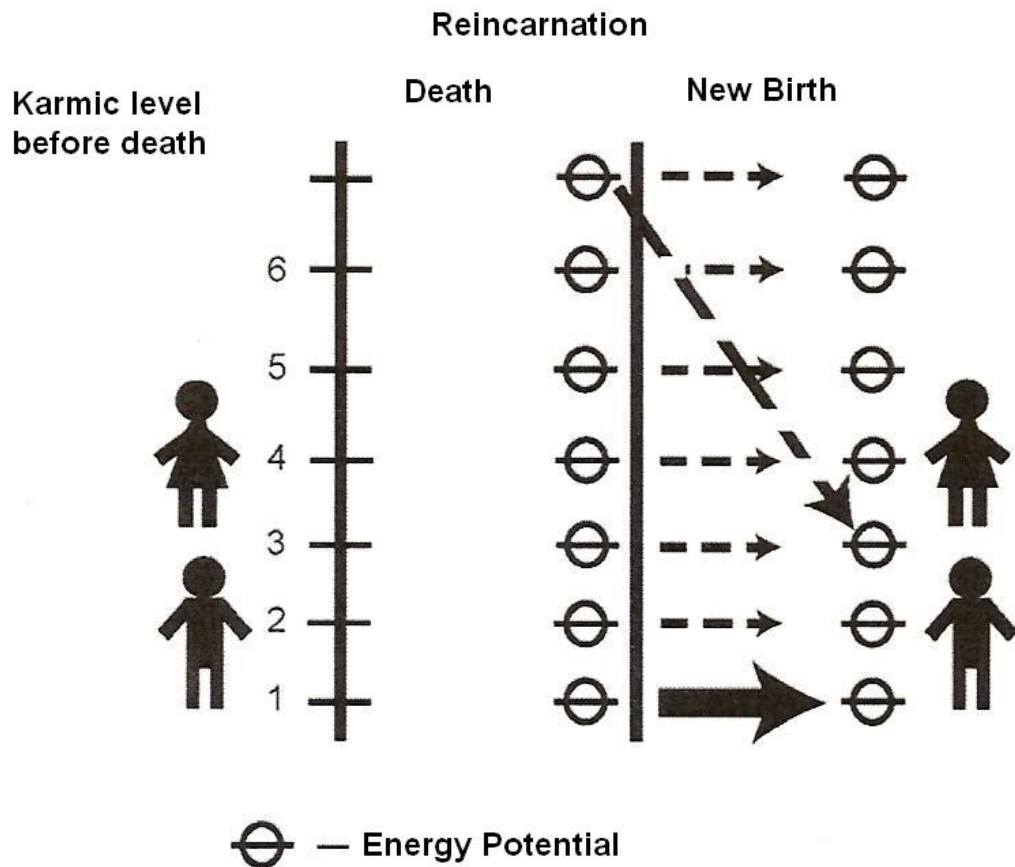
Subegregors support and obey egregors. All of us have a business with subegregors, since all the egregors are under command of the main egregor – creator of matter, Absolute.

V. N. Bogdanovich in his book “Collective Karma” gave the following definition of an egregor: “... nonmaterial formation, which occurs from psychic extractions of the humankind over large collectives – tribes, nations, parties, and religious communities”.

Egregor keeps, reinstates and induces towards activity and self-preservation of physical body of collectivity, or, aggregation on physiological plan of resources, its members, who have roles in realization of its ideas. (T. O. Lubes. “Encyclopedia of Occultism.”)

During his life, human works or earns his karma. Aggregation of all the acts, emotions (positive and negative), determines the level of soul after death.

This is how it looks in the following description:



If a person was born ill, handicapped, then it does not mean, that he sinned a lot in his past lives, possibly, he chose this route of suffering, in order to go faster through the lessons, which remained from his past life, “to pass the examinations ahead of time”. He probably decided that he has enough power, in order to make several steps through energetic levels in new reincarnation.

Lines, going down, mean, that the soul for whatever reasons, in this given life, has selected a more difficult path (this is sometimes the shortest distance for reincarnation). It is probably done to fulfill the role of messiah (if it comes from a very high level), or, in order to be close with a relative’s soul and help her.

Work on the reasoning level

The work with reasoning planning is tied with eternal part of the human, his soul, or, with his energy-informational matter, - with karma. Aggregation of positive and negative acts during past lives, is like a mean arithmetic average of worked out energies, and is an information-energy structure – karma.

One of the examples of remembering past lives can be reminded with the case of Evralanta Misher.

She was born on March 2nd, 1948 in a family of school inspector, in Chitariua, state of mad’ia Pradesh, India. Once upon a time, when she drove with her father

through the city of Katni, she said, that she lived in the house, which was located at this place. She was three and a half years old. But in reality, the family of Misher never lived here. Later, she told her friends and some relatives about the details of her previous life, said her last name – Pathak. Her dances and songs weren't characteristic to the place where she lived, and she couldn't possibly learn them on her own.

When she turned ten years of age, she said, that their new acquaintance, wife of college professor, was her closest friend in the previous life.

Shri Bakkerdzhi who worked at the parapsychology department in the Dzhairpur University, have learned about this case. He met the girl, and then found the family of Pathak in Katni. It turned out that the stories of Evralanta correspond to the life story of Bee, daughter of Pathak and the wife Shri Chintamani Pandaya, who died in the year of 1939. When in 1959 the family of Bee visited Misher family in Chatarpuda, Evralanta recognized all relatives of Bee and recalled everyone's name. She didn't recognize two outsiders, who were present for experimental purposes and tried to act as if they also were her relatives.

In the year of 1961, Yan Stevenson researcher of psychic phenomena from the University of Virginia, visited both families and learned, that from 49 statements of Evralanta, there were only two mistakes. She truly described the house of Bee: doctor, who treated her, and also the details of her illness and death. Without mistakes she recognized friends and relatives of Bee, which were older than her by forty years, and she acted like an older sister.

Evralanta also told another story – about intermediate rebirth, when she was a child, who died at nine years of age. It turned out that her songs and dances are of Bengali origin.

It is hard, to be in the boundary of small, and describe something larger. For that reason it is hard to describe the condition of nirvana – full freedom of person from his individuality, from those small desires and wishes, which are tied to the system of time – with concrete incarnations.

Infinite chain of consequent births, evolution, leading to nirvana, is directed to destroy those frame limits, which constrain the person in borders of small atmosphere subsystem.

In regards to big system of nirvana, then it is a state of calm only in the sense of missing desires, but in other sense it is a display of highest activity and energy of the spirit, free from attachments.

In regards to the theory of reincarnation, there is a convincing monograph of Y. Stevenson, professor of psychiatric department from Virginia, - it has publication of 1300 cases of reincarnation in different parts of the world.

Returning to Earth, souls as the rule, don't remember about their past incarnations.

Although examples of choosing Tibetan lama show that enlightened souls have an ability to save information about their previous lives.

Here is another bright example of reincarnation. Indian boy Titu began to say that he is called Suresh Varma, that he is an owner of the store in Agre and he has a wife Uma and two children. Surprised parents went to Agre and discovered that there lived someone called Varma, who was killed five years ago near his store, by the shot at the head.

Widow decided to take a look at the boy and with her children they went to him. He recognized all three of them – wife and two children.

It is interesting that Titu had a big mole at the same place, where the dead had a gunshot wound.

Our life does not begin with the birth and does not end with death. Many children at the age of 7-10 remember their previous lives, but adults don't pay much attention to their stories and even laugh at them. Then children grow up, and past experiences, which left without proper attention, are vanishing from their memory.

I clearly remember, when I was three years old and was at the summer residence of my grandma and grandpa in Malahovka. Though later we changed this house. But back then I lied down on the sofa – it was very long, and I only took one third of its length. And suddenly I clearly “remembered” the feeling of, that I lie on the sofa and I have very long manly legs, which I have to bend in the knees in order to fit on the sofa. I jumped up, ran towards the kitchen, where my mom and grandma with grandpa were, and screamed: “When I was a big man, I used to have long feet, and I could not fit on the sofa!” Everyone laughed and replied: that I was never a boy and that I am very small girl and I only grow. But till I was 14-15 years old, in all of my dreams I was a boy.

The meaning of life's lessons for common souls lies in working off the old karma, and also in not gaining new karma. Soul selects place of birth, family, religion, and nationality. The level of karma determines diapason of capabilities. In other words, not everyone can be born in specific families, for example Rotshild family or the Queen Elizabeth's family. But the soul with a higher level of karma is freer with its choice. Nevertheless, in the goals of quick working off karma, or for the purpose of being near to the close by spirit (or previous lives) people, it is often stopped at more difficult and less preferable from the Earthly point of view reincarnation and fate.

According to many esoteric studies, soul before birth, chooses parents, appearance, motherland, then watches over its fate and stops at the optimal variation.

This information is possibly located in the collective consciousness, which is called superconsciousness (memory about past lives, genetic memory, information about chosen path, connection with God). As we know from the information stated above, when there is an influence on any point of system, there is an effect on the whole system. During neuromental reprogramming there is not only the information from specialist, but there is a soft reminder about the first, main goal in this life and the ways of accomplishment – information about this, is located at the collective part of consciousness (higher consciousness), which has informational connection with God, Higher Intellect, and also with personal consciousness (subconsciousness) and consciousness.

Harmonization on any level leads to perfection of the whole system, which is responsible for the fate, health and other.

Subconsciousness of the person is working so that the information from outside would not influence negatively on its work. It has a protection from the external interference. But negative emotions, aggression, umbrages and especially fear, destroy it and the negative information disorganizes work of subconsciousness, influencing negatively on its internal programs, which are controlling different processes. Subconsciousness does not understand jokes. And even if you jokingly or flirtingly say:

“I look terrible, I am starting to gain weight”, then subconsciousness (personal consciousness) will take it as the prime setting and will start working in this direction. But in order to remove the given block or complex by positive settings, it is necessary to say them by 100-150 positive times to one negative, because positive commands are getting harder to the subconsciousness, because of the “protection”.

That is why methods such as self-regulation, meditation and others, are only effective if done systematically in a long term of usage. Sayings of positive settings with honesty and hope have helped a large quantity of ill people. Very powerful influence lies in prayers.

As it is known, in Noosphere, there is an information about our past, present and future, these are prayers, incantations, rituals, which were conducted for centuries, creating thick informational layer. Often, the people who had unordinary abilities used this.

That is why during readings of prayers not only faith and abilities of the one who prays work, but also an old information, which is stored in the informational field.

Interest towards religious studies of the past is drawn all over the world. L. E. Sotnikova, nuclear physicist by specialty, investigated area of roots of ancient Russian language. It is important to underline, that having a mathematical mind, she approached this problem from the original point of view. In the ancient Slavic language there are numerical meanings of letters of the alphabet. А – 1; Б – 2; В – 3, after 10 there is 20, 30, 100 and etc. It means, that every Russian letter has a numeric value. It turned out, that the whole Russian language, all Russian words have the same sum of the numbers, even though they are written differently. It turns out that in other ancient languages the words of similar meanings had the same sum.

Sotnikova thinks, that words have a real effect on the surrounding world – world of events and physical occurrences.

This is how prayers can be explained, as well as shaman’s incantations, Indians’ mantras. Regardless of the language that they think in, there is the same information and energy power that is getting where it needs to be.

Have to underscore, that since a soul going through “tests”, which it would like to overcome in order to improve its own karmic fate, then there is a meaning to look for problems in this life and to correct them. Today, there are many “techniques”, different types of hypnosis, self-hypnosis and others. Thanks to them, human can be brought back mentally into previous lives and they try to alter past karmic mistakes. Under the influence of hypnosis, for example, there are searches of different causes for today’s problems in past lives and tries to remove them on the informational level.

It is obvious that there is an effect, but I prefer to work more softly, without being obtrusive, because I think that it gives person an ability to fulfill his karmic destination, chosen by him.

During neuromental reprogramming (if a person is ready and believes, otherwise he will not meet his healer, his book or cassette) in the result of removal of energy-informational blocks, there is restoration (reprogramming) of the initial karmic program (with the most optimal path) and of sanitary programs, because there is work on all levels – physical, energetic, astral, psychic, mental, spiritual.

We are – children of God, God loves us. But we are punishing ourselves. In the case, if person is retreating from the initial chosen fate, then he did not “pass” those

lessons, which he voluntarily wanted to pass in life, in order to improve (clean) his soul, to faster work off the karma. And the subconsciousness is sending us signals in terms of little setbacks (the bus always leaving just before we came to bus stop, you pulled a wrong ticket at the examination), then in terms of larger setbacks, meeting with bad people, who have the role of the teacher (while at it, earning negative karma). Sometimes these souls, which were close to us and decided to help us (sometimes even hurting themselves) to go through life lessons without getting lower, but to get to a more higher level of new incarnation.

Every type of stress has a corresponding organ or system. And because brain's radiation has influence not only on the surrounding world, but also on our organs, then there are occurrences of health problems. And again, all information about negative deviations is going into the brain. If the restoring programs work in the subconsciousness correctly, then organism turns on reserve power, both internal and external, and after some time it gets out from the illness condition. In case of further misunderstandings by the person in regards to his mistakes, then problems are starting to get worse.

Harmonizing self, listening to internal voice of intuition, closing "channels" of umbrages, aggression, viciousness and fear prior to it, person improves his health and fate.

"Life is very simple, - says American writer Luisa L. Hay – If you love it, then it loves you".

Love is saving the world, through communication of love to God, to self, to the people around you, - it is possible to clean yourself from umbrages, jealousy and anger.

Evangelists, Pentecostals ... One of them – famous in whole America Benni Hin.

He preaches treatment with prayers, by asking God directly. It is known about many cases of successful treatments, because during preaching there is talk about love to God (in the hall there are people of different religions) and the power of prayer and love is so strong, that in the middle of the huge hall or stadium there is a large quantity of cured.

As a rule, preachers and their assistants have healing abilities, and sincere love and faith in God and his love towards people, which removes negative blocks from many people. It includes the work of higher consciousness, connection with God, and all reserve energy with the full program, and people cure. Those, who were ready to become healthy, with the help of healing session, by reading a book about self-healing, by watching a healing cassette, Internet session - those people are heal. They found their path to the wishful goal, thanks to hard and persistent work, meetings with healers, or with required book.

And those, who didn't, have to work on themselves and find their path to healing. Everything that they have at their disposal: books, cassettes, sessions of healing via Internet from a healer, good advices of knowledgeable people, all of it brings perceptible result – people get rid of their serious problems, which are tied to their health. Help is always near, - you only have to take it.

I will give the following example. My father was a military man, my mother – philologist. Both are atheists. When I was three years old, I got sick with the poliomyelitis. It was the first case in the city where my father served. Just before that, my mother read a lot of literature regarding this scary at that time illness. And with the first symptoms she told paramedics of "Ambulance" about my diagnostics. They laughed at

her and answered, that it is a regular flu with the high temperature, they made a shot and left. My mother called the “ambulance” again and again, until she convinced them to take me to the hospital. By that time, the infection department started piling up with the children like me.

I excellently remember, that during the ride to the hospital, my non-believer (in God) mother asked Him for help and prayed. She spoke about her love to God (something that we were not taught in our country), she stated, that she will not stop believing in Him, no matter what happens to me. I remember my left leg was paralyzed, and the illness turned to my right leg. I remember my mother’s tears and her prayer. And later only one day as I was released from the hospital – I ran from one doctor to another and every doctor gave me a toy as a present. And everyone was surprised, that I did not have any signs left from this scary illness.

I think that love and faith of my mother into almighty and unknown for me back then God, with vehement prayers cured me.

All three levels of our consciousness are often blocked in the result of many problems, umbrages, life difficulties, which we create for ourselves, without knowing it.

But as we know, effect on every point of system changes its whole state.

I had a patient, who for a long time tried to come over, but couldn’t quiet find some time. Her coworkers were afraid of her at work, thinking that she has “evil eye”, and anyhow she wasn’t really friendly. But what interesting is that after her treatment people who knew her well, told, that she drastically changed – became well intentioned and started smiling. Soon she advanced in her work place with the corresponding raise in her pay, something she didn’t expect. In the result of treatment, besides her physical cure, her consciousness (all three levels) have remembered, what and how everything has to be done, and to what she should aim in her life. Umbrages and evil, bounced away from her, like peel. I was informed that her next part of life turned out very successful. Obviously, she finally found internal harmony.

At one time I had a lot of patients coming with fibroma uterus. This was dissolved in a record short time because, not only they received my cassette treatment, but they also thought about the roots of their disease, and worked with past and present umbrages. In other words, they removed the reason. And also, when their nervous system was restored, then it became easier to analyze and to reach the state of harmony. That helped too. They improved their intuition, which allowed them to connect with the Higher Intellect, God, the information field.

I want to tell about surprising stories of some people, who came to my treatment in December 2000, in Los Angeles.

Roman, elderly person, who lived through clinical death, tells: “I remember long tunnel, where I am sort of flying. At the end of it – light of a great beauty, I want to get there so badly. Behind myself I hear calm, confident voice: “She won’t come soon to you”. And at that moment I thought about my favorite eight years old granddaughter. And in my chest there was a wild pain, like tearing me apart. And I calm myself mentally: “Old fool, this means that she will live for a long time, and everything is all right with her”. It is possible, at that exact moment, when I lived-thought about my parting with my granddaughter, they tried to “turn on” my heart, by giving electric charge. At the end doctors were able to bring me back from ”That” light. And even though I am very glad to live today, I will honestly say, that sometimes I miss this bright

light in the end of the tunnel very much so. And you know what, as strange as it might sound, I met this light again – while watching your healing tape, I surprisingly found, that it has the same heavenly radiance. This made me very happy! Right now I often watch this healing tape, not only for treatment purpose, but also to relive that unusual light, unearthly state of heaven.

Besides this, I after clinical death was afraid to ride on public transportation and looking at people. Why? I have opened a scary gift – I started seeing those, who will soon die...”

And here is another story of one of my patients. Sergei is 22 years old. Several years ago, when there was a store robbery at his workplace, he was shot in the head. His co-worker was killed at the place of robbery, and Sergei with two gunshots was immediately taken to the surgery table. Here is what he said: “I remember correctly a long corridor. My father stands beside me. I scream: “Daddy, daddy!” - but he does not hear me and he leaves. It is dark and scary around me. I am looking for a place to hide. Suddenly someone grabs me and makes me sit in an old armchair. In front of me something scary moves towards me as my soul becomes filled with fear. Beast with a white face looks straight at my face, and I am powerless, screaming to him: “Well, what are you waiting for, kill me! Only faster, so I would not have to suffer!”

And in the last moment I felt that I am located at some road. From the left and the right there are green trees. I had some comfortable, good, inner feeling, and I told myself: “Can it be really that good? Never before have I experience something like this”. My feet were gradually sliding, nothing like we walk on the ground. Then I turned my head back and saw bright-bright light. Behind it, I knew there was – Heaven. But I did not get a chance to be there... And also – suddenly I met big crowd of nude people, all of them were running somewhere. Among them I recognized three guys, who were studying with me in the same school. Five years ago they died. “But I was told that you guys are dead” – I told them. “As you can see we are alive”. Then they smiled, somebody laughed and everything disappeared...

At the end I see that I lie on the hospital bed and before me, my father is standing. I still could not understand what happened with me. Only later, when I woke up, I recognized, that I lived through a clinical death, and was lying in coma for two weeks.

Therefore, Fate gave me one more chance to live. And I started to treat everything differently. I started believing in God more, I was opened to simple truth – soul is forever, eternal, and we don’t leave without a trace. Right now I wrote scenario to the movie, where everything is based on real facts of my life. Your healing treatment influenced on me very deeply: my hearing improved, intuition got sharper, I felt the flow of energy and cheerfulness, and again I was overtaken by memories of travel into the outer world. That is why I decided to share this whole experience especially with you. I for some reason feel, that there is an unseen connection between your healing sessions and those who led me into the light, which according to my understanding is equivalent to Heaven. Once, I came to one of my friends and he started questioning me about the tunnel and light. And it almost slipped from me: “If you are so interested, then you will get there soon...” And exactly, he died soon.

However, I saved my friend by telling him to visit the doctor. He listened to me, and in several weeks he ran in to me and thanked me. It turned out that he had a pre heart attack condition. And if it wasn’t for my advice...

But anyway these abilities – to determine those who is on the verge of death, have always presented me with difficulties...”

The most complex feeling of a person is fear. It never lives alone in the human, but is always surround by a flock of evil, which no lesser disintegrates spiritual world, than fear itself. Fear paralyzes will, wounds soul, infects not only human, but fills up the whole atmosphere around him with thin vibrations, each of them is more poisonous than cobra.

“Thought can only flow correctly, locating illuminative intuition, when the person’s body acts harmonically, in equilibrium with all forces of the organism. At that point, it can get through conscious – in that higher consciousness, where the spiritual part of your creating matter is located” (V. Sidorov “Seven days in the Himalayans”).

Fear is an expression of mistrust to your Guide, Higher Intellect. My grandma said, that if someone is auguring and the fortuneteller informs about something negative, then it has a higher chance of happening, unlike if you weren’t warned, since you are already programmed and ready to accept fatal events. And if you don’t know about it and have no clue, then God will protect you against it. In July of 1935 Yelena Rerih wrote: “Not a single person can forgive or expiate sins of another person, but he can help him in a famous moment of life to open his heart towards appeal of his higher I and by doing so awake sleeping Godly forces in him...”

Most unhealthy are the so-called unwilled thoughts. Every conscious thought already posses some organization, but the worst are small vagabonds, which pointlessly are dirtying channels...

... The potential of the thought is great, and for the thought there is neither time, nor space. But thinking without order is just like those who wave with hands in the dark and not knowing, which object they will hit. Besides this, thought is accumulating in space”.

According to opinion of Shopengaur, human often hides his motives of actions from others, and sometimes even from himself, at a time, when he is afraid to recognize them – which leads him to act this way or that way.

In the teaching of Agni-Yoga about karma it says: the important is to remember and repeat in life, that we won’t forget in transition to save consciousness. This is a treasure, which everyone takes with them. Earthly consciousness leaves us, but it transforms into the knowledge of spirit. And the more real earthly consciousness is, the faster will be awakening of knowledge of spirit. On Earth we only sense the laws of karma, but only the knowledge of the spirit will allow us to understand the whole aggregation actions of karma.

Favorable actions have to be linked with kind consciousness and they will bring happiness on Earth and in the world, which is above the Earth.

According to Buddhism and philosophical constructions of ancient India and China, after the chain of reincarnation, the goal of which is full freedom from human Ego, there is a transition from small atmosphere to big – Nirvana. Which is according to definition of Russian scientist V. N. Toporov “is a state of rest only in the sense of absence of desires”, in other it is appearance of higher activity and spirit energy – free from adherences. This understanding of nirvana would be with correspondence with

personal experience of Buddha, who reached nirvana and during several decades he continued his preachment.

In the European philosophy the theory of transformation was widely distributed before Christ era. Plato in his works also pushes the idea, according to which people, after living their Earthly life in a clean manner, were sent to the blessed places. But those who disturbed the norms of justice, honor, or in other words were sinful, were sent to places of mourning and suffering.

Conviction about reincarnation of souls were present in the early Christianity of III century, they were replaced by the terms of heaven, hell, and also the holiday of flamboyant funerals.

Hinduism, after taking up the idea of reincarnation, has developed a complex teaching about karma. According to it, people represent elements of long chain of causes and effects. But there is no single element, which is independent from all others. It does not exist. History of every individual starts not from a moment of his birth, but is feasible over many centuries. Spinning wheel is a symbol of life, which is determined by the principles of karma. Wheel of life gives us new abilities, and with their assistance we, along with our wishes can improve our personal fate. In this wheel there are constant rises and downfalls of all the life creatures (not only of people).

Famous Czech scientist, specialist at Indian philosophy Ivo Fisher says:

“Faith in the cycle of life assumed constant repetitive return of every living creature on Earth. Human was equalized with all other creatures, but according to some schools – also with the world of plants. He only was placed at the highest order of development in the frames of the whole process. And in no cases was he ever a master of nature and living creatures, which are dependent on his willpower. The cycle of life was looked at as an eternal and immutable law, to which subordinate not only our world, but all the living things in the Universe”.

According to the karma teaching, human carries a load of everything unrighteous, unexceptional, and inadmissible in the past lives. The goal of a human consists of working off previous karma and not building up new one. Or, speaking in a language of orthodox, the goal of life – is in saintliness. If right now to aggregate to this meaning mortification and inactivity, then it is clear what kind of algorithm of this life is.

Petersburg’s scientist-physicist Martynov underlines, that from his viewpoint, working off karma and freedom from it, leads to familiarization of completely different calibers of visions of the world, of possession of spiritual freedom, to active creative inactivity, to freedom from next rebirths, to the finish of spiral of Sansara – nirvana.

Human matter, free from karma, actually becomes God-human. This creates institute of guides – guardian angels, who perform programs of regulative beginning and protection of the people who have high level of spirituality.

As we know from the Bible, human is created as an image of God, and he has high capabilities stored in him. Why then people have lives full of stress and conflicts? What is the reason of their stereotype of thinking? This does not fit in the frame of image about human, as a highest living organism. Tries to develop spirituality through direction of will, through mastering energy and development of extra-sensoric capabilities does not bring real freedom, spiritual perfection. Only personal will of a human is a weapon of wandering mind.

But to what all these wanders lead? First of all – to alternation of happy and unhappy lines of life. Sometimes we don't see and don't understand the laws of this process of cycling, considering them accidents. However, in reality everything is otherwise.

In the state of wandering mind, human not always notices, that higher voice, his intuition, great intellect or God – whatever it is called, is always letting us know about something. But we are absorbed with muddle of our mind, and we often don't hear this internal voice. We don't live, but in vanity of vanities exist, thinking about tomorrow's day, when we need to live by a present day, we have to live now – every second.

If you understand your higher I, then you are strong and radiate your strength everywhere. You found your center. In the Universe there is only one center – infinite power, which acts through all of us. Those who found their personal core, came to unity with this power, and accepted themselves as a spiritual being, since God is spirit.

God is the spirit of infinite world, and in that instant when we go in a harmony with Him, we are being penetrated with a flow of the peace, since peace is harmony. By being spiritually set – means live in peace.

Since the beginning of time people knew, that the more you give to others, the more will come back to you – warmth, unconditional love to people, to God, to self.

Shri Aurobindo differentiates four basic states of consciousness: common intellect, enlightened, intuitive and higher intellect. Common intellect and connected to it life are characterized by full subordination to stereotypes of thinking. Actually, if we will analyze the state of intellect, we will find infinite twinkle of thoughts – like in a kaleidoscope. When the life puts in front of us some problem, there is an occurrence of perplexity. Sometimes, disbelieving to the first impulse, we make a wrong choice, which leads to negative result. It is very important in this case to hear intuitive voice of your guardian angel and higher I. Human is often located in the condition of slavery of his own wishes and internal settings. From here come neurosis, stresses and different disappointments. Especially deadly for psychological condition of the human and his health are umbrages.

It attracts negative information and by doing so it lowers “built in” protective immune system. Or in other words it lowers energy of karma.

During the whole life every person works off his karma. After his leave the soul goes to a specific energy level, from which it can reincarnate to a lower level (if he wants to go through some challenges, lessons, to faster work off his karma), or reincarnate at the analogical level. Individual looks through his fate beforehand and then he chooses potential parents and place, where he will live in a new embodiment. But the absence of karmic reserves does not allow him to step up to a new level.

Everyone must always go through challenges and situations, which are predetermined in order to work off personal karma and not earn the next one. But since memory and consciousness are blocked from this information, human cannot remember his previous lives and goals in the present, but the only reminder can be internal voice, to which again not everyone is able to listen. And when there is some failure and we act incorrectly, intuition influences on our subconsciousness, and in turn, influences on our body, and gives us the ability to influence on the situation. But the influence can be positive as well as negative on the development of the situation – depending on our sense of the world and correctness of behavior.

As already was mentioned, - an umbrage is like a funnel, which intakes the negative energy, directs it into subconsciousness and influences on either specific organ, or situation.

By closing the channel of umbrages and letting them go by mentally returning in that time period and understanding that “don’t judge and don’t be judged”, and that our goal is to learn on how to accept life from an objective viewpoint, and not through our Ego, as we remove unwanted valve of frenzy, in order not to allow the drop in our energy level and be lowered by a step in our karmic life. This will favorably affect our fate.

My healing experience shows, that very often people, who have stroke or high blood pressure, different vision problems, - they carry obscure internal aggression. It is often can be in regards to self – the result of obscure complex.

Returning deeper in personal I, forgive a lot of things to yourself and to others, even if that person was wrong, you have to understand, that these mistakes, lessons are given in order for us to learn from them, and be “memorized”, not missed like by lazy students. And if the human will work with himself, he will understand, that from every life event we receive lessons, which are in correct understanding are improving our fate, and he will understand that these challenges did not go without effect, and in that moment it will not only close the channel of aggression and umbrage, but will improve the life conditions and the fate in the whole.

It is possible to do it only seriously and truthfully.

That is why I am writing this book, so you can think about it yourself, what you now have that doesn’t work, and connected it with your past umbrages, which you have caused or were a victim of. Human can be a very good person, but he still has a lot of umbrages stored, maybe he lives quietly, does not bother anyone, but inside him there is an umbrage. Maybe it shouldn’t worry anyone. No, it should, because nobody has a right to wound personal soul. Every person has a spirit of God, for which he is personally responsible and which must be loved.

And if people could accept life challenges, as something that is must happen, being able to rise above life’s vanity, then they would see the reasons, which lead to a given situation. And then stresses and umbrages would be gone, along with the endless feeling. This state is a state of an enlightened intellect. When the intuitive channel is open, the intellect’s wandering stops. Intuitive thinking allows us to directly communicate with universal intellect, God, or informational field, receiving needed information depending on our personal readiness.

Every religion is given to nations in an understandable for them form. But if to integrally look at philosophical systems of East and West, then you start to elevate over their differences and see a common esoteric root.

If we are created as God’s prototypes, then how are we similar? We are similar in our ability of striving towards the eternal knowledge, our eternity of the soul, our ability to create, and our borderless development (Godly creations).

Every person has his own route towards God. Sometimes, depending on nationality and cultural religion, where persuasions are different, but religion is one – faith.

Once a person will have it clear, that in whole Universe there is a Reason and Force, which we cannot reach completely. This Force and Reason human calls God, part of which we already are.

Faith in higher forces is a work of reason, but not of intellect. Intellect-consciousness can create and destroy. Faith in God is not only prayer, but is a faith in reason of arrangement of the world, Universe.

Following immutable laws of Universe, God's commandments, we receive a chance to fulfill our karmic goals on this Earth, in order to reincarnate again. But in what exposure and quality depends on us. Life is a long and difficult road of challenges for every person. Challenges await us at every step, and victorious is the strong and wise one – an expert in this simple, at the first glance, and also in this wise philosophy of entity.

Your arrival in this world is not a coincidence, but is destined from above. Ask yourself a question: who are you in reality and why are you here? What do you stimulate in other people?

What blueprint will be left in their souls after meeting with You? Optimism or sorrow, kindness or aggression, hope or drop in the strength?

Try to seriously think about your destiny. And, who knows, maybe it is not to late to change something, to correct to the better. Since your Fate depends on you only. Change your life settings, forms of thoughts, determine, what do you desire, what do you dream about? Make the first step towards your happiness.

I hope, that my book will be a kind advisor and assistant on your way to big and happy changes.

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